Welcome to the Association of State Public Health Nutritionists

Come inside to learn more about your membership.
Welcome to ASPHN!

Thank you for joining the Association of State Public Health Nutritionists. We value your membership and want you to benefit from all of our programs and resources.

Please take a few minutes to browse through this brochure, click on the links and learn what makes ASPHN unique. You’ll find that there are many ways to get involved and start reaping professional rewards immediately.

ASPHN promotes the value of our profession.

Public health nutritionists possess diverse skills and expertise ranging from nutrition science...to food systems and food environments...to finance and grant management.

We champion the profession of public health nutrition and continually work to promote the value of public health nutritionists. From our collaborative work with other organizations...to our advocacy...to our numerous publications and initiatives, we are here to advance public health nutritionists.

ASPHN’s Vision

Healthy eating and active living for everyone.
Developing tomorrow’s leaders...today.

ASPHN’s online and in-person leadership development resources and training programs give our members the tools and skills they need to be at the forefront of results-oriented, healthful outcomes across the nation.

Our Growing ASPHN Leaders Program is open to all members. Participants meet virtually over the course of six months to strengthen their leadership skills.

Recognizing excellence in our field.

Each June at our Annual Meeting, the ASPHN Annual Awards program recognizes excellence in public health leadership across six categories.

We also profile members who are leading the way in public health nutrition through the publication of the Public Health Nutrition Success Stories and the Public Health Nutritionists Hall of Fame. Be sure to take a look and see what makes our members extraordinary.

“I love the leadership training that is available to us. It allows us a chance to learn more about up-and-coming issues and trends in our field.”

ASPHN offers catchy sound bites and accompanying resources to help others learn about public health nutritionists. We encourage you to use the sound bites when presenting, writing and posting to social media. Visit See It. Say It. Share It. to learn more, and together, let’s spread the word!
There's strength in numbers.

ASPHN’s 700-plus members support policies, funding, strategies and programs that promote nutrition and physical activity and prevent disease.

From advancing the consumption of fruits and vegetables, to promoting breastfeeding and maternal and child health and nutrition, to stemming the tide on the obesity epidemic, ASPHN’s members share a common drive and passion for public health.

ASPHN’s councils address key areas of nutrition.

ASPHN’s National Fruit & Vegetable Nutrition Council works to create strong policies, programs, systems and environments that increase access to and support consumption of fruits and vegetables. Any ASPHN member can join the National Fruit & Vegetable Nutrition Council.

The Maternal & Child Health (MCH) Nutrition Council works on a range of policy, programs and services including the promotion of nutritional well-being across the lifespan of women, infants, children, youth and families. Participation on the Council helps members develop their leadership skills, engage in advocacy and public policy development and share ideas with peers. Any ASPHN member can join the MCH Council.

Our Healthy Food, Active Communities Council’s purpose is to strengthen policy, environmental change, programs and services to decrease obesity across the nation. Any ASPHN member can join the Healthy Food, Active Communities Council.

“ASPHN has become the ‘go to’ voice of public health nutrition because it recognizes and corrals all of our individual strengths into a common resource.”

ASPHN... helping members achieve health equity in their communities and states
ASPHN… providing key resources and professional development

The information you want.
ASPHN keeps its members up-to-date on emerging issues, policies, opportunities, strategies, grants, research and other pertinent data.

Content is continually added to our searchable website and we publish and distribute a monthly e-newsletter to our members highlighting new association resources and programs.

The resources you need.
ASPHN produces several key publications each year on topics which are vital to our membership. These publications are available for download on our website.

Timely information and resources to enrich your professional growth are highlighted in a publication called the Development Digest.

“I have been an ASPHN member for less than a year, but I am already benefitting professionally!”

Looking for ASPHN Training?
Visit ASPHN’s Trainings, Webinar & Meetings section, where you’ll find materials and audio files from CDC-DNPAO, CDC-SFS, ASPHN’s National Fruit & Vegetable Nutrition Council and Maternal & Child Health Nutrition Council training calls.
Learning from one another.
Perhaps one of the most vital aspects of membership in ASPHN is the ability to interact and learn from your peers. Active members build relationships with fellow members in other states and are able to learn what they are doing and how their peers’ work can be applied in their own communities. Together our members advance the industry, the association and their own work.

Opportunities to convene and grow.
ASPHN’s Annual Meeting, committees, councils and workgroups bring members together in meaningful and productive ways. Our committees and councils conference regularly and offer many leadership, mentoring and advocacy opportunities.

We encourage you to learn more and get involved with ASPHN’s Policy, Collaboration, or Membership, Communication & Outreach Committee.

Connect with Fellow Members
Keeping in touch with other members and finding fellow members in your state is easy through ASPHN’s easily accessible online Member Directory.

“One of the benefits I have received in being an ASPHN member is getting to know other public health nutritionists and learning how they handle challenging situations.”

“Facilitating beneficial peer support that encourages the sharing of innovative ideas.”
Collaborating with other organizations.

ASPHN collaborates with other organizations in order to strengthen successful outcomes in public health.

Our strategic partnerships are ongoing and varied, and include such organizations as Action for Healthy Kids, National Salt Reduction Initiative and the United States Breastfeeding Committee.

A resource for effective collaborations.

Our Collaboration web page is designed to help members sharpen their skills in leading and participating in collaborative projects.

The web page includes background information, skill development resources, tools and examples of how other members have successfully carried out effective collaborations.

Serve as an ASPHN Liaison

Through our collaborative efforts, our members have an opportunity to serve as ASPHN liaisons to other organizations.

“The support the organization provides is amazing and demonstrates that you can fulfill all your normal responsibilities and still make a difference at the national level.”
ASPHN... there's never been a better time to get involved!

Want to learn more?

ASPHN’s Membership, Communication & Outreach Committee is here to help you take advantage of your membership.

We welcome you to participate in our New Member Orientation to learn how you can get active within ASPHN.

If you have additional questions, please contact Allison McGuigan.

SIGN UP TODAY!
Complete this brief form to get involved with your favorite ASPHN initiatives. There's never been a better time to be an ASPHN member!