

MAY 2023



ASSOCIATION OF STATE  
PUBLIC HEALTH NUTRITIONISTS

## MONTHLY NEWSLETTER



### THIS MONTH'S HIGHLIGHT

#### Addressing Claims of Racism Within the Dietary Guidelines

Applying an equity lens to our nutrition guidelines, policies, and procedures is an important step in advancing health for all people and ending structural racism.

ASPHN's just-released paper, [Dietary Guidelines for Americans: Race, Culture, and Adapting the Recommendations for All](#), thoughtfully explores claims of racism and the handling of cultural awareness within the Dietary Guidelines.

#### Gain Fresh Insight:

- Review the history and purpose of dietary guidance
- Understand the development of the Guidelines, including sources of scientific evidence and the review process
- Discuss its relevance for nutrition professionals
- Act on strategies and tips for adapting the nutrition guidance for various cultural settings

"I rely on the Dietary Guidelines to inform my work, but I have heard an increase in the dialogue of others claiming the DGA's are racist," says ASPHN member Steven Ortiz, MS, RDN. "ASPHN's companion document will help facilitate informed conversations about those claims," adds Ortiz.

Read more about [ASPHN's commitment to equity](#).

For more information, please contact Samara Sterling at [samara@asphn.org](mailto:samara@asphn.org).

ADAPT THE DGA FOR ALL

### Powerful Partnerships

Mark Your Calendar and Join



## FSGC Events

Join upcoming events with ASPHN partner, [Food Service Guidelines Collaborative](#) (FSGC), the multi-sectoral network dedicated to developing healthier food environments in public facilities, worksites, and other institutional settings.

### Upcoming Events and Opportunities with FSGC:

- [FSGC & NOPREN Webinar, WHO Action Framework](#): Nicole Ide, Resolve to Save Lives, presenting the Framework for developing and implementing public food procurement and service policies for a healthy diet.
- [Online community](#): Join the first online community designed to enable FSGC members to learn, share, and network with each other. Our online networking community launch is centered on Behavioral Design.
- [Training Opportunity](#): The Wallace Center, in partnership with Kitchen Sync Strategies, is offering a free five-part online training that aims to equip people working in local Food Value Chains.

ASPHN Liaison Elizabeth Miltas Vegas reports this synergy.

*"We support and promote best practices that align with the Dietary Guidelines for Americans and advance a food system that conserves and renews natural resources, advances social justice, animal welfare, and builds community wealth."*

Learn more about FSGC and build your collaboration expertise with the ASPHN Collaboration Committee.

EXPERIENCE ASPHN  
COLLABORATION

Contact Shana Patterson Holland at [shana@asphn.org](mailto:shana@asphn.org).



## Save and Share These Links: Chest/breastfeeding

ASPHN's partners provide supportive information for chest/breastfeeding families. Help us reach your network with these updated links.

### National Association of County and City Health Officials

- Building on the Blueprint guidance, the [Continuity of Care Resources Library](#) includes new support tools that are indexed by folders.

### United States Breastfeeding Committee

- The [National Conference and Convening](#) is coming soon. This is a great opportunity to learn about coalition work in your state.
- Use these [chest/breastfeeding statistics](#) to highlight state trends.

### ASPHN

Listen, exchange ideas, solve problems, build your network, and enhance your initiatives with participation in these ASPHN groups.

- [Maternal and Child Health Nutrition Council](#) Contact Sandy Perkins at [sandy@asphn.org](mailto:sandy@asphn.org).
- First Foods Nutrition Group Contact Martha Hagen at [martha@asphn.org](mailto:martha@asphn.org).

## FRESH RESOURCE

How SNAP-Ed and Farm to ECE Succeed Together!

Check out the [new ASPHN guide](#) that maps out SNAP-Ed + Farm to



## ECE success.

This guide is packed with suggestions on how to pair SNAP-Ed and Farm to Early Care and Education (ECE) to sustainably support healthy eating.

“Coupling Farm to ECE and SNAP-Ed makes practical sense because they both prioritize improving healthy food access. In addition, Farm to ECE helps shape young palates,” says Erin Olson, a community health consultant at the Iowa Department of Health and Human Services.

