



News from the Association of State Public Health Nutritionists

September 2022

Funding and Assistance

Open Now! Apply for Funding through the WIC Developmental Monitoring Project or Join as a Technical Assistance State

Now is your chance to join the WIC Developmental Monitoring Project as either a Technical Assistance (TA) state or an Intensive (funded) state. [Complete the short application now.](#)

ASPHN has been awarded funding for Year 5 of the [WIC Developmental Monitoring Project \("Learn the Signs. Act Early." \(LTSAE\)\)](#) from CDC, expanding the number of state WIC programs it works with to promote developmental monitoring within the WIC program.

TA state WIC programs will receive these benefits:

- Experience with virtual options for promoting developmental monitoring
- Technical assistance from ASPHN and CDC about LTSAE in WIC
- Connection with 21 other states that are doing similar work

[Learn more and apply for the TA program here](#)

Selected Intensive states will receive all the benefits of the TA states, plus:

- Funding to implement LTSAE into at least 3 WIC clinics
- Individualized TA from ASPHN, CDC and states experienced in implementing LTSAE

[Learn more about the Intensive funding opportunity here.](#)

Contact Amber Brown at amberbrown@asphn.org for more information.

Fresh Resource: Funding for Alternative Transportation Projects

If you or your team members are working on a project to improve community access to active living, funding is available through the [Transportation Alternatives Program \(TAP\)](#).



Popular projects eligible for this funding include bicycling and walking projects, Safe Routes to School projects (both construction and programming), and recreational trails.

Local and Tribal governments, school systems, non-profit organizations and other local governments with authority over transportation or recreational trails are all eligible to apply.

Technical assistance is available for communities wishing to apply, including assistance with the application, project implementation, environmental review, planning, design, permits, and project management.

Learn more about available TAP funding. [Click here to find your state's fact](#)

National Observance

Get Inspiration for September, National Fruit and Vegetable Month

September is National Fruit and Vegetable Month! We know that eating vegetables and fruits as part of a healthy diet has a wealth of benefits.

The 2022 National Fruits & Veggies Month theme, Celebrating The Roots Of Our Food, offers an opportunity for everyone to celebrate all the goodness that fruits and veggies bring to our tables, our minds, our souls, and our health & happiness.



Use these excellent ideas to promote vegetable and fruit eating in your state. Get the 2022 National Fruits & Veggies Month Toolkit:

[Celebrating The Roots Of Our Food - Have A Plant \(fruitsandveggies.org\)](https://fruitsandveggies.org)

The amount of fruits and vegetables people are eating across the US is trending downward. Join ASPHN as we pursue innovation in the way we work to improve healthy food access and revitalize the eating of vegetables and fruits. [Join the Call to Action!](#)

ASPHN Membership

Public Health Certificate of Training: Your Voice Has Power

The Academy of Nutrition and Dietetics and ASPHN are in the early stages of updating the Public Health Certificate of Training. The goal of this certificate is to equip our workforce.

We value your insight and expertise! [Take this short survey today](#) (~8 minutes) to help us target areas you see as most critical to public health nutrition professionals.



Connect Us with Powerful Partners: ASPHN is Seeking Liaisons!

You could be the next ASPHN liaison to one of our incredible partner organizations! ASPHN is seeking liaisons to link us to [1000 Days, National Salt and Sugar Reduction Initiative](#), and [Association of SNAP-Ed Nutrition Networks and Other Implementing Agencies](#).

ASPHN liaisons are members who volunteer to communicate ASPHN's mission, programs and activities to partner organizations and provide ASPHN with information about partners' emerging issues, potential resources, funding opportunities and much more. Through these partnerships, liaisons also have the opportunity to raise awareness of policy initiatives while advocating for and promoting the role of public health nutritionists.

Contact Shana Patterson Holland for more information at shana@asphn.org.

Discover the Benefits of ASPHN Membership

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.

Membership Tip of the Month: Visit the Sign-up Corner

Time sure is at a premium these days! That's why ASPHN has recently added a "Sign Up Corner". Find it by scrolling to the bottom of our home page at asphn.org.

Become a Member



Visit this reference page often and quickly identify ways to engage with our professional organization. Upcoming webinars, meetings, grant opportunities and volunteer activities can all be found in one spot, helping you make the most of your ASPHN membership.

Never miss an opportunity again! Simply click on the event name to get connected. Mission accomplished!

ASPHN Welcomes New Members in August

ASPHN accomplishes its mission to make healthy living easy for all people through our gifted and passionate members. We warmly welcome these 7 new members that joined us in the month of August.

General Members:

- Katlyn Boghosian, MS, RD, CDN in the NY State Dept of Health
- Amber Gray, RDN, CDN, CLC in the NY State Dept of Health

Associate Members:

- Jordan Abel, MPH, student at Northern Illinois University
- Beth Cordova, MPA, RDN with PHFE WIC (CA)
- Kiah Hawes, student at Liberty University (VA)
- Barbara Ann Hughes, PhD, RD, LDN, FADA, retired from North Carolina Dept of Human Services and past ASPHN President 1977-1979
- Martin Smith, RDN with Pascua Yaqui Tribe (AZ)

About Us



Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

Our Vision

Healthy eating and active living for everyone.

Our Call to Action

Join us as we pursue innovation in the way we work to improve access and encourage eating of vegetables and fruits.

[Join the Call to Action!](#)

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