FARM TO ECE:
Sowing the Seeds for Healthy Futures in MICHIGAN!

According to the CDC, 1 IN 2 CHILDREN ages 1-5 do not eat a daily vegetable and 1 IN 3 CHILDREN ages 1-5 do not eat a daily fruit.

Farm to ECE INCREASES children’s consumption of fruits and vegetables by ONE DAILY SERVING.

Farm to ECE programs can INCREASE THE SUCCESS of Farm to School programs by DECREASING PLATE WASTE by as much as 66%.

WHY FARM TO EARLY CARE AND EDUCATION?
Click here for a full list of Farm to Early Care and Education benefits.

ASPHN’S FARM TO EARLY CARE AND EDUCATION (ECE) CAPACITY BUILDING GRANT (CABBAGE)
Sowing the Seeds for Healthy Futures in MICHIGAN!

Eastern Michigan University REACH was a CABBAGE recipient working on Farm to ECE for specific populations in Southeast and Western Michigan. The Farm to Early Care and Education Capacity Building Grant (CABBAGE) was administered by the Association of State Public Health Nutritionists and funded by the Centers for Disease Control and Prevention (CDC) from January 2021 to July 2023. Farm to Early Care and Education (ECE) is an innovative evidence-based approach that gives young children increased exposure and access to local produce, opportunities to learn about nutrition and agriculture, and hands-on learning through gardening. ECEs refer to preschools, child care centers, family child care homes, Head Start, and more.

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IN THEIR OWN WORDS
“Our students are still talking about the Apple Crunch from yesterday. It was wonderful of [the CABBAGE team] to come out and provide such a great activity for our students. They loved it and we love you! Thanks for caring about our Cubs and presenting such an educational and engaging activity. [Your work is] most appreciated!”
— Michigan ECE Educator

EASTERN MICHIGAN UNIVERSITY REACH HAS IMPACTED:

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Nourish the minds and bodies of children and families by supporting Farm to ECE!

THE TEAM’S ACCOMPLISHMENTS AND ACTIVITIES

PURCHASED COMMUNITY SUPPORTED AGRICULTURE (CSA) boxes from local food producers for ECEs

PROVIDED ECEs with GARDENING AND CLASSROOM EDUCATION SUPPLIES to support local Farm to ECE

CREATED Farm to ECE MATERIALS, TOOLS, AND RESOURCES and engaged with students, educators, and parents to promote Farm to ECE

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PROVIDED TRAININGS and TECHNICAL SUPPORT to help ECE educators establish gardens, identify local farmers and food producers, and access and serve local foods

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EASTERN MICHIGAN UNIVERSITY REACH HAS IMPACTED:

316 children

6 ECEs

51 ECE educators

2 local farms

Tools and Resources

Learning Opportunities

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