



News from the Association of State Public Health Nutritionists



January 2022

Highlights

Lead and Grow as an ASPHN Board Member - Nominations Due February 1

Serving on the ASPHN Board of Directors is a great way to learn more about the organization and meet amazing colleagues from around the country!

Board members guide ASPHN in fulfilling its mission by supporting committee actions to implement the [strategic plan](#).

Self-nominate, or nominate someone else, for any of these positions:

- **President-Elect** (requires previous experience on the Board of Directors)
- **Treasurer**
- **Director at Large** (3 positions)
- **Chair-elect, MCH Nutrition Council**
- **Chair-elect, Fruit and Vegetable Nutrition Council**
- **Chair-elect, Obesity Prevention Nutrition Council**
- **Governance Committee members** (3 positions)

Check out the full position descriptions and eligibility criteria at <https://asphn.org/about/>

To submit your nominations or just ask questions, contact Jill Lange at jill.lange@idph.iowa.gov.

Timeline

- February 1, 2022 – Last day to submit nominations
- March 2022 – Election
- April 2022- Results announced
- August 1, 2022 – New Board terms begin

Education Opportunity: Pediatric Nutrition Intensive Course



Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our Vision

Healthy eating and active living for everyone.

[VISIT OUR WEBSITE](#)

Fresh Resource: State by State Report on Breastfeeding

How is your state doing on important breastfeeding measures? The United States Breastfeeding Committee recently released a report showing information about each state.

Save the date for this intensive virtual training program by Children's of Alabama, MCH Nutrition Training, and University of Alabama Birmingham!

12:00-4:00pm Central Time

February 23 -Clinical Nutrition Focus

March 9 -Public Health and Community Nutrition Focus

March 23 - Disordered Eating Focus

Registration opens soon. Email Aida Miles with questions at aidamiles@uabmc.edu.

Find These Answers

- 1) Where are federal dollars going to promote and support lactation?
- 2) What success has your state had in reaching the 2020 Healthy People Goals for lactation?

[Learn more about your state here.](#)

These answers can help inform your advocacy plans.

Human milk provides many benefits for infants, reducing the incidence of eczema, middle-ear infections, respiratory tract infections, asthma, type 1 diabetes, and SIDS. This saves health care dollars and lives.

New Year, New Beginnings

Annual Awards: Prepare Your Nominations for February

Get ready! The ASPHN Annual Awards submission period opens in February.

[Review the award categories](#) and prepare your nominations now!

New Year, New Job?

Are you looking to refresh your public health career? A new position might be just what you need.

Visit the ASPHN [Job Openings page](#) today and get connected to the more than 30 opportunities from across the nation posted right now.

Check back frequently as new postings are added each week.



Students, Professors, Emerging Professionals: Take a Fresh Look at PublicHealthNutrition.org

[PublicHealthNutrition.org](#) is an ideal resource for students, professors, preceptors and early career professionals looking for practical resources that align with the core



ASPHN Health Equity Interns Graduate with Unique Skills, Experience

December marked the culmination of the ASPHN Health Equity Internship experience for the eighteen undergraduate and graduate students in the Fall 2021 cohort. Congratulations to you all!

January 2022 also holds the promise of new beginnings for five of those interns who also graduated, earning their college degrees.

While ASPHN recognizes all interns for their hard work, today we highlight the projects of our most recent graduates. The project titles demonstrate the diverse knowledge and practical skills ASPHN interns bring to the public health nutrition workforce.

Projects of Graduating ASPHN Health Equity Interns

[Vanessa Castro](#), BS, New Mexico State University, Prevention and Reduction of Health Conditions Among College Students

[Ike Okorafor](#), MPH, Long Island University Brooklyn, Brooklyn Maternal

functions of public health.

Check out the helpful tools under each category of practice and apply them to your next program design, advocacy plan or health promotion campaign.

Categories of Practice

- Advocacy
- Communication
- Leadership
- Nutrition
- Policies, Systems and Environments
- Research

See It. Say It. Share It.: Timely Tools, Meaningful Messages for Public Health Nutrition

Visit [ASPHN's Seelt. SayIt. ShareIt.campaign website today](#) and find fresh messages and tools for the new beginnings you are experiencing now.

Features include the ASPHN Policy Committee and results from the FIG Farm to ECE first year evaluation.

Stress-Free Zone

[Sharmistha Roy](#), MPH, New Mexico State University, Preventing Adverse Childhood Experiences (ACE): Resources for Public Health Professionals

[Colleen Sullivan](#), MPH, University of Missouri, Stress Research Study: Rural Type 2 Diabetes

[Jayme Yancy](#), BS, New Mexico State University, New Mexico Public Health Association: Health Equity, Communication and Advocacy

Visit our [website](#) for more information about the internship program or email questions to internship@asphn.org.

