



# News from the Association of State Public Health Nutritionists

## October 2022

### Lifelong Learning

#### Start Thinking Outside the Box with the Latest Issue of Development Digest

Did you see our latest issue of Development Digest in your inbox? If not, be sure to [check it out here!](#)

This issue inspires out-of-the-box thinking by sharing tools, information and strategies you can start using today.

- Read how our past-president, Mary Ann Ellsworth, mobilized the Association for vegetable and fruit consumption,
- Explore how divergent thinking can jumpstart innovation in the office, and
- Find out how the Checklist for Change uses next level strategies and tactics to spur fresh action in public health nutrition.

All Development Digest articles are researched and written specifically for and about our members to enhance your professional development. [See all articles here.](#)



#### Fresh Resource: ASPHN's Food and Nutrition Security Primer

Add clarity and purpose to your communications by tapping into ASPHN's new [Food and Nutrition Security Primer](#).

As the national conversation on nutrition and hunger evolves, so does the language being used to describe the quantity and quality of food that can be accessed by all people. This primer highlights emerging and re-emerging food and nutrition security terms. Plus, it explains why word choice matters.

Bookmark this [web-based resource](#) today for its quick-reference table of terms used by federally funded food, nutrition, and health programs. More terms will be added to keep your presentations, publications and grants up to date.



#### Treasures from the Archive: Two Years of DNPAO Partner Check-in Meeting Agendas and Slides

View the [DNPAO Partner Check-in Meeting Agendas and Slides](#) today. Two years worth of agendas and links to presentation slides are now available to you in one easy-access sheet.

For nearly three years, the Division of Nutrition, Physical Activity, and Obesity at CDC

has held meetings for invited national organizations it identifies as partners. ASPHN is proud to be one of the national partners.

The meeting agendas have included updates on the Division's work and networking opportunities on specific topics in nutrition, physical activity, and obesity prevention.

## Policy Pointers

### Share Adopt and Adapt AAP Policies that Support Medical Student-Parents in Chest/Breastfeeding

Kudos to the American Academy of Pediatrics for their work to support medical students and residents in meeting their chest/breastfeeding goals. Read, then share, adopt and adapt their recently released [Culture Plan to Support Breastfeeding Physicians and Medical Trainees](#).



Instead of experiencing the anxiety of asking for time and space to pump chest/breastmilk in an ad hoc manner, a culture plan of support makes it easier. Providing clear and consistent chest/breastfeeding policies across medical training rotations and licensure exams will enhance student-parent success. This comprehensive support frees and inspires them to also support their patients in lactation!

See how a culture plan is [implemented in Hawaii!](#) The project was informed by the [American Academy of Family Physicians model policy](#).

Also read the [AAP Breastfeeding Policy](#), updated in 2022.

ASPHN collaborates with the American Academy of Pediatrics (AAP) through Breastfeeding Public Health Partners.

## ASPHN Membership

### Connect ASPHN with Powerful Partners: Become an ASPHN Liaison

You could be the next ASPHN liaison to one of our incredible partner organizations!

ASPHN is seeking liaisons to link us to:

- [National Salt and Sugar Reduction Initiative](#)
- [Association of SNAP-Ed Nutrition Networks and Other Implementing Agencies](#).



ASPHN liaisons are members who volunteer to communicate ASPHN's mission, programs and activities to partner organizations. They in turn provide ASPHN with information about partners' emerging issues, potential resources and funding opportunities.

Through these partnerships, liaisons also have the opportunity to raise awareness of policy initiatives and demonstrate the value of public health nutritionists.

To find out more, contact Shana Patterson Holland at [shana@asphn.org](mailto:shana@asphn.org).

### Discover the Benefits of ASPHN Membership

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health

### Membership Tip of the Month: Get Inspired with the New Member Spotlight!

Member Spotlight is a new and inspirational feature on the [ASPHN.org homepage](#).

innovation.

[Become a Member](#)



Visit this page monthly to read about the great work of a fellow ASPHN member.

The member spotlights mostly draw from our [Public Health Nutrition Hall of Fame](#) which highlights the impact of your work so others can build on your success. [Nominate yourself or someone else today.](#)

## ASPHN Welcomes New Members in September

ASPHN accomplishes its mission to make healthy living easy for all people through our gifted and passionate members. We warmly welcome these 11 new members that joined us in the month of September.

### Associate Members:

From Valle del Sol WIC (AZ)

- Eva Alpine, MS
- Ivan Zacarias, MD, RDN, IBCLC

Students at Appalachian State University (NC)

- Dakota Ball
- Mary Ratliff
- Madison Swain

Staff/Faculty at Jackson State University (MS)

- Mary Shaw-Ridley, PhD, MCHES
- Praise Tangbe, preceptor

From Various Institutions

- Sara Cook, RDN, LDN, IBCLC, graduate student at University of IL Chicago
- Emily DeWitt, MS, RD, LD with University of KY Extension
- Ruth Franklin, RDN, graduate assistant at Eastern MI University
- Yvonne Marzick, RDN, LD with AllOne Health (OH)



## About Us



## Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

### Our Mission

To strengthen nutrition policy, programs and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

### Our Vision

Healthy eating and active living for everyone.

### Our Call to Action

Join us as we pursue innovation in the way we work to improve access and encourage eating of vegetables and fruits.

[Join the Call to Action!](#)

VISIT OUR WEBSITE



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