

December 2021



U.S. Department of Health
and Human Services
Centers for Disease
Control and Prevention



Monthly Update: WIC Developmental Monitoring Project



Upcoming Events

Please note the December training will take place on a different date/time than the typical 4th Wednesday due to Christmas.

- **December 15th, 11 am ET:** *How to Use and Promote CDC's Milestone Tracker App;* Karnesha Slaughter, CDC; Login Info:
<https://us06web.zoom.us/meeting/register/tZYpfuyurD0tE9exXCsw7qoRAO9YZxGDTQ4J>
- **January 26th, 11 am ET:** *Topic TBD*

**Monthly trainings take place on the 4th Wednesday at 11 am ET.*

Sharing Updates/Resources

Would your state like to be featured in an upcoming newsletter? Please send an update on what your state is working on regarding developmental monitoring by the 20th of the month to be featured in the following month's newsletter.

Send to
amberbrown@asphn.org
Thanks!

ASPHN and CDC Updates



Year 4 Updates

Thank you to all the states who have filled out the Year 4 survey. This has been very helpful in having some beginning data for Year 4 as well as knowing which states are willing and able to help us continue testing the virtual options for promoting developmental monitoring in WIC. I wanted to share some data from the survey.

15 states filled out the survey. Of those 15 states:

- 13 states said they encourage their clinics to promote CDC's

Milestone Tracker App.

- 2 states have implemented the LTSAE WIC Model statewide
- 4 states have implemented the model in a few clinics (2 of those states have plans to implement statewide soon)
- 2 states have plans to implement soon
- 7 states are still in the learning and/or planning phase

"Milestones Matter" Participant Online education Course:

- 7 states offer this course

Online Checklists

- 5 states use the CDC online milestone checklists
- 1 state offers its own state-specific online milestone checklist (NV)

WICShopper App Developmental Milestones Button/Banner

- 10 states offer either the button or banner

Introduction to Child Development for WIC Staff Course

- 5 states are promoting this course with their WIC staff

We are very excited to see all of the great things each state is doing to promote developmental monitoring in WIC!

Sample Social Media Posts to Promote Developmental Monitoring

A great and simple way to promote developmental monitoring with WIC participants is by sharing information on your state WIC program's social media channels. ASPHN has developed a list of sample social media posts to promote developmental monitoring among WIC participants. These can be adapted to fit your state's WIC program. The posts include promotion of developmental monitoring, CDC's Milestone Tracker App, the "Milestones Matter" course, and the WICShopper App developmental milestones content. Click the button below to access the sample social media posts and accompanying pictures.

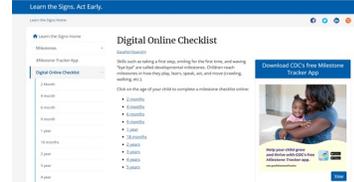
[Access Sample Social Media Posts Here](#)

Now Available on NWA's WIC Hub - "Introduction to Child Development for WIC Staff"

The "Introduction to Child Development for WIC staff" training module is now featured on NWA's WIC hub. [Available here in English!](#) Also available in [Spanish](#).

CDC's Online Milestone Checklist Now Available!

CDC's online milestone checklists are now available again. They were originally available in June 2021 but had to work through some security issues. They are available in English here: [Digital Online Checklist | NCBDDD | CDC](#). They are also available in Spanish here: [Spanish Digital Online Checklist](#).



Below are the instructions on how to use it.

1. Visit [CDC's Digital Online Checklist Page](#) and select the age of your child.
2. Fill in today's date
3. Answer the questions about your child's development using the pictures and videos provided.
4. Enter your email address into the email box to receive a copy of your child's summary. Hit submit.
5. When you receive the email with your child's summary, forward a copy to your WIC clinic. Be sure to include your child's first and last name and birthdate.
6. Review the summary at your next WIC appointment and share any concerns you may have with your WIC provider.

Online Checklist Instructions Infographic

You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org.

Thank you!

<https://asphn.org/learn-the-signs-act-early/>

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