

Act Early Oregon

Activity Handout: Linking Lesser Valued Milestones with Higher Valued Milestones

This activity explores linking lesser valued milestones with higher valued milestones as a way of promoting parent engagement and a child's optimal development in a culturally-informed way.

Instructions:

1. You will have 20 minutes for this activity. You will get a message when 5 minutes remain.
2. Pick an age from the tables in your handout.
3. Creatively explore possible connections between the higher and lesser valued milestones within the age group you selected.
4. Discuss the questions provided in your handout.
5. Repeat with another age, as time allows.
6. Please prepare to present your discoveries to the large group when we come back together.

Discussion Questions:

- a. What possible connections can you come up with as potential approaches to bridging the lesser valued milestone with the higher valued milestone you selected?
- b. How would you start the conversation with the family?
- c. How would you respectfully elicit the family's perspective?
- d. How would you frame your thoughts, observations, and knowledge about age-appropriate child development in the conversation with the family?
- e. How would you assess your attunement to the family's values, priorities, and reactions throughout the conversation?

Higher Valued Milestones

Rank Scores	Age	Domain	Milestone
17	2 months	SE	Calms down when spoken to or picked up
10	9 months	SE	Looks when you call his or her name
14	12 months	L&C	Understands “no” (pauses briefly or stops when you say it)
10	2 years	L&C	Says at least two words together, like “More milk”
9	2 years	SE	Notices when others are hurt or upset, like pausing or looking sad when someone is crying
10	30 months	SE	Follows simple routines when told, like helping to pick up toys when you say, “It’s clean-up time.”
14	3 years	L&C	Asks “who,” “what,” “where,” or “why” questions, like “Where is mommy/daddy?”
12	4 years	L&C	Says sentences with 4 or more words
17	5 years	SE	Does simple chores at home, like matching socks or clearing the table after meals

Lesser Valued Milestones

Rank Scores	Age	Domain	Milestone
1	2 months	M&P	Opens hands briefly
3	9 months	M&P	Sits without support
0	9 months	Cog	Looks for objects when dropped out of sight (like toy)
3	12 months	M&P	Walks holding on to furniture
1	2 years	Cog	Holds something in one hand while using the other hand; for example, holding a container and taking the lid off
0	30 months	M&P	Uses hand to twist things, like turning door knobs or unscrewing lids
0	3 years	Cog	Strings items together, like large beads or macaroni
0	4 years	Cog	Tells what comes next in a well-known story
0	4 years	Cog	Names a few colors of items
0	5 years	M&P	Buttons some buttons