

January 2022



U.S. Department of Health
and Human Services
Centers for Disease
Control and Prevention



Monthly Update: WIC Developmental Monitoring Project



<https://asphn.org/learn-the-signs-act-early/>

Upcoming Events

- **January 26th, 11 am ET: State Updates & Networking**
- **February 23rd, 11 am ET: CDC's Milestone Checklist Updates (tentative)**

**Monthly trainings take place on the 4th Wednesday at 11 am ET.*

Sharing Updates/Resources

Would your state like to be featured in an upcoming newsletter? Please send an update on what your state is working on regarding developmental monitoring by the 20th of the month to be featured in the following month's newsletter.

Send to
amberbrown@asphn.org
Thanks!

ASPHN and CDC Updates



Call for Volunteers!

"Milestones Matter" Module Review Team: During 2022 we will be updating the "Milestones Matter" nutrition education modules to include the updated milestones that CDC will be releasing soon. Along with those changes we will be reviewing the modules for any other changes. If you would like to be a part of that review team please email Amber Brown (amberbrown@asphn.org). So far, the review team includes: Fran McLaughlin, Christine Sasse, Katie Roy, Kara Ghiringhelli, Carrie Louch, and Lara Evans.

WICShopper Content Review Team: ASPHN is partnering with JPMA once again to update the developmental milestone content available in the WICShopper App. If you would like to be a part of this review team please email Amber Brown (amberbrown@asphn.org). So far, the review team includes: Denise Tamburro, Kara Ghiringhelli, Carrie Louch, and Lara Evans.

Update on CDC's LTSAE Updated Milestone Materials

CDC has updated all of its milestones and related materials, which will be released soon. These milestone updates will be released at the same time a paper in the *Pediatrics Journal* is released. The journal article has been accepted by *Pediatrics*, but CDC is waiting to hear when the publication date will be. It could be weeks or a couple of months. We will keep you informed on what they find out. Once the updates are released we will hold an online training with CDC to go over the changes and answer any questions you may have.

Updated WIC Works Webpage: CDC's Developmental Milestone Checklist program for WIC

ASPHN has worked with USDA's FNS to update the "*Learn the Signs. Act Early.*" webpage on their WIC Works Resource System. The webpage now includes updated developmental milestones information, links to CDC's online implementation manual, and links to resources and virtual options available to WIC programs. Please share this resource and let us know if you have any feedback.

<https://wicworks.fns.usda.gov/resources/developmental-milestone-checklist-program>



Now Available on NWA's WIC Hub - "Introduction to Child Development for WIC Staff"

The "Introduction to Child Development for WIC staff" training module is now featured on NWA's WIC hub. [Available here in English!](#) Also available in [Spanish](#).

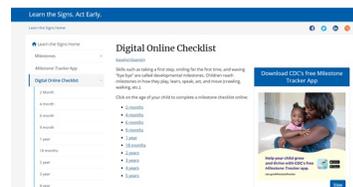
Sample Social Media Posts to Promote Developmental Monitoring

A great and simple way to promote developmental monitoring with WIC participants is by sharing information on your state WIC program's social media channels. ASPHN has developed a list of sample social media posts to promote developmental monitoring among WIC participants. These can be adapted to fit your state's WIC program. The posts include promotion of developmental monitoring, CDC's Milestone Tracker App, the "Milestones Matter" course, and the WICShopper App developmental milestones content. Click the button below to access the sample social media posts and accompanying pictures.

[Access Sample Social Media Posts Here](#)

CDC's Online Milestone Checklist Now Available!

CDC's online milestone checklists are now available again. They were originally available in June 2021 but had to work through some security issues. They are available in English here: [Digital Online Checklist | NCBDDD | CDC](#). They are also available in Spanish here: [Spanish Digital Online Checklist](#).



Below are the instructions on how to use it.

1. Visit [CDC's Digital Online Checklist Page](#) and select the age of your child.
2. Fill in today's date
3. Answer the questions about your child's development using the pictures and videos provided.
4. Enter your email address into the email box to receive a copy of your child's summary. Hit submit.
5. When you receive the email with your child's summary, forward a copy to your WIC clinic. Be sure to include your child's first and last name and birthdate.
6. Review the summary at your next WIC appointment and share any concerns you may have with your WIC provider.

You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org.

Thank you!

<https://asphn.org/learn-the-signs-act-early/>

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