



# News from the Association of State Public Health Nutritionists

## November 2022

### Act Now, Learn More

#### Register Now: Community-Engaged, Systems-Level Action, Research, and Support

There is still time to join the Healthy Food, Active Communities Council webinar on December 5th at 2 pm ET.

[Register now!](#)



This presentation provides background on the innovative [Catalyzing Communities](#) community-engaged research project, based at Tufts University. Then it describes the Learning Collaborative virtual network and how these programs impact engagement and cross-sector relationship building. The program's goal is to help communities across the country promote child health and reduce disparities using a data-driven and equitable approach. Take learnings from this model and apply them to your community-engaged initiatives.

#### Register Now: SPAN, HOP, and REACH – Are You Applying in 2023?

ASPHN invites members to join us in an open dialogue and networking event.

#### SPAN, HOP, and REACH – Are You Applying in 2023?

December 15, 3:00 pm ET

[Register now!](#)



Participants will gain insight into SPAN, HOP, and REACH from the nearly three years the Division of Nutrition, Physical Activity, and Obesity at CDC has held meetings for invited national organizations. Reference the ASPHN-compiled [DNPAO National Partner Check-in Meetings Agenda Topics](#) document covering June 2021 - August 2022. Discuss these topics and share ideas in a national network, including members and consultants who have attended the meetings.

Contact [shana@asphn.org](mailto:shana@asphn.org) or [diane@asphn.org](mailto:diane@asphn.org) with questions.

#### Fresh Resource: Showcase Your Food Service Guidelines Work on ASPHN.org!

ASPHN wants to showcase your work implementing programs, policies, or initiatives that impact food service in any setting within the past 5 years on the Food Services Guidelines Webpage!

## Here's how to do it:

1. Go to the [Food Service Guidelines](#) page and review resources by a) topic and/or b) state.
2. **Build your email with the subject line FSG Website Information**
3. Add updated or new resource links as applicable.
4. (Optional) Write a summary or include a link to an existing description of how a program, resource, policy, tool, etc. was implemented or applied.
5. Submit information or direct questions to Shana Holland at [shana@asphn.org](mailto:shana@asphn.org).

ASPHN's Food Service Guidelines webpage is a collection of resources provided by members highlighting FSG success stories, guideline development, and partner collaboration efforts.

## Celebration

### **Congratulations to the WIC Developmental Monitoring Project Awardees**

Congratulations! State teams are implementing CDC's "Learn the Signs. Act Early." developmental monitoring in their WIC clinics through the [WIC Developmental Monitoring Project](#).



### **New Funded States**

New Hampshire, New Jersey, and Rhode Island

### **New Technical Assistance States**

Maryland and North Dakota

A total of 23 state WIC programs are included: Arkansas, Delaware, Georgia, Hawaii, Iowa, Indiana, Louisiana, Massachusetts, Maine, Maryland, Montana, Nevada, New Hampshire, New Jersey, North Dakota, Ohio, Puerto Rico, Rhode Island, South Carolina, Texas, Utah, Wisconsin, and West Virginia.

Questions? Contact Amber Brown at [amberbrown@asphn.org](mailto:amberbrown@asphn.org).

### **Infographic: Developmental Monitoring in WIC Goes Virtual**

See highlights from the preliminary testing of online options for developmental monitoring in WIC. Check out the [infographic](#) developed by CDC,

Since 2018, [CDC](#) has partnered with ASPHN to promote the integration of [developmental monitoring](#) into [WIC](#) visits. In 2020, with the onset of the COVID-19 pandemic, the largely "in-person" integration model was forced to adapt to a new virtual WIC visit. From August 2020 to July 2022, ASPHN supported the development and testing of virtual options WIC agencies could employ to promote developmental monitoring.

In total, 23 states participated in this effort by either offering insights, feedback, and suggestions, or by piloting new promotional efforts. [Click here to get educational resources for virtual activities promoting developmental monitoring in the WIC program.](#)

### **Continuity of Care in Breastfeeding: Celebrate, Learn and Share**

Celebrate the first anniversary of the Continuity of Care (CoC) in Breastfeeding Support project and [learn more about the resources](#) today.

This project includes a webinar series.



[Register now](#) for the 6th session of this 8-part series that will be held on January 12th. Share this link to promote equity in chest/breastfeeding rates within local communities.

The National Association of County and City Health Officials (NACCHO) coordinated this project with Breastfeeding Public Health Partners (BPHP), of which ASPHN is a contributing member.

## ASPHN Membership

### Lead and Grow as an ASPHN Board Member - Nominations Due February 1

Serving on the ASPHN Board of Directors is a great way to learn more about the organization and meet amazing colleagues from around the country! Board members guide ASPHN in fulfilling its mission by supporting committee actions to implement the strategic plan.



**Self-nominate, or nominate someone else**, for any of these positions:

- President-Elect (requires previous experience on the Board of Directors)
- Secretary
- Director at Large (2 positions)
- Chair-elect, MCH Nutrition Council
- Chair-elect, Fruit and Vegetable Nutrition Council
- Chair-elect, Healthy Food Active Communities Council
- Governance Committee members (3 positions)

[Check out more information about the ASPHN board](#)

To submit your nominations or ask questions, contact Helen Brown at [helenb@uidaho.edu](mailto:helenb@uidaho.edu). The timeline for the election is as follows:

- February 1, 2023 – Last day to submit nominations
- March 2023 – Election
- April 2023 – Results announced
- August 1, 2023 – New Board terms begin

### Discover the Benefits of ASPHN Membership

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.

[Become a Member](#)



### Membership Tip of the Month: Watch for the Student Networking Event

Students, kickstart your career in public health at the ASPHN student networking event! Watch for the save-the-date announcement coming in early 2023.

Hosted by the ASPHN Membership Communications and Outreach Committee, the student networking event will demonstrate the many ways you can get involved in ASPHN and stay connected with other students. All this will help you imagine new possibilities and build your network as a public health nutritionist.

### ASPHN Welcomes New Members in October

ASPHN accomplishes its mission to make healthy living easy for all people through our gifted and passionate members. We warmly welcome these 25 new members that joined us in the month of October.



### **General Members:**

Claire Finnerty, MPH in the WA State Dept of Agriculture

Bridget Ideker, RD, LD, CWHC in the MN Dept of Health

Caroline Messerschmidt, MPH, RD in the MI Dept of Health

Bri Monahan, MS, RDN, LRD in the ND Dept of Health

Ann Parker, MHS, RDN, LD in the IA Dept of Education

Colin Wills, MS in the HI Dept of Health

### **Associate Members:**

Students at the University of Minnesota

Cleome Bernick-Roehr

Rebekah Chicone

Rachael Hawley

Mark Killoran

Taylor Lanz

Jee Hyun Lee

Melanie Maldonado

Maren McGuire

Gianfranco Morote Galvez

Emilia Porter

Isabelle Smiley

Amelia Starr

## About Us



## Association of State Public Health Nutritionists

The Association of State Public Health Nutritionists (ASPHN) is a non-profit membership organization committed to advancing health equity through public health nutrition leadership.

### **Our Mission**

To strengthen nutrition policy, programs, and environments for all people through development of public health nutrition leaders and collective action of members nationwide.

### **Our Vision**

Healthy eating and active living for everyone.

## Our Call to Action

Join us as we pursue innovation in the way we work to improve access and encourage eating of vegetables and fruits.

[Join the Call to Action!](#)

VISIT OUR WEBSITE



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[Unsubscribe cyndi@asphn.org](mailto:unsubscribe@asphn.org)

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