



News from the Association of State Public Health Nutritionists



February 2022

Highlights

Webinar: ASPHN's Public Health Nutritionist Hall of Fame

Join us to learn more about ASPHN's Public Health Nutritionists Hall of Fame on [SeelItSayItShareIt.org](https://seelsayitshareit.org).

Date: February 24, 2022 at Noon ET

Login Info:

<https://us06web.zoom.us/join/joiner/tZMvdeytpz0pG9Stty1sfNCMjZ9jM48AgdRz>

Presenter: Lourdes Pogue, Director of Communications, ASPHN

ASPHN has created the Public Health Nutritionists Hall of Fame to salute our members' efforts and help others learn about the value of public health nutritionists. Webinar participants will learn more about what it is, how to use it and who can apply.

Lourdes will explain her vision behind creating the hall of fame and answer any questions you may have about the Hall of Fame.

From Maine to Hawaii, state public health nutritionists are developing innovative programs, partnerships and events designed to make healthy eating and active living a normal way of life for all people across the nation.



Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

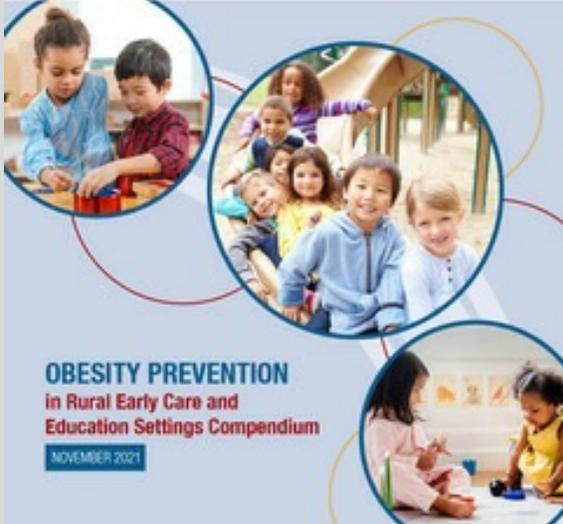
Our Vision

Healthy eating and active living for everyone.

VISIT OUR WEBSITE

ASPHN Annual Award Nominations are Open Through February 28!

Nominate your fellow ASPHN members, both early-career and seasoned professionals, in any or all of the award categories.



Fresh Resource for Rural ECE Settings

Lifelong health begins in childhood! Browse and share the [“Obesity Prevention in Rural Care and Education Settings Compendium”](#) with early care and education (ECE) providers in your state.

This is the result of learning from the HRSA Community of Practice, providing opportunities for rural ECE providers to improve their nutrition knowledge and make healthier ECE environments.

Applying these recommendations and implementation strategies for childhood obesity prevention can lead to better health for moms and children across the life course.

[See the award categories and submit nominations here.](#)

The nomination form prompts you with up to 5 questions to explain how the nominee provided leadership in the field of public health nutrition or moved the work of ASPHN and/or their council forward.

Join the Annual Awards Selection Committee!

Are you interested in participating on the Annual Awards Selection Committee? It is fun and just takes 2-3 hours.

There is robust discussion and the committee makes tough choices about which dedicated professional receives the award this year. Contact Allison McGuigan at allison@asphn.org for more information.

Student Leadership

Apply for the DNPAO Nutrition and Physical Activity Traineeship by March 15

This summer get eight weeks of on-the-job training for nutrition and physical activity initiatives with hourly compensation included!

Apply by March 15 for the DNPAO Nutrition and Physical Activity Traineeship.

Traineeship Benefits

- Learn skills to advance health equity and address the social determinants of health.
- Connect with leaders in the public health workforce.
- Receive monetary compensation through ASPHN.
- Earn course credit, depending on your academic setting.

This competency-based traineeship is for underrepresented (race, ethnicity),



Assessing Regional Heart Health Disparities in the American Deep South

Although a plethora of best-practices and risk reduction strategies exist to prevent heart disease, it continues to be the leading cause of death in the US. African Americans in the Deep South continue to have some of the highest number of deaths from heart disease as compared to white and Hispanic people.

To address this public health concern, ASPHN has established the CVD Risk

upper-level undergraduates or graduate level students who are currently enrolled in nutrition, exercise science/kinesiology, or related degree. The program requires up to 30 hours a week beginning in 2022. Placements are at state health departments or similar facilities receiving DNPAO funding. Selected students will be notified by April.

Contact Miriam Gaines at mim@asphn.org to learn more.



Apply Now: Student Position on the ASPHN Board

Students, learn more about public health nutrition at the national level and hone your leadership skills. [Apply for the board-level position](#) for student members by March 31, 2022.

This non-voting volunteer position is for a one-year term, August 1 - July 31, and will require approximately eight (8) hours a month. The student selected will be notified by May.

Board Member, Emily Bash, shares her appreciation for student participation on the board:

“As an ASPHN Board member, I have enjoyed having a student participate in our meetings. We are hearing comments from a future, public health nutrition workforce professional. Those comments have been used in our decision making process. At the same time, I have heard the student member thanking other members for the high quality training she is receiving from our board.”

