



News from the Association of State Public Health Nutritionists

May 2022

Highlights

Checklist for Change: Sign On to ASPHN's Fruits and Vegetables Call to Action

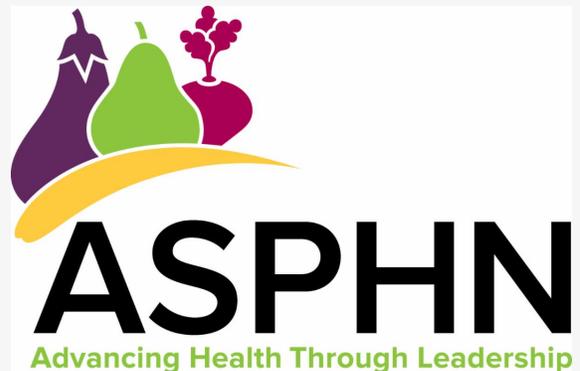
ASPHN is leading our field to innovate for a crisis-level response to the declining trend in fruit and vegetable consumption across the nation.

Sign on now to ASPHN's Call to Action on Fruit and Vegetable Consumption and get updates on how other organizations are applying the included [Checklist for Change](#).

Chest/Breastfeeding: Tools for Taking Action on the DEMAND Act

The Demand Act ([S.3061](#) / [H.R.6555](#)) will ensure that lactation support services and supplies are considered emergency assistance by the Federal Emergency Management Agency (FEMA).

Get the [DEMAND Act information and action tool](#) from the Academy of Nutrition and Dietetics to learn more about this bill introduced in February.



Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our Vision

Healthy eating and active living for everyone.

[VISIT OUR WEBSITE](#)

Highlights



Celebrating 70 years of Excellence in Leadership at the 2022 ASPHN Annual Meeting

**2022 ASPHN Annual Meeting
Bridging the Gaps**
Monday through Wednesday
June 13 - 15, 10am-5pm EST

Plan now to gain insight, grow professionally and earn continuing education credits (CEUs) by [registering today](#) for ASPHN's Annual Meeting!

This year's sessions will examine the gaps in public health nutrition and offer fresh solutions and expertise to help you become an even stronger practitioner.

We'll explore...

- new communication tools, strategies and techniques
- the latest trends in evaluation methods, and
- the path forward in vegetable and fruit consumption.

This celebratory meeting will also honor the ASPHN members and leaders who have advanced the field of public health nutrition over the past 70 years.

[Registration](#) is free and takes only



Celebrate and Innovative for Chest/Breastfeeding with USBC's Conference and Convening

June offers opportunities to learn through the ASPHN and USBC conferences – plan to attend both!

The United States Breastfeeding Committee (USBC) National Conference and Convening

Attend virtually June 7-9, 12-5 EST

[Register now](#) for the United States Breastfeeding Committee's Annual Conference and Convening – "Pathfinders: Honoring Lactation Wisdom and Nurturing Innovation. Learn new ways to provide support to chest/breastfeeding families.

Plenary presentations, breakout group panels, posters, plus opportunities for peer sharing, connections and networking will be key features of the agenda.

Objectives for the conference include:

- honoring lactation wisdom,
- nurturing innovation,
- championing policy changes to reach those who have been historically marginalized, and
- advancing lactation equity.

Prime yourself for USBC's thought-provoking sessions with this excellent summary of lactation research, [25 Years of Research in Human](#)

minutes. Complete details are available on the [website](#).

Contact Cyndi Atterbury with any questions at cyndi@asphn.org.

[Lactation: From Discovery to Translation](#).

Scan the section headings to find what interests you the most to gain fresh insight into breast anatomy and why lactation and breastmilk are essential for both an infant's and mother's good health.

The article begins with Sir Astley Cooper's 1840 dissection of the breasts and ends with the effects of the COVID pandemic on lactation.

Call for Posters: All New Format and Options at the ASPHN Annual Meeting

The poster session experience will be all new for the 2022 ASPHN Annual Meeting. [Read more and submit your poster here](#)

New Presentation Format

Three live panel discussions will replace the individual live Q&A sessions. Plus, they will be integrated into each day of the main sessions, 10-11 AM poster sessions and 11-5 PM ET main sessions.

Selected groups of 2-3 presenters will give an overview of their presentation and participate in a live panel discussion about their topic area. Indicate on the submission form if you are interested in having your presentation considered to be a part of a panel discussion.

New Presentation Track Options

To maximize our learning from the recorded poster presentations we will have two tracks: the traditional Research track, and a new Programs, Policies, and Practice track.

