FARM TO ECE:
Sowing the Seeds for HEALTHY FUTURES!

ASPHN FARM TO ECE GRANTEE PROGRAMS

The Farm to Eary Care and Education Implementation Grant (FIG) was administered by the Association of State Public Health Nutritionists (ASPHN) and funded by the Centers for Disease Control and Prevention (CDC). Coalitions in 10 states and the District of Columbia received Farm to ECE funding and training through the FIG from November 2020 through June 2023.

WHY FARM TO EARLY CARE AND EDUCATION?

LOCALLY SOURCED FOOD
Provides children with healthy and locally sourced meals, snacks, and food tastings

FRUITS AND VEGETABLES
Increases children's acceptance of, preferences for, and consumption of fruits and vegetables

FOOD EDUCATION
Teaches children about nutrition, growing food, and cooking

HEALTHY HABITS
Helps children develop healthier eating habits for long term wellbeing

HANDS-ON LEARNING
Engages children in hands-on gardening, farm field trips, and classroom visits from local farmers

LOCAL ECONOMIC SUPPORT
Supports the local economy and food system, including local food producers

ENRICHED LEARNING
Provides young children with an opportunity for social, emotional, and experiential learning

FAMILY ENGAGEMENT
Increases family engagement with ECEs and the local food system

SUSTAINABLE AND JUST
Supports environmentally sound, sustainable, and socially just food systems

BETTER FOOD ACCESS
Improves children's and ECE educators' access to nutrient-rich local foods

FIG FARM TO ECE PROGRAMS HAVE IMPACTED:*

199,894 children
*estimated

4,334 ECE sites
*estimated

8,445 ECE educators
*estimated

FIG FARM TO ECE ACCOMPLISHMENTS

FIG Funding and Infrastructure

AWARDED 382 MINI-GRANTS to **ECEs** and **FARMERS** to support Farm to ECE accomplishments and activities; demand for mini-grants far exceeded funding capacity, with **OVER 1,450** applicants total

ESTABLISHED INFRASTRUCTURE and **FOOD HUBS** to support ECEs buying food from local food producers

FIG TEAMS RECEIVED OVER $4 MILLION IN FUNDING outside of the FIG, increasing the long term sustainability of coalitions' Farm to ECE work

FIG Tools and Trainings

DEVELOPED freely available **FARM TO ECE WEBSITES, TOOLS, AND RESOURCES**

PROVIDED ECEs and local farmers with **INDIVIDUALIZED** Farm to ECE support, training, and resources

HOSTED virtual and in-person Farm to ECE trainings for **ECE EDUCATORS, FARMERS, AND FOOD PRODUCERS**

CREATED CULTURALLY TAILORED trainings, resources and tools that have been translated into **AMHARIC, ARABIC, BENGALI, BURMESE, CHINESE, NAVAJO,** and **SPANISH**

IN THEIR OWN WORDS

"The majority of children who attend child care centers do not meet the recommended consumption of fresh fruits, vegetables and daily nutrients...Therefore, it is important for child care centers to be supported as a primary agent for children to receive fresh fruits and vegetables, so that children can develop healthy food consumption habits that will contribute to positive health and education-related outcomes."

— Farm to ECE Team Lead

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