Assessment Project for Historically Black Colleges and Universities (HBCU) Students in the Deep South. The project aims to develop evidence-based programs that prevent and reduce CVD risks in young southern African Americans.

HBCUs Implementing CVD Project

Alabama

- Tuskegee University
- Alabama State University

Louisiana

- Dillard University
- Grambling State University

Mississippi

- Jackson State University
- Tougaloo College

A variety of CVD risk reduction programs are planned on these six campuses. Currently, CVD cohort interns, who attend these schools, are convening peer-led focus groups and conducting campus-based assessments of students for CVD risks. Assessment data will be used to plan targeted health promotion activities on their campuses.

For more information about the health equity internship program, email: internship@asphn.org.

Updates

Share Vital Information on COVID-19 and Chest/Breastfeeding

The COVID-19 virus continues to raise concerns for many lactating parents. They are asking, 'How can I best protect my newborn(s)?'

The great news is that infants may receive protection against the virus through chest/breastmilk from their vaccinated parent. Moreover, human milk provides thousands of bioactive molecules that protect infants' holistic health.

Give families confidence with more information:

- Coronavirus and Breastfeeding from [CDC](#)
- [Breastfeeding During the COVID-19 Pandemic](#) from the American Academy of Pediatrics

Find more reliable information links for your COVID-19 related challenges on the [ASPHN COVID Resources](#) webpage. Scroll to the Pregnancy, Breastfeeding and Infant Feeding Section.

Powerful Partnership: The International Fresh Produce Association (IFPA)

[International Fresh Produce Association](#) serves with ASPHN as a member of the [Fruit and Vegetable Consumption Coalition](#).

Engage and collaborate with IFPA through the [ASPHN National Fruit and Vegetable Nutrition Council](#).

United Fresh Produce Association (United Fresh) and the Produce Marketing Association (PMA) came together January 1 to form the new trade association IFPA.

IFPA remains committed to nutrition policy advocacy and increasing access to fresh fruit and vegetables for underserved children and families through companies engaged in the global fresh produce and floral supply chain.

Examples of their advocacy include:

- WIC cash value vouchers for fruit and vegetables,
- SNAP incentive pilots,
- USDA Fresh Fruit and Vegetable Program creation, and
- updating nutrition standards for school meals.

More information about IFPA is available [here](#).



Save the Date: 2022 ASPHN Annual Meeting

Planning for the new year? Mark your calendar for the 2022 [ASPHN Annual Meeting](#), Monday through Wednesday June 13 - 15.

Valuable federal update sessions anchor the leading-edge agenda including [MCHB](#), [CDC-DNPAO](#) and [USDA](#).

This virtual event is designed with your wellbeing in mind and includes an easy-to-navigate online platform, physical activity breaks and personal connections through breakout sessions and the virtual networking lounge.

The planning committee is working to prepare engaging sessions. Details will be provided on the ASPHN website as plans come together.

Until then, stir up your excitement by watching [recorded sessions from last year!](#)

Contact Cyndi Atterbury with questions at cyndi@asphn.org.

Membership Tip: Browse the Beautiful ASPHN Committee Pages!

The 3 committees within ASPHN have beautifully updated their webpages, making it easier than ever for you to benefit from their offerings. You will learn more about ASPHN just by taking a quick tour.

- [Policy Committee](#)
- [Collaboration Committee](#)
- [Membership, Communication and Outreach Committee](#)

Easily find the purpose, priorities, workplan, leadership and capacity-building quick links on each committee page.

When navigating from the [ASPHN homepage](#), find the committee pages quickly through the dropdown menu at the top.

Being a committee member is a great way to grow with ASPHN. Contribute just a couple of hours per month! If you are not already a committee member, dip a toe in the water and use the webpage to contact the committee leadership. Find out if committee participation is right for you.

Discover More Benefits of ASPHN Membership

Your active participation in ASPHN can keep your state on the leading edge.

**Become A
Member**



ASPHN Welcome New Members in January

Each new member adds vision, heart and voice that swells the surge of ASPHN collective action, advancing equity in healthy living nation-wide.

Thank you for joining us!

4 New General Members:

Erin Hoisington, RDN, LDN in the IA Dept on Aging

Caroline McKinney, MS, RDN, LD, CNSC in the IA Dept on Aging

Bambi Press, RD, LD in the IA Department on Aging

Alina Rivera, MPH, RD, IBCLC in the NC Dept of Health

8 New Associate Members:

Ursula Ballard, student at Concordia University (TX)

Mara Galic, MHSc, RD with National Association of Chronic Disease Directors (GA)

Aniessa Rollinson, MS with RAO Community Health (NC)

Anneliese Whited, student at Ohio State University

Kaitlyn Cooper,
Kelley Dillon,
Alyssa Dougherty,
Briana Juma

-All students at University of Minnesota School of Public Health