

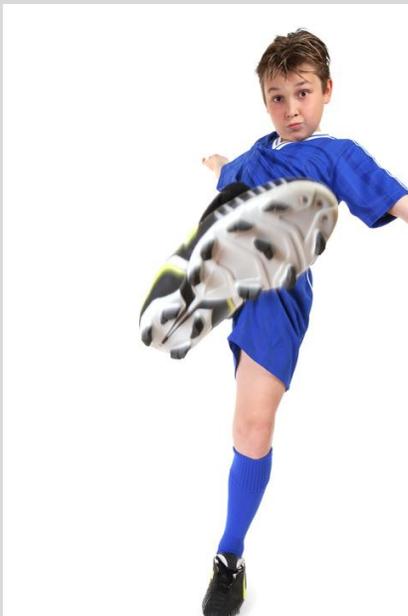


## News from the Association of State Public Health Nutritionists



## December 2022

### Act Now, Learn More



### Save the Date: All-Student Networking Event January 19

Join our student networking event where we will talk about current events in public health practice & policy, and how participation with ASPHN can benefit your career! Connect with public health nutritionists and fellow students. Ask questions and gain insight into public health nutrition career paths.

**Kickstart your Career in Public Health**  
January 19th at 6 pm ET  
[Register in advance!](#)

### Coming in January:

### Nutrition and Physical Activity Traineeship Application

If you are interested in a career in public health, ASPHN's DNPAO Nutrition and Physical Activity Traineeship is a great opportunity to learn about public health competencies while getting compensation toward education costs and earning credit from your university.

Watch for the application in January.

Applications are encouraged from historically underrepresented scholars who are also:

- junior through doctorate-level students in nutrition or kinesiology-related degrees or
- dietetic interns, and
- US citizens, Permanent Residents, or U.S. Nationals.

The 8-week, 240-hour placements are completed at specific state health departments or similar facilities and can be used for independent study, dietetic internship rotation, or coursework as approved by your university. Placements can be face-to-face, virtual, or hybrid depending on the location. A list of locations and more information can be found on the ASPHN website.

Contact Teresa Jones with questions at [teresa@asphn.org](mailto:teresa@asphn.org).

### Becoming Stronger Together

**Register Now: SPAN, HOP, and REACH – Are You Applying in 2023?**

There is still time to join ASPHN in an open dialogue and networking event.

## SPAN, HOP, and REACH – Are You Applying in 2023?

December 15, 3:00 pm ET

[Register now!](#)

Participants will gain insight into SPAN, HOP, and REACH from the nearly three years the Division of Nutrition, Physical Activity, and Obesity at CDC has held meetings for invited national organizations. Reference the ASPHN-compiled DNPAO National Partner Check-in Meetings Agenda Topics document covering June 2021 - August 2022. Discuss these topics and share ideas in a national network, including members and consultants who have attended the meetings.

Contact [shana@asphn.org](mailto:shana@asphn.org) or [diane@asphn.org](mailto:diane@asphn.org) with questions.

### Food and Nutrition Security: Help ASPHN Guide the National Conversation

To guide the national conversation on food and nutrition security, ASPHN is compiling your experience! Here are two ways to share with us.

1. [Tell us](#) what terms you're hearing used to describe the need for people to have food. Your input will help us grow our new [Food and Nutrition Security Primer](#) that keeps you current on terms used by federally funded food, nutrition, and health programs.

2. [Complete this brief form](#) to share highlights from your work to healthfully end hunger, even if your initiatives have hit a roadblock. By identifying barriers, we can work together to overcome them.

Questions? Contact Jennifer Dellaport at [jennifer@asphn.org](mailto:jennifer@asphn.org).



### Showcase Your Food Service Guidelines Work on ASPHN.org!

ASPHN wants to showcase your work implementing programs, policies, or initiatives that impact food service in any setting within the past five years on the Food Services Guidelines Webpage!

#### Here's how to do it:

1. Go to the [Food Service Guidelines](#) page and review resources by a) topic or b) state.
2. **Build your email with the subject line FSG Website Information**
3. Add updated or new resource links as applicable.
4. (Optional) Write a summary or include a link to an existing summary of how your programs, resources, policies, tools, etc., were implemented or applied.
5. Submit information or direct questions to Shana Holland at [shana@asphn.org](mailto:shana@asphn.org).

ASPHN's Food Service Guidelines webpage is a collection of resources provided by members, highlighting FSG success stories, guideline development, and partner collaboration efforts.

## ASPHN Membership

### A Little "Me Time", Courtesy of ASPHN

Did you know ASPHN has a blog dedicated solely to your professional development?



In November's installment of the [Development Digest](#), we checked in with leadership coach Gail Fottrell-Jones, who shares tips on how you can prioritize your career path. Don't miss this [short and inspirational read!](#)

Have a topic you'd like us to explore?  
Contact Lourdes Pogue at [lourdes@asphn.org](mailto:lourdes@asphn.org).

## Discover the Benefits of ASPHN Membership

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.

[Become a Member](#)



## Membership Tip of the Month: Continue Membership as a Retiree

One day, each of us will retire. That glorious day will come and, after years of giving and serving, you'll close the chapter on your professional career. That doesn't mean that you, with all your knowledge and experience, should be put out to pasture!

In fact, ASPHN hopes that our retired members will continue to contribute to the profession.

To help ease the financial burden that often comes when a consistent paycheck doesn't, ASPHN has just established a "Retiree" membership category at \$25/year.

The ASPHN leadership team hopes that by reducing the fee from \$50/year, retiring members will be encouraged to remain within our ranks, share their experiences, and foster friendships that last a lifetime.

[Become a member today!](#)

## About Us



## Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

### Our Mission

To strengthen nutrition policy, programs, and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

### Our Vision

Healthy eating and active living for everyone.

## Our Call to Action

Join us as we pursue innovation in the way we work to improve access and encourage eating of vegetables and fruits.

[Join the Call to Action!](#)

VISIT OUR WEBSITE



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