This Month's Highlights

Member to Member: Grow Bolder with the ASPHN Courage in Leadership Cohort

Hello! I'm Brittany, an Adolescent Health Dietitian. I highly recommend the ASPHN Courage in Leadership Cohort. Watch for the 2024 application in the December issue.

My Experience
The **Courage in Leadership Cohort** provided a unique experience to:
- gather and have authentic discussion with mentors and peers
- reflect on how the new information could meaningfully impact the way I lead,
- improve my self-awareness, leadership qualities, and essential knowledge of diversity, equity, and inclusion in the workplace and beyond.

My Growth
The experience advanced my confidence to lead initiatives and projects, navigate change and difficult conversations, and pursue leadership opportunities in the future.

Inspiration

Member to Member: Discuss and Share in the Medicaid 1115 Waiver Workgroup

Hello! I am Robin Stanton. I am on a mission to guide the development of food and nutrition services through the Medicaid Section 1115 waiver process. These waivers allow states to seek the Centers for Medicare and Medicaid Services (CMS) approval to test innovative approaches to delivering Medicaid services.

Join me in the new Medicaid 1115 Waiver Workgroup, an ASPHN Policy Committee networking subgroup. We will learn about this new area of nutrition together through dialogue, resource sharing, and team support.

Through my involvement in Oregon's waiver process over the past few months, I have gained a lot of insight into crafting definitions and implementation guidance for food and nutrition services.

Have you been involved in the waiver process, or are you looking to get involved? [Opportunities for this work](#)
"The opposite of belonging is fitting in. Belonging is belonging to yourself first. True belonging doesn’t require you to change who you are, it requires you to be who you are. And that’s vulnerable."
- Brene Brown

To get connected, email Michelle Futrell at michelle@asphn.org.

**DISCOVER ASPHN LEADERSHIP**

**ASPHN CELEBRATES**

**ASPHN Health Equity Fellowship Celebrates 20 Years**

On Sunday, November 12, the ASPHN Health Equity Fellowship gathered participants, preceptors, partners, and many fans to celebrate its twentieth year of diversifying the field of public health.

"The overall vision of the Fellowship is to bring about better health outcomes for all communities. I believe we are doing that with the matriculation of each cohort," says ASPHN Health Equity Fellowship Director Dr. Steve Owens.

The business-casual event took place at the Marriott Marquis Hotel in Atlanta, Georgia.

**WIC Developmental Monitoring Project: Awardees and Results**

Congratulations to the state and territory teams implementing CDC’s “Learn the Signs. Act Early.” developmental monitoring in their WIC clinics through the WIC Developmental Monitoring Project.

**New Intensive (Funded) Participants**
Arkansas, Louisiana, New Jersey, North Dakota
(These states previously participated in Technical Assistance.)

**New Technical Assistance Participants**
Missouri, Guam
(Welcome! These participants are new to the Developmental Monitoring Project.)

A total of 25 state and territory WIC programs are included: Arkansas, Delaware, Georgia, Guam, Hawaii, Iowa, Indiana, Louisiana, Massachusetts, Maine, Maryland, Missouri, Montana, Nevada, New Hampshire, New Jersey, North Dakota, Ohio, Puerto Rico, Rhode Island, South Carolina, Texas, Utah, Wisconsin, and West Virginia.
Check out highlights from Year 5 (August 2022-July 2023) in this infographic.

LEARN MORE

Questions? Contact Amber Brown at amberbrown@asphn.org.

THIS MONTH'S MEMBERSHIP TIP
Get Recorded Trainings, Webinars, and Meetings on ASPHN.org

Check out ASPHN’s newly revamped Trainings, Webinars, and Meetings page and make just one stop to find previously recorded ASPHN events on demand.

From the top of the page, browse a list of categories or use the search feature. Each entry now includes the event date and themes.

Catch up quickly on a webinar you missed or share your favorite training with colleagues. They are available for you on your time.

Want more benefits?

APPLY FOR MEMBERSHIP TODAY!

WELCOME TO OUR NEW MEMBERS

ASPHN members are committed to thinking outside the box and advancing new approaches to bring about greater health for all people through nutrition in policy, systems, and environments.

In October we gained the perspective, wisdom, and experience of 22 new members. Thank you for joining us! We look forward to participating with you in webinars, committees, and council meetings.

General Members

Olivia De Alba in the NM Dept of Health
Jennifer Doud, MS, RD, CDN in the NY State Dept of Health
Shelly Timmons, MPH, MS in the SC Dept of Health

WIC Dept of Health
Jenny Keeley, MS, RDN, CD
Suzanne Polacek, RDN, CD, CLS
Angelia Wilks-Tate, MS, RDN, CD, CLS

Associate Members
Shannon Adams, student at Appalachian State University (NC)
Kennedy Baggott with VT WIC
Aisha Ford, RD, LDN with Onslow County Health Dept (NC)
Sherifa Iddrisu, PhD, student at the University of TN
Jenna Martin, MS, RDN, LDN, lecturer at the University of TN

Students at University of MN
Moriah Cebulla
Scott Hoang
Anna Horsch
Hsin Yun Huang
Anna Kohlnhofer
Megan Lampright
Jenny McGowan
Serenity Toney
Sara Wells
Caroline Wilcox
Susanna Zheng

DISCOVER MORE BENEFITS WITH ASPHN

ASPHN Membership
Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation. Not a member yet? Apply today!

Follow ASPHN On Social Media
Did you know that ASPHN posts to its social media channels regularly? Be sure to follow us on the channels below to keep apprised on current public health nutrition events, resources and much more!

Facebook • LinkedIn • Twitter • Instagram

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