WHY FARM TO EARLY CARE AND EDUCATION?

Click here for a full list of Farm to Early Care and Education benefits.

ASPHN’S FARM TO EARLY CARE AND EDUCATION (ECE) CAPACITY BUILDING GRANT (CABBAGE)

Sowing the Seeds for Healthy Futures in NEBRASKA!

Partnership for a Healthy Lincoln was a CABBAGE recipient working on Farm to ECE in Lincoln, Nebraska. The Farm to Early Care and Education Capacity Building Grant (CABBAGE) was administered by the Association of State Public Health Nutritionists and funded by the Centers for Disease Control and Prevention (CDC) from January 2021 to July 2023. Farm to Early Care and Education (ECE) is an innovative evidence-based approach that gives young children increased exposure and access to local produce, opportunities to learn about nutrition and agriculture, and hands-on learning through gardening. ECEs refer to preschools, child care centers, family child care homes, Head Start, and more.

According to the CDC, 1 IN 2 CHILDREN ages 1-5 do not eat a daily vegetable and 1 IN 3 CHILDREN ages 1-5 do not eat a daily fruit.

Farm to ECE INCREASES children’s consumption of fruits and vegetables by ONE DAILY SERVING.

Farm to ECE programs can INCREASE THE SUCCESS of Farm to School programs by DECREASING PLATE WASTE by as much as 66%.

Click here for a full list of Farm to Early Care and Education benefits.

PARTNERSHIP FOR A HEALTHY LINCOLN HAS IMPACTED:

IN THEIR OWN WORDS

"I have kids that are at that early childhood phase. And I just see the enormous benefit of doing science literacy and educational things outside in the garden... It’s just a great way, I think, to engage those little kiddos in learning.”

— CABBAGE Team Lead

THE PARTNERSHIP’S ACCOMPLISHMENTS AND ACTIVITIES

IN THEIR OWN WORDS

“Nourish the minds and bodies of children and families by supporting Farm to ECE!”

Nourish the minds and bodies of children and families by supporting Farm to ECE!