FARM TO ECE:
Sowing the Seeds for Healthy Futures in NEBRASKA!

ASPHN FARM TO ECE GRANTEE PROGRAMS

Partnership for a Healthy Lincoln was a CABBAGE recipient working on Farm to ECE in Lincoln, Nebraska. The Farm to Early Care and Education Capacity Building Grant (CABBAGE) was administered by the Association of State Public Health Nutritionists and funded by the Centers for Disease Control and Prevention (CDC) from January 2021 to July 2023. Farm to Early Care and Education (ECE) is an innovative evidence-based approach that gives young children increased exposure and access to local produce, opportunities to learn about nutrition and agriculture, and hands-on learning through gardening. ECEs refer to preschools, child care centers, family child care homes, Head Start, and more.

WHY FARM TO EARLY CARE AND EDUCATION?

According to the CDC, **1 IN 2 CHILDREN** ages 1-5 do not eat a daily vegetable and **1 IN 3 CHILDREN** ages 1-5 do not eat a daily fruit.

Farm to ECE **INCREASES** children's consumption of fruits and vegetables by **ONE DAILY SERVING**.

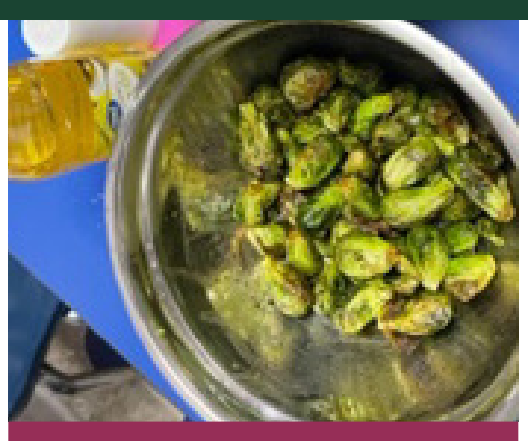
Farm to ECE programs can **INCREASE THE SUCCESS** of Farm to School programs by **DECREASING PLATE WASTE** by as much as **66%**.

Click here for a full list of Farm to Early Care and Education benefits.

PARTNERSHIP FOR A HEALTHY LINCOLN HAS IMPACTED:*

505 children *estimated

5 ECEs *estimated



48 ECE educators *estimated

9 local farms *estimated

THE PARTNERSHIP'S ACCOMPLISHMENTS AND ACTIVITIES

Integrative Strategies

CREATED A DELIVERY SYSTEM that transported local foods to ECE sites

CREATED A FOOD HUB to connect local farmers with ECEs

ESTABLISHED STRONG PARTNERSHIPS with area food producers, the Nebraska Department of Education, and University of Nebraska Extension

Tools and Resources

PROVIDED HARVEST OF THE MONTH VIDEOS AND KITS for ECEs which included kitchen tools and educational materials needed for monthly food tastings

PROVIDED KITCHEN EQUIPMENT for preparing and serving produce

CREATED MICROGREEN GROW KITS for ECEs for indoor gardens during winter months

Learning Opportunities

PROVIDED Farm to ECE **TRAININGS, ONE ON ONE COACHING,** and **MINI GRANTS** to ECE educators

Healthy Lincoln.org
Partnership for a Healthy Lincoln

IN THEIR OWN WORDS

"I have kids that are at that early childhood phase. And I just see the enormous benefit of doing science literacy and educational things outside in the garden... it's just a great way, I think, to engage those little kiddos in learning."

— CABBAGE Team Lead

Nourish the minds and bodies of children and families by supporting Farm to ECE!

2023-09-18

ASSOCIATION OF STATE PUBLIC HEALTH NUTRITIONISTS

[tel & fax] 814.255.2829 • [web] www.asphn.org
instagram • linkedin • facebook • twitter

The Association of State Public Health Nutritionists' Farm to ECE grantee programs are supported by the Centers for Disease Control and Prevention (CDC) of the United States (U.S.) Department of Health and Human Services (HHS), as one of several projects funded by cooperative agreement number NU38OT000279 (total of $6,320,000). This resource was supported by ASPHN's Farm to ECE grantee program, which is funded by the Division of Nutrition, Physical Activity and Obesity (DNPAO)/ National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP)/CDC/HHS. The contents of this resource are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by DNPAO/NCCDPHP/CDC/HHS, or the U.S. government.