WHY FARM TO EARLY CARE AND EDUCATION?

Click here for a full list of Farm to Early Care and Education benefits.

ASPHN’S FARM TO EARLY CARE AND EDUCATION (ECE) IMPLEMENTATION GRANT (FIG)

Sowing the Seeds for Healthy Futures in MINNESOTA!

THE MINNESOTA FARM TO EARLY CARE NETWORK HAS IMPACTED:* 

1,167 children 
46 ECEs 
86 ECE providers

The Minnesota Farm to Early Care Network was partially supported by a grant administered by the Association of State Public Health Nutritionists (ASPHN) and funded by the Centers for Disease Control and Prevention (CDC) from November 2020 to June 2023. Farm to Early Care and Education (ECE) is an innovative evidence-based approach that gives young children increased exposure and access to local produce, opportunities to learn about nutrition and agriculture, and hands-on learning through gardening. ECE refers to preschools, child care centers, family child care homes, Head Start, and more.

ASPHN acknowledges the CDC’s support of this work but note that CDC did not author nor endorse this resource. Further details can be found here:

“We put together our [pretend] farmers’ market stand, and the kids were so excited. We even got some different fruits and vegetables, helping them learn the names of each vegetable was fun. Then we purchased some of the vegetables and the kids learned how to cut them and we ate them for snack.”

— Minnesota ECE Educator

IN THEIR OWN WORDS

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To learn more about Farm to ECE in Minnesota, click here.