



News from the Association of State Public Health Nutritionists



March 2022

Highlights

Apply by March 31: Student Position on the ASPHN Board

University level students in junior, senior, master's, or doctorate level courses are encouraged to [apply](#) for the ASPHN student board-level position!

Being on the Board will provide a robust leadership opportunity. Board member Jamie Stang says, "I strongly encourage students who are interested in public health nutrition to apply. As a college professor, I know the benefits the students will receive by participating along as our Board leadership takes action."

This position is a non-voting, volunteer position from August 1, 2022 - July 31, 2023. The Board calls and committee work are virtual. The commitment will require approximately eight (8) hours a month.

The selected student will be notified by May, and will be invited to join the virtual annual meeting in June.

[Read the full position description, selection criteria and apply](#) for the board-level position by March 31.

Great Discussions: Watch for Details on ASPHN's New Facebook Live Series

ASPHN will launch a Facebook Live discussion series called Raising Issues: Opportunities for Public Health Nutrition.

Our first topics center on fulfilling the call for Registered Dietitian Nutritionists to translate the 2020-2025 Dietary Guidelines into clinical and programmatic support so that cultural communities can thrive in



Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our Vision

Healthy eating and active living for everyone.

[VISIT OUR WEBSITE](#)

Fresh Resource: CACFP Vegetable and Fruit Snack Menu

What's the perfect time to get in your daily fruits and vegetables? SNACK TIME!

Grab a [CACFP Fruit and Vegetable Snack Menu](#) for yourself on ASPHN's website.

healthy eating.

Follow our [Facebook page](#) for updates coming in late March/early April.

ASPHN's National Fruit & Vegetable Nutrition Council has a CACFP Work Group who just developed a great new resource to help Child & Adult Care Food Program providers and others (parents, caretakers, nutrition-workers and students alike) easily, plan, prep, and provide fruit and vegetable-filled snacks with a month's worth of recipes!

And the best part... it's FREE!

Highlights



Celebrating 70 years of Excellence in Leadership at the 2022 ASPHN Annual Meeting

Registration opens March 15 for the 2022 [ASPHN Annual Meeting](#).

2022 ASPHN Annual Meeting Bridging the Gaps

Monday through Wednesday
June 13 - 15, 10am-5pm EST

In celebration of our 70th anniversary, the meeting will open with Dr. Lisa Jahn from USDA to walk us through the history of dietary guidance.

Valuable federal update sessions anchor the leading-edge agenda including updates from [MCHB](#), [CDC-DNPAO](#) and [USDA](#).

The committee has planned sessions to look at the gaps and opportunities in our public health nutrition world. We will engage and dialogue around these important questions:

- What is happening in other state agencies?
- How can mapping advise our work?
- How can we use the past to imagine the future of public health nutrition?

This virtual event is designed with your wellbeing in mind and includes an easy-to-navigate online platform, physical activity breaks and personal connections through breakout sessions



Also Plan to Attend the US Breastfeeding Committee Conference in June

June offers opportunities to learn through the ASPHN and USBC conferences – plan to attend both!

[The United States Breastfeeding Committee \(USBC\) National Conference and Convening](#)

Attend virtually June 7-9, 12-5 EST

Plenary presentations, breakout group panels, posters, plus opportunities for peer sharing, connections and networking will be highlights.

Objectives for the conference include:

- honoring lactation wisdom,
- nurturing innovation,
- championing policy changes to reach those who have been historically marginalized, and
- advancing lactation equity.

Watch for the Ballot: ASPHN Board Election

Each year the ASPHN Board of Directors gets a refresh, putting new people with diverse experience and skills into several key roles.

The ballot will be sent today for member-representatives to vote.

Here's what to expect.

- The Appointed Member from each state receives the General Ballot and is encouraged to consult with the General Members in their state before

and the virtual networking lounge.

Stir up your excitement by watching [recorded sessions from last year!](#)

Contact Cyndi Atterbury with questions at cyndi@asphn.org.

Call for Posters: All New Format and Options at the ASPHN Annual Meeting

The poster session experience will be all new for the 2022 ASPHN Annual Meeting. [Read more and submit your poster here.](#)

New Presentation Format

Similar to last year, all poster/presentation sessions will be 5-6 minutes in length, professionally recorded by ASPHN staff and available on asphn.org.

Three live panel discussions will replace the individual live Q&A sessions. Plus, they will be integrated into each day of the main sessions, 10-11 AM poster sessions and 11-5 PM ET main sessions.

Selected groups of 2-3 presenters will give an overview of their presentation and participate in a live panel discussion about their topic area. Indicate on the submission form if you are interested in having your presentation considered to be a part of a panel discussion.

New Presentation Track Options

To maximize our learning from the recorded poster presentations we will have two tracks: the traditional Research track, and a new Programs, Policies, and Practice track.

Research Track - This track is for members and students who are conducting research projects or robust program evaluations. This should include a research question/aims, methods, results, and discussion. Students who are doing thesis or dissertation projects are welcome to submit here.

Programs, Policies and Practice Track - This track focuses on things that are currently happening in the field. It can include promising programs that are being implemented, policy briefs, or best practices that are worth sharing.

voting. [Find your state Appointed Member here.](#)

- Every member of the ASPHN councils votes on the Council Ballots.
- Ballots are distributed via email by Survey Monkey.
- The ballot will be open for 30 days.
- Those elected will be contacted and the results will be announced in April.

If you have questions about the ballot, please contact amber@asphn.org.

Every Member Has Influence in ASPHN Board Work

Want to deepen your participation with ASPHN?

[Join a committee or council today.](#)

Committees and councils drive most of the board's agenda. Plus, council leadership teams receive regular highlights of ASPHN work.

Attend any ASPHN board meeting on the second Friday of each month from 11:30-1:00pm ET. Contact Karen Probert at karen@asphn.org.

Resource Page

As the COVID-19 pandemic continues, it is imperative that public health nutritionists ensure our vulnerable populations receive, and have access to, vital nutrition assistance.

To help you with this critical work, ASPHN has created the incredible [COVID-19 resource page](#).

The cache of links are updated regularly as guidance continues to evolve and change. Add it to your list of favorites webpages and visit often.

The essential topics include:

- funding opportunities
- food security
- food systems
- health equity
- K-12 and Early Care Education (ECE)
- pregnancy, breastfeeding and infant feeding
- nutrition, physical activity, and wellness
- older adults
- vendors and food service

[Visit the COVID-19 resource page today!](#)

Discover More Benefits of ASPHN Membership

Your active participation in ASPHN can keep your state on the leading edge.

Become A Member



ASPHN Welcomes New Members in February

Each new member adds vision, heart and voice that swells the surge of ASPHN collective action, advancing equity in healthy living nation-wide.

Thank you for joining us!

4 New General Members:

Lily Cheak at the University of AR for Medical Sciences

Stephanie Kwong, MS, RDN in the CA Dept of Public Health

Denise Moore, MPA, RD in the CA Dept of Public Health

Chiara Phillips, MS, RD, LDN, IBCLC in the NC Dept of Health

12 New Associate Members:

Leah Galitzdorfer, MS, RDN, CDN with NY Enrichment Group (CA)

Charlene Garcia with Sunrise Foundation WIC (NV)

Mai Thao,
Khan Zoua Vang
-both students at University of MN School of Public Health

Shannon Vaeth, MPH candidate at Liberty University (VA)

Chloe Cockeram,
Katherine Cress,
Anahi Espinoza,
Austin Foster,
Judith Garcia,
Avery Poling,
Cheyenne Westhoven
-all students at Appalachian State University (NC)