



News from the Association of State Public Health Nutritionists



August 2022

Funding and Assistance

Fresh Resource: Notice of Funding Opportunity

CDC, Division of Nutrition, Physical Activity, and Obesity posted SPAN, REACH, and HOP Notice of Funding Opportunity Forecasts this week on Grants.gov. Below are the respective NOFO numbers, names, and links.

Get updates on these funding opportunities directly in your email inbox by clicking the 'Subscribe' button at the top right of each notice.

- [CDC-RFA-DP23-2312: The State Physical Activity and Nutrition Program \(SPAN\)](#)
- [CDC-RFA-DP23-2314: Racial and Ethnic Approaches to Community Health \(REACH\)](#)
- [CDC-RFA-DP23-2313: The High Obesity Program \(HOP\)](#)

CACFP: Searching for More Culturally Relevant Menus and Recipes?

Would your CACFP program team benefit from having a cycle menu relevant to the cultures in your state? We need your expertise!



ASPHN's Fruit and Vegetable Nutrition Council's Child and Adult Food Care Program (CACFP) Work Group intends to increase the cultural relevance of recipes and menus available within the CACFP program by creating guidelines for developing them. Menus and recipes developed using these guidelines will be readily CACFP approved.

Are you motivated to create and use a menu with the support of ASPHN?

ASPHN will help with these time-saving strategies.

- Provide an easy-to-follow guide for menu and recipe development
- Assist with the design elements
- Promote the beautiful and delicious result

Contact Amber Brown at AmberBrown@asphn.org with interest and questions right away!

National Observance

Celebrate August as National Breastfeeding Month

Nutritionists can make a difference! The [CDC](#) states breastfeeding is an investment in health, not just a lifestyle decision.



Nutrition Pro Tips

- Thank a breastfeeding family, [both chest/breastfeeders and their partners](#). Put up signs in your and your partners' buildings. Sprinkle thanks on social media. [Breastmilk saves all of us money in reduced healthcare dollars](#) Low breastfeeding rates cost more than \$3 billion a year in medical costs.
- Promote the health benefits of lactation for [both infant and chest/breastfeeders](#). Get promotion inspiration from [ASPHN members in the Public Health Nutrition Hall of Fame!](#)
- The theme for National Breastfeeding Month is Together We Do Great Things. Let's celebrate! [Learn more about National Breastfeeding Month activities here](#).
- Join a local breastfeeding coalition to support families in your community. [Find coalitions here](#).

ASPHN Membership

Member to Member: An Invitation to the MCH DEI Work Group

Hello my fellow ASPHN members. My name is Steven Ortiz and I am the present Health Equity Advisor for the MCH Steering Committee.

Diversity, equity, and inclusion continues to be a focus area in the ASPHN landscape. As such, we are forming a temporary workgroup to discuss, plan and implement strategies to address these gaps among the ASPHN MCH Steering Committee and the greater MCH population.



We hope that you will join us. The first meeting is scheduled for September 8th at 1pm EDT, with subsequent meetings scheduled for the 2nd Thursday of each month at 1pm EDT.

If you are unable to attend, fear not. We will be updating Basecamp with meeting notes, projects, and project timelines, with additional information available upon request.

Email Sandy Perkins at sandy@asphn.org to join us in September or get access details for Basecamp.

Don't hesitate to join, email Sandy today! See you soon!

Discover the Benefits of ASPHN Membership

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.

[Become a Member](#)

ASPHN Remembers...

With warm thoughts ASPHN remembers our members who have passed.



[Judith Rose](#)

Membership Tip of the Month: Showcase Your Initiatives in the Hall of Fame

Are you not yet featured in ASPHN's [Public Health Nutrition Hall of Fame](#)? This is your chance to toot your own horn, or that of a colleague, and showcase your meaningful program, partnership or event.

The Public Health Nutrition Hall of Fame is ASPHN's way of saluting our members' efforts to make healthy eating and active living a way of life for all Americans. This also helps funders, government officials and hiring managers learn about the value of public health nutritionists to lead and inspire positive change!

The application is short, so [nominate](#) yourself or a colleague to be added to the Hall of Fame today.



Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our Vision

Healthy eating and active living for everyone.

Our Call to Action

Join us as we pursue innovation in the way we work to improve access and encourage eating of vegetables and fruits.

[Join the Call to Action!](#)

[VISIT OUR WEBSITE](#)