### In this Brief:

- Refresh your knowledge of both programs.
- See how Farm to ECE and SNAP-Ed goals align.
- Examine models from three states.
- Follow practical steps to do this in your state.

Contact Emia Oppenheim at [emia@asphn.org](mailto:emia@asphn.org).

[LEARN MORE: ASPHN + Farm to ECE](#)



## Welcome to the Team: Newly Elected Board Board Members

Congratulations to ASPHN's newly elected leaders. This group has committed to making healthy living the easy choice for all people by guiding ASPHN to achieve its strategic plan goals. Go, team!

- President-Elect: [Melissa Lonsberry](#) (MI)
- Secretary: [Emily Bash](#) (CO)
- Directors-at-Large: [Tiffani Grant](#) (MS) and [Narissa Scales](#) (NE)
- Governance Committee Elected Members: [Amy Imler](#) (NY), [Emily Mattern](#) (MI), and [Julie Sundermann](#) (NC)
- MCH Nutrition Council Chair-Elect: [Steven Ortiz](#) (AZ)
- Fruit and Vegetable Nutrition Council Chair-Elect: [Gbadebo Odularu](#) (VA)
- Healthy Food, Active Communities Council Chair-Elect: [Abby Gold](#) (MN)

These leaders will begin their new ASPHN board terms in August 2023.

[LEARN MORE ABOUT THE ASPHN BOARD](#)



## THIS MONTH'S MEMBERSHIP TIP

ASPHN Orientation: It's for New and Seasoned Members!



**ASPHN Member  
Orientation Webinar**  
Wednesday, May 31  
1:00 - 2:00 PM ET

**Both new and experienced members will gain fresh insight into what ASPHN does and the benefits of membership.**

**Find opportunities to learn and lead in your passion areas through committee and council involvement. Plus, you will be able to meet and network with some of your national colleagues.**

**Register in Two Steps!**

**First, browse through our [Member Orientation Self-Paced Module](#). During the webinar, we will reference information from this module and answer any questions you may have.**

**Finally, [register in advance](#) for this meeting. After registering, you will receive a confirmation email containing information about joining the meeting.**

**The webinar will be recorded for those who are not able to attend live.**

**Questions? Contact Amber Brown at [amberbrown@asphn.org](mailto:amberbrown@asphn.org).**

**APPLY FOR MEMBERSHIP TODAY!**

## WELCOME TO OUR NEW MEMBERS

**ASPHN members are committed to taking collective action that brings about greater health equity through nutrition in policy, systems, and environments.**

In April we gained the action-power of 18 new members. Thank you for joining us and sharing your strength!

### **General Members**

- Carla Anastasio, MS, RD in the NY State Dept of Health
- Akua Boateng, MS, RD, LD in the DC Dept of Health

- Stephany Brimeyer with IA Child Health Specialty Clinics
- Alyssa Dorsey, MS, RD, LD in the OH Dept of Health
- Mimi Mohamud in the MN Dept of Education
- LaToya Osmani, MPH in the GA Department of Health
- Cicely Thomas, DCN, MEd, RDN, LD in the Georgia Dept of Health
- Kimberly Thompson, MS, RDN in the DC Dept of Health

#### **Associate Members**

- Wole Ajala, MPhil, MSc, doctoral candidate at Walden University (NC)
- Brianne Danaher with VT WIC
- Heather Gavras, MPH, RDN with American Heart Association (TX)
- Lisa Hofmann, MPH at Tulane University (LA)
- Stacey Kripp, CLC with VT WIC
- Christina Mispel with VT WIC
- Christopher Ogar, student at Morgan State University (MD)
- Tamaraemumoemi Okoro, student at Morgan State University (MD)
- Funmilola Olukoya, student at Morgan State University (MD)
- Meagan Shedd, PhD at MI State University

## **DISCOVER MORE BENEFITS WITH ASPHN**

### **ASPHN Membership**

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.

**Not a member yet? Apply today!**

### **Follow ASPHN On Social Media**

Did you know that ASPHN posts to its social media channels regularly? Be sure to follow us on the channels below to keep apprised on current public health nutrition events, resources and much more!

**[Facebook](#) • [LinkedIn](#) • [Twitter](#) • [Instagram](#)**

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*ASPHN is a 501(c)3 non-profit membership organization. We provide national leadership on food and nutrition policy, programs and services.*