Updates

Get Ready to Apply for the ASPHN Student Board Position

Students, are you looking for leadership opportunities? Applications for the board level position for student members will be available in February 2022 on the ASPHN website.

This non-voting volunteer position is an excellent opportunity to learn more about public health nutrition at a national level and hone your leadership skills.

This year's student representative, Christie Kirchoff stated, "This experience on a national board has been wonderful. By participating in the well organized, yet welcoming monthly meetings, I have gained so much.

Leadership training, valuable network connections, and program anticipation are just a few of the skills I will be taking forward."

The position is for a one-year term, August 1 - July 31, and will require approximately eight (8) hours a month.



Save the Date: 2022 ASPHN Annual Meeting

Planning for the new year? Mark your calendar for the 2022 [ASPHN Annual Meeting](#), Monday through Wednesday June 13 - 15.

Valuable federal update sessions anchor the leading-edge agenda including [MCHB](#), [CDC-DNPAO](#) and [USDA](#).

This virtual event is designed with your wellbeing in mind and includes an easy-to-navigate online platform, physical activity breaks and personal connections through breakout sessions and the virtual networking lounge.

The planning committee is working to

[Check the qualifications.](#)

Don't miss out on this leadership opportunity, keep an eye out for the application coming in February!

prepare engaging sessions. Details will be provided on the ASPHN website as plans come together.

Until then, stir up your excitement by watching [recorded sessions from last year!](#)

Contact Cyndi Atterbury with questions at cyndi@asphn.org.

ASPHN Membership

Membership Tip: Complete Member Orientation

Check out the the 30-minute interactive [ASPHN Member Orientation](#), now available on demand!

Both new and experienced members will gain fresh insight into the breadth of programs offered by ASPHN.

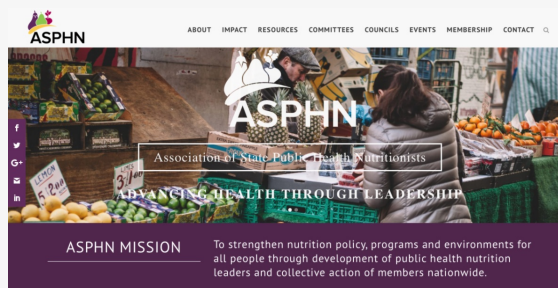
You will find opportunities to learn and lead in your passion areas through committee and council work. Plus, you can preview upcoming leadership development opportunities like the Growing ASPHN Leaders program.

Bonus: Complete the orientation and get a chance to win an ASPHN goodie bag!

Discover More Benefits of ASPHN Membership

Your active participation in ASPHN can keep your state on the leading edge.

[Become A Member](#)



Welcome New Members

Each new member adds vision, heart and voice that swells the surge of ASPHN collective action, advancing equity in healthy living nation-wide.

Thank you for joining us!

16 New General Members:

Ashton Cooper, MS, RD, LDN in the NC Dept of Health

Sherry Ebner, MBA, RDN, LDN in the NC Dept of Health

Kagan Griffin, MPH, RD in the NV Division of Public Health

Amber Hise, RD in the NV Division of Public Health

Genine Hodges in the SC Dept of Health

Wamaitha Mirie in the NJ Dept of Health

Melissa Mirota, RD, LD in the AK Dept of Health

Erin Olson in the IA Dept of Health

Divyani Pendleton, MS, RD in the CO Dept of Human Services

Nikki Sezer in the SC Dept of Health

Alexandra Stolworthy, RDN in the AZ Dept of Health

Nathan Sudduth in the NC Dept of Health

Gina Trombly in the MI Dept of Education

Elizabeth Weeks in the NC Dept of Health

Mei Yeh, MS, RDN in the MN Dept of Health

Barbara Zimmerman in the SC Dept of Health

16 New Associate Members:

Rachel Feinberg, student at University of MN School of Public Health

Amelia Gelnett with CAC Nutrition Services (TN)

Madelyn Howe, RDN with Knox County Health Department (TN)

Gbadebo Odularu, student at Old Dominion University

Emely Ordonez, student at California State University Northridge

Steven Ortiz, RDN with Pinal County Health Department (AZ)

Violeta Jimenez,
Rachel Kimmel,
all students at UCLA Fielding School of Public Health

Hannah Bonar
Anne Hutchinson, MPH, RD, CLC
Taylor Murray
Sara Myers
Danielle Pothier, MS, RD
Holly Riccitelli
Victoria Rodenburg
Samantha Shanks, MS, RDN, LDN
all with Vermont WIC