FROM THE EDITOR
Live Boldly with ASPHN

It’s Spring and nature’s new growth is all around us. At ASPHN, we also see new growth in the spirit of people, our members. People who are living boldly and daring to grow beyond the limits of oppression and societal conditioning, into flourishing cultural fullness. Join us and add to the many spaces that bring forward the energy from our day-long diversity session at the 2023 ASPHN Annual Meeting.

In This Newsletter
- Be led by Native American practice in land stewardship and food sovereignty at the 2024 Annual Meeting.
- Share your lived experience to advance the inclusive support of all ASPHN members with Teresa Jones.
- Expand your trauma-informed public health practice.

THIS MONTH’S HIGHLIGHTS

Submit Annual Meeting Poster Session Applications by April 15

Get guidance for submitting application and poster abstracts here.

The application deadline of April 15th is approaching quickly. The deadline is firm, there will be no extensions. Poster subject must be nutrition or physical activity.

June in Minneapolis:
2024 ASPHN Annual Meeting
Minneapolis, MN

Integrating Nutrition and Health:
Nourishing People + Planet
June 9 – June 11, 2024
Embassy Suites
Downtown Minneapolis, MN

The Nourishing People and Planet theme is weaved through key presentations, including:
- Food is Medicine, American Heart Association
- Food Sovereignty, North American Traditional Indigenous Food System
- Climate Change, University of Minnesota Extension

Get details about the meeting and the draft agenda are here.
Notification will be sent out by May 1st. A contest will be held for student submissions.

Please share this information with your colleagues and students.

June in Minneapolis: ASPHN’S 2024 Farm to ECE Convening

ASPHN’S Farm to Early Care and Education (ECE) Convening: Cultivating Connections
June 11-13, 2024
Embassy Suites Downtown Minneapolis, MN

Gain knowledge and tools to build capacity for equitable, comprehensive Farm to ECE at the state or local level.

- Comprehend the significance of outdoor learning environments and Farm to ECE on children’s resilience.
- Connect and learn with other dedicated Farm to ECE advocates across the nation.
- Carry forward new enthusiasm for exploring and implementing innovative Farm to ECE practices.

LIMITED REGISTRATION AVAILABLE

ENHANCE YOUR PRACTICE

FARMWISE: Apply By April 30 for Support to Advance Farm to CACFP

1. Get the application and information packet for FARMWISE, a Farm to CACFP institute and learning collaborative.

Partnering with USDA, ASPHN will administer the first FARMWISE, a collaborative space where ten state coalitions will explore state-level approaches to advance Farm to CACFP and increase young children’s access to healthy

Next Level Practice: Trauma-Informed Approaches and Harm-Reduction Principles

Join us for this ASPHN and FSGC co-sponsored webinar that builds on knowledge learned in the first webinar of the “Trauma-Informed Approaches and Harm Reduction Principles in Public Health” series.

Trauma-Informed Approaches and Harm-Reduction Principles in Action
Presenter: Margaret Chaykin, Washington State Department of
environments and local foods.

2. View a recorded webinar for clarity and context. Apply by April 30.

Increasing Farm to CACFP statewide will increase local food procurement, expand young children’s access to healthy food, promote lifelong healthy eating habits, and create a cohort of young children primed for successful Farm to School programs.

3. Gain these FARMWISE benefits:
   - Network and learn with other motivated Farm to CACFP advocates.
   - Attend annual FARMWISE Institutes (3-day Summits, in-person and online).
   - Receive tailored technical assistance.
   - Workshop issues and barriers to Farm to CACFP in your state, with peers.
   - Learn Farm to CACFP best practices from experts in the field.
   - Funding support for 3 coalitions.

For more information or technical assistance with the FARMWISE application, contact Rey Cooley at rey@asphn.org or 814-255-2829 ext. 724.

Health
1:00 PM ET, April 29

Dive deeper into how to apply these concepts with an emphasis on public health nutrition.
- Revisit the importance of trauma-informed approach and harm reduction principles
- Review the role of trauma in chronic disease development
- Identify opportunities to intervene with respect to nutrition

This webinar will culminate by applying frameworks that can guide health departments in addressing health equity, and the influencing social drivers, at many stages of progress. Resources will be provided.

Questions? Contact Shana Patterson Holland at shana@asphn.org.

GET ACTIVE WITH ASPHN

Seen, Heard, and Valued! Improve ASPHN by Sharing Your Lived Experience

ASPHN exists for you, and we need your input to position ASPHN as your best possible resource!

To better understand how we are meeting your needs, we invite members of historically marginalized or underrepresented people groups to join us for a 30-minute, one-to-one information-gathering conversation.

With humility, ASPHN is here to listen, learn, and grow with you. Together, we can foster an environment where everyone feels seen, heard, and valued. Responses will be accumulated separately and shared namelessly, as one voice.

Next, we will invite volunteers to participate in a workgroup to help clarify concerns, develop strategies, and create an action plan for ASPHN’s inclusive engagement, support, and impact processes.

