## Project Goals:

1. Build the capacity of state Title V programs to integrate nutrition.
2. Increase the MCH nutrition competency of the state Title V workforce (workforce competency)
3. Optimize MCH nutrition-related data sources for effective program planning (data capacity)

## Impact:

Increase the proportion of children at a healthy weight.

## Project Target Audiences

State Title V programs
Stakeholders in state and local organizations

## Inputs

<table>
<thead>
<tr>
<th>Category</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>State teams</td>
<td>MCHB</td>
</tr>
<tr>
<td>ASPHN</td>
<td>Assoc. of MCH Programs (AMCHP)</td>
</tr>
<tr>
<td>Council of State &amp; Territorial Epidemiologists (CSTE)</td>
<td>Subject matter experts</td>
</tr>
<tr>
<td>Funding</td>
<td>MCH nutrition-related data</td>
</tr>
<tr>
<td>Evidence-informed nutrition interventions</td>
<td>Resources that demonstrate value of nutrition</td>
</tr>
<tr>
<td>Resources to improve the public health infrastructure</td>
<td>State and Community Partners</td>
</tr>
</tbody>
</table>

## Outputs

### STATE SPECIFIC

- # and types of partnerships in the states.
- # of promising practices that increase MCH nutrition competency and that optimize MCH nutrition data sources.
- # of state Title V block grant applications that incorporate nutrition services, programs, and PSE strategies.

### ASPHN SPECIFIC

- # and type of partnerships with experts, state Title V programs, and other national groups.
- # and types of resources, templates, and tools including dedicated webpage; shared online platform.
- # and types of TA sessions, meetings, and trainings with # of attendees.
- 1 evaluation plan and # of reports.
- 1 coordinating center of expertise on integrating nutrition into state Title V programs.

## Activities

- ASPHN will provide MCH nutrition leadership for states on several activities related to Title V workforce competency and data capacity
  - Broadly, ASPHN will . . .
    - Engage national, state, local, and tribal partners
    - Provide resources, training, and intensive, individualized technical assistance
    - Lead meetings
    - Evaluate project performance and effectiveness
    - Disseminate learnings
    - Manage state teams and the cooperative agreement

## Project Target Audiences

State Title V programs
Stakeholders in state and local organizations

## Assumptions:

1. Across the country, state title V programs lack critically important nutrition infrastructure and expertise.
2. Improving Title V workforce competency and MCH nutrition data evidence capacity will ultimately improve the MCH population health.
3. Participating states in this project will build on lessons learned and formative work from the Children's Healthy Weight CoLiN.
4. The first step to building capacity of a state Title V program to integrate nutrition is to complete a statewide nutrition needs assessment.
5. By September 2020, life will return to something like what it was before the COVID-19 pandemic started.