

February 2022



U.S. Department of Health  
and Human Services  
Centers for Disease  
Control and Prevention



## Monthly Update: WIC Developmental Monitoring Project



<https://asphn.org/learn-the-signs-act-early/>

### Upcoming Events

- **February 23rd, 11 am ET: CDC's Milestone Checklist Updates**
- **March 23rd, 11 am ET: State Updates & Networking**

*\*Monthly trainings take place on the 4th Wednesday at 11 am ET.*

### Sharing Updates/Resources

Would your state like to be featured in an upcoming newsletter? Please send an update on what your state is working on regarding developmental monitoring by the 20th of the month to be featured in the following month's newsletter.

Send to  
[amberbrown@asphn.org](mailto:amberbrown@asphn.org)  
Thanks!

## ASPHN and CDC Updates



## Release Date for CDC's Updated Milestones

CDC is excited to finally share the news you all have been waiting

for!! The *Pediatrics* journal article overviewing the milestone revision process will be released on **February 8<sup>th</sup>**! Along with the paper's release, the LTSAE webpages and Box.com account will also go live with the supporting materials (milestone checklist, Milestone Moments booklet, and milestone brochure- *not 100% sure of the app's "update" date yet*).

The February online training will be a training provided by Katie Green at CDC about the updated milestones and accompanying materials. Come prepared to that training with any questions you have about the updated milestones for CDC. During that call we will also take some time to provide feedback on the WIC customized checklist. Before the call, please review the page of the checklist and be ready to provide feedback to CDC on what would be most helpful to include. Please feel free to invite anyone who may benefit from this training!

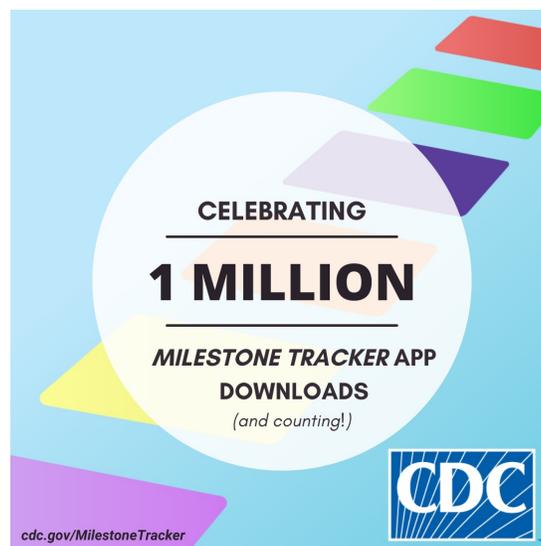
February 23rd at 11 am ET  
CDC's Milestone Update Training  
Register in advance for this meeting:

<https://us06web.zoom.us/meeting/register/tZUIce6vpjwoG9RyWi9A3BmuVF3FJj5jsvXy>

[Review the WIC Customized Checklist Here](#)

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## Congratulations to CDC for Reaching 1 Million Downloads of the Milestone Tracker App!



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## Developmental Monitoring and Referral for Low-Income Children Served by WIC: Program Development and Implementation Outcomes

We wanted to share the news that the manuscript describing the first phases of the Missouri WIC Developmental Milestone Program has just been published online in the *Maternal and Child Health Journal*. This is very

exciting news that Janet Farmer and Katie Green have been working on for quite some time. Congratulations to you both! Please feel free to share this article!

[Developmental Monitoring and Referral for Low-Income Children Served by WIC: Program Development and Implementation Outcomes](#)

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## Call for Volunteers!

**"Milestones Matter" Module Review Team:** We will begin updating the "Milestones Matter" nutrition education modules to include the updated milestones that CDC is releasing. Along with those changes we will be reviewing the modules for any other changes. If you would like to be a part of that review team please email Amber Brown ([amberbrown@asphn.org](mailto:amberbrown@asphn.org)). The first meeting is on February 14th at 1 pm ET. Anyone is welcome to join.