Share your experience! Contact Teresa Jones at teresa@asphn.org by April 22.

Member to Member: A Student Perspective on the Annual
I’m Emilie Holloway, MS, RDN, ASPHN’s 2023-2024 Student Board Representative. As a student, I’ve had the privilege of attending several conferences of a variety of health-related professional organizations.

I highly encourage students to attend the 2024 Annual Meeting so you, too, can see the value of being a member of ASPHN! Join me at the for-students session on Sunday, June 9th. More details will be coming soon.

Let’s be honest. Attending large professional meetings can feel overwhelming for students. Often, I have worried about feeling out of place, like I don’t belong in these settings with highly experienced professionals.

But at the 2023 ASPHN Annual Meeting I felt invited to the table! People were genuinely interested in learning from those around them, including students. I’ve realized ASPHN is filled with kind, intelligent, and welcoming people.

I also found the student session to be a fun place to engage with one another, share ideas, and network.

Attending the ASPHN Annual Meeting was one of the best decisions I made last year. I truly hope to meet you there this year!

THIS MONTH’S MEMBERSHIP TIP
REFRESH YOUR DIRECTORY LISTING

Get more benefit from your membership. Refresh your membership directory listing. This quick action can have long-term impact!

All ASPHN members are featured in our Member Directory. Each member listing includes your credentials, contact info, and an optional picture. Maximize this benefit by keeping your listing up-to-date.

Accurate listings allow you to have timely contact with peers as well as with others seeking your expertise. These contacts can lead to resource sharing, collaborations, job opportunities and other helpful connections.
WELCOME TO OUR NEW MEMBERS

ASPHN members are committed to taking collective action that brings about greater health equity through nutrition in policy, systems and environments.

In March we gained the action-power of an amazing 53 new members. Thank you for joining us and sharing your strength!

General Members

New York State Department of Health
Morgan Almquist
Dahlia Brathwaite, MS, RD, CLC
Charles Brewster, Jr., MBA, RDN, CDN
Lucinda Caruso, MPH, RD
AmyLynn Clarke, MPA, RD
Jessica Collins, RD
Xiaoyu Duan, RDN
Samantha Edgar, MS, RD, CDN
Dylan Farnan, MS, RDN, CLC
Jennifer Ferrentino, MS, RDN
Beth Huber, RD
Nancy King, MS, RD, CDN
Cynthia Lewis
Nancy Mendillo, RDN
Rhonda Mona, MPH, RDN, CDN
Jeannie Ng
Emma Schmitt, RD
Karen Trbovich, MS, RD, CDN
Sarah Wilfred, RDN, CDN

Missouri Department of Health
Emily Campbell
Thomasine Slater
Sara West

Texas Department of Health
Camilla Ekker-Runde, MS, RD, LD
Angela Henry, RD, LD
Madeline Lasell, MPH, RD, LD, CDCES

New Hampshire Department of Health
Hailey McAlary, MS, RD,CLC
Tara Westenhiser, MPH

Tasha Cadwallader in the Nevada Department of Health
Katie Damon, RD, LD, IBCLC in the Iowa Department of Public Health
Michael Ellis in the Hawaii Department of Health
Morgan Hartline, MS, RD in the Washington State Department of Health
Laura Holtrop Kohl, MS, RDN in the Utah Department of Health
Lindsay Nelson, MCHES in the Minnesota Department of Health
Charlotte Patton, MPH, RDN, IBCLC in the North Carolina Department of Health
Barbara Roberts, MS, RDN, LD, CDCES in the Alabama Department of Health
Becky Welp, MS, RDN in the Arizona Department of Health

Associate Members

APPLY FOR MEMBERSHIP TODAY!
University of Minnesota Students
Atika Bashari
Idil Hassan

Appalachian State University Students
Vernadette Delos Santos
Bernice Rand and Rebecca Sousa

Vemala Devi Balakrishnan, MPH, CHES with Marion County Public Health Department (IN)
Nicole Daniels, student at University of North Carolina Chapel Hill
Mim Gaines, retired (AL)
Amelia Gelnett, MPH with Food Pantries for the Capital District (NY)
Kaylan Hebert, recent graduate (MI)
Danielle Lundstrom, MPH, RDN with San Francisco Department of Health
Dayan Queiroz, student at University of Florida
Mayra Rascon, student at UCLA
Chahat Sharma with Children's Hospital of Michigan
Leanne Skehan, DCN with Southern New Hampshire University
Ashley Wentworth, MPH with Michigan State University

Appointed Member
Rebekah Willoughby, MPH, in the Nebraska Department of Health

DISCOVER MORE BENEFITS WITH ASPHN

ASPHN Membership
Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.
Not a member yet? Apply today!

Follow ASPHN On Social Media
Did you know that ASPHN posts to its social media channels regularly? Be sure to follow us on the channels below to keep apprised on current public health nutrition events, resources and much more!

Facebook • LinkedIn • Twitter • Instagram

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ASPHN is a 501(c)3 non-profit membership organization. We provide national leadership on food and nutrition policy, programs and services.