Healthy Food, Active Communities Council Work Plan
August 2023 to July 2026

ASPHN
Vision: All people live in thriving and resilient communities supported by sustainable food systems
Mission: To improve public health by creating and strengthening equitable nutrition policies, systems, environments, and programs for all people through development of diverse public health nutrition leaders and collective action of members nationwide.

Healthy Food, Active Communities Council Mission: To strengthen policy, environmental change, programs, services and evidenced based practices to promote healthy foods and active communities for all through development of public health nutrition leaders and collective action of members nationwide.

- The role of the Council Leadership is to provide leadership and guidance in carrying out the work of the Council.
- The role of the consultants is to coordinate and implement the activities.
- The role of the Board of Directors and ASPHN management is to ensure staffing of the Council to achieve its goals and to set overall direction.

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<td>Membership</td>
<td>Maximize membership engagement by promoting the value of the ASPHN Healthy Food, Active Communities Council for members.</td>
<td>Strengthen knowledge and skills of Council members through quality resources and professional development.</td>
<td>Cultivate diverse, strategic partnerships within the Council to fulfill Council priorities.</td>
<td>Support equitable policy, system, and environmental (PSE) changes to improve healthy food systems and active living environments.</td>
<td>Advance public health nutrition as a profession at all career stages, especially students and emerging professionals.</td>
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<tr>
<td>ACTIVITIES</td>
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| a. Design and implement a plan to engage council members.  
  • Review the Healthy Food, Active Communities webpage on ASPHN.org quarterly and update with new resources and information as appropriate.  
  • Solicit feedback from existing members to determine member interest and expectations; (surveys after webinars)  
  • Solicit feedback from new members within 3 months of joining council to determine member interest and expectations. (new member welcome emails, new member survey)  
  • Track member engagement in webinars/calls.  
  b. Ensure an annual gathering for the Healthy Food, Active Communities Council at the ASPHN Annual Meeting.  
  c. Ensure nominations for the ASPHN award for Outstanding | a. Annually submit at least one article for the all-member newsletter.  
  b. Provide resources to council members on healthy foods and active living. Assess top professional development needs, emerging issues, and other relevant topics of interest.  
  c. Provide diverse, relevant resources and professional development opportunities to members on a variety of topics of interest, with support of partners when needed.  
  d. Engage with various federal funders on the public health nutrition efforts to improve healthy food access and promotion of physical activity.  
  d. Advocate for healthy food systems and active living environments | a. Engage federal agencies and other partnerships related to Council efforts to improve healthy food systems and active living environments, health equity, and create sustained change. (CDC, USDA, AND, ASTHO Affiliates, etc.)  
  b. Work with other ASPHN Councils to enhance communication, coordination and operations.  
  e. Elevate and promote the work of ASPHN and public health nutrition.  
  • Provide a webinar on how public health nutritionists were at the forefront of introducing PSE approaches to food and nutrition access. | a. Contribute to ASPHN education/advocacy efforts associated with improving healthy food systems and active living environments, health equity, and creating sustained change.  
  b. Monitor nutrition and physical activity related policy/legislation activities and alert ASPHN Policy Committee when ASPHN action is appropriate. | a. Assess student career development needs. Share potential education and employment opportunities in PHN with students.  
  b. Assess what resources are already available for students.  
  c. Provide resources for early career development. |
| Leadership Healthy Food, Active Communities Council each year. | focused educational opportunity or another topic important to the work of members at ASPHN Annual Meeting. | e. Promote educational opportunities on integrating health equity into healthy food systems and active living environments efforts. |