### Join Zoom Meeting

<https://us06web.zoom.us/j/89427022561?pwd=cEZCSXh6Yzl3U0s4UWRPcXJjSWVEdz09>

Meeting ID: 894 2702 2561

Passcode: 112jt6IE

One tap mobile

+16699006833,,89427022561#,,,,\*04649471# US (San Jose)

+12532158782,,89427022561#,,,,\*04649471# US (Tacoma)

**WICShopper Content Review Team:** ASPHN is partnering with JPMA once again to update the developmental milestone content available in the WICShopper App. If you would like to be a part of this review team please email Amber Brown ([amberbrown@asphn.org](mailto:amberbrown@asphn.org)).

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## State Updates

### South Carolina

Congratulations to South Carolina who recently began their statewide implementation of LTSAE on January 4th!

### Puerto Rico

Big thank you to Nancy Nieves Munoz, the Act Early Ambassador in Puerto Rico! She translated the "Introduction to Child Development for WIC Staff" training module into Spanish last fall. The course was added to ASPHN's website in November 2021. Nancy worked with the WIC program in Puerto Rico, who agreed to have all staff take the training by the end of 2021. So far, they have had 156 staff complete the feedback survey at the end of the module, meaning at least 156 staff in Puerto Rico have completed the training module. Great work in Puerto Rico!

## Hawaii

The Hawaii Act Early Ambassadors were able to share the 2 and 3-year-old checklists with the Hawaii WIC Nutritionists who will be using the checklist with families to identify any child with a possible delay or concern. If there are concerns, they have asked that the WIC staff provide a warm handoff to their Early Intervention Section (IDEA Part C agency) for children under 3. For children over 3 who have a concern, they suggest they contact their school for evaluation. For children who have been identified as having no delays, they suggest they contact a local agency that provides developmental screening or to our Department of Health developmental screening program at the next interval to monitor their child's development. The Ambassadors provided the training on the tool and referral protocols and Learn the Signs Act Early material. The EIS program was also on the training and they shared about their program and what would happen once referred. They have made great progress, especially in light of their WIC programs still providing services virtually.

## Texas

Texas WIC provided an update on the January networking call about all the great work they are doing related to LTSAE. Here are a couple of highlights. TX WIC has created its own [milestone participant education modules](#) (Baby's First Skills: 2 Months to 1 Year Old and [What to Expect: Year to Year](#)). They have also created a website called "[Kids Corner](#)" that shares interactive content for kids that include developmental information. The interactive content includes fun activities, games, recipes, and a series of fun videos.

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## Sample Social Media Posts to Promote Developmental Monitoring

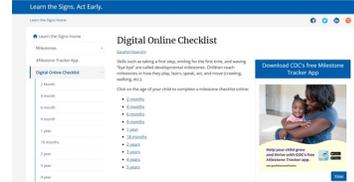
A great and simple way to promote developmental monitoring with WIC participants is by sharing information on your state WIC program's social media channels. ASPHN has developed a list of sample social media posts to promote developmental monitoring among WIC participants. These can be adapted to fit your state's WIC program. The posts include promotion of developmental monitoring, CDC's Milestone Tracker App, the "Milestones Matter" course, and the WICShopper App developmental milestones content. Click the button below to access the sample social media posts and accompanying pictures.

[Access Sample Social Media Posts Here](#)

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**CDC's Online Milestone Checklist  
Now Available!**

CDC's online milestone checklists are now available again. They were originally available in June 2021 but had to work through some security issues. They are available in English here: [Digital Online Checklist | NCBDDD | CDC](#). They are also available in Spanish here: [Spanish Digital Online Checklist](#).



Below are the instructions on how to use it.

1. Visit [CDC's Digital Online Checklist Page](#) and select the age of your child.
2. Fill in today's date
3. Answer the questions about your child's development using the pictures and videos provided.
4. Enter your email address into the email box to receive a copy of your child's summary. Hit submit.
5. When you receive the email with your child's summary, forward a copy to your WIC clinic. Be sure to include your child's first and last name and birthdate.
6. Review the summary at your next WIC appointment and share any concerns you may have with your WIC provider.

### Online Checklist Instructions Infographic

*You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at [AmberBrown@asphn.org](mailto:AmberBrown@asphn.org).*

*Thank you!*

*<https://asphn.org/learn-the-signs-act-early/>*

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