Research Track - This track is for members and students who are conducting research projects or robust program evaluations. This should include a research question/aims, methods, results, and discussion. Students who are doing thesis or dissertation projects are welcome to submit here.

Programs, Policies and Practice Track - This track focuses on things that are currently happening in the field. It can include promising programs that are being implemented, policy briefs, or best practices that are worth sharing.

These submissions may not have all of the components of a research project (aims, methods, results, discussion) but should provide an adequate rationale for why the program/policy is important, what the policy/program is/does and evaluation information or next steps.



Intern Highlight: From ASPHN Health Equity Intern to Employee and Beyond

ASPHN offers hearty congratulations to all our Spring 2022 Health Equity Interns for completing the session that has just concluded in April. The spring health equity internship cohort was diverse and represented a spectrum of ethnic/racial minority undergraduate and graduate students interested in public health careers.

As this internship session ended, some interns received job offers from their placement sites and admittance to programs to further their professional and career goals. These highlights are a testament to benefits of advanced public health experience and career coaching provided by the ASPHN Health Equity Internship Program.

Jasmine Romero, a public health major at New Mexico State University (NMSU), was hired as health educator by her placement site, the NMSU Office of Health Promotion.

Jace Patterson, a graduating senior from Kennesaw State University, received an offer for an entry level position within the Georgia CEAL Program at Morehouse School of Medicine.

Two interns from Alabama State University, D'Angelia Holmes and Ashley Williams, received early admissions to the Virginia College of Osteopathic Medicine.



On Demand Webinar: Celebrating Culturally Relevant Foods in Child Nutrition Programs

Celebrating Culturally Relevant Foods in Child Nutrition Programs

- Recorded webinar from the Farm to Early Care and Education Online Learning Session, March 30, 2022

This incredible webinar can help you understand the importance and impact on prioritizing culturally relevant and preferred foods for children and families.

You will learn...

- Key approaches and processes for including culturally relevant and preferred foods in ECE settings, including through the Child and Adult Food Care Program
- Practical techniques to overcome common barriers to centering culturally relevant foods in ECE settings
- Access points for resources that will equip you for food equity action

Speakers:

- Nausher Khan, [RedRabbit](#)
- Valerie Segrest, [Tahoma Peak Solutions](#)

Moderator:

- Lacy Stephens, [National Farm to School Network](#)

You too could be immersed in this exceptional career readiness experience. Apply by June 30th for the ASPHN [Health Equity Internship Program](#).

For more information about the program, email internship@asphn.org.

ASPHN Membership

Membership Tip: Keep Up to Date with Us on Facebook and LinkedIn

Did you know that ASPHN has wonderful Facebook and LinkedIn pages? Even if you are not tech savvy, it is easy to access the webinars and announcements on both sites.

To access the LinkedIn site, go to <https://www.linkedin.com/> and in the search bar (top left), type in “association of state public health nutritionists.” While you are there, click the “Follow” button! Then click “View Page” to be taken directly to the ASPHN LinkedIn page so you can stay...linked in!

To access the ASPHN Facebook page, head to <https://www.facebook.com/> and type ASPHN in the search bar (far left, top). You can follow the updates by clicking the “Like” (thumbs up) icon!

Simply put, in addition to [ASPHN's outstanding website](#), both LinkedIn and Facebook can help keep you up to date with current public health nutrition issues. Give them both a “Follow” and a “Like”!

**Discover More Benefits of
ASPHN Membership**

ASPHN Celebrates Newly Elected Leaders

Congratulations to ASPHN's newly elected leaders. This group has committed to making healthy living the easy choice for all people by guiding ASPHN to achieve its [strategic plan goals](#).

- President-Elect: Becky Adams (AR)
- Treasurer: Denise Chapel (CA)
- Directors-at-Large: Cheryl Hill (TN), Susie Leo (AZ), and Chris Mornick (WA)
- Governance Committee Elected Members: Peggy Leung-Strle (NY), Melissa Lonsberry (MI), and Julie Sundermann (NC)
- MCH Nutrition Council Chair-Elect: Emily Brinkman (KS)
- Fruit and Vegetable Nutrition Council Chair-Elect: Jami Rokala (MN)
- Healthy Food, Active Communities Council Chair-Elect: Alison Patrick (OH)

These leaders will begin their new ASPHN board terms in August 2022.

The current board continues to do excellent work in support of ASPHN's committee- and council-driven initiatives. [See the full board here](#)

Your active participation in ASPHN
can keep your state on the leading
edge.

**Become A
Member**

**ASSOCIATION of STATE PUBLIC
HEALTH NUTRITIONISTS | [\[asphn.org\]](http://asphn.org)**

