ASPHN Annual Meeting: INTEGRATING NUTRITION + HEALTH: NOURISHING PEOPLE + PLANET

ASPHN Annual Meeting
Embassy Suites
12 Sixth Street South
Minneapolis, MN

The Nourishing People and Planet theme is woven through key presentations, including:

- Food is Medicine, American Heart Association
- Food Sovereignty, North American Traditional Indigenous Food System
- Climate Change, University of Minnesota Extension

Want to know more? Get all the details about the meeting and a draft agenda on our Annual Meeting webpage.

THIS MONTH’S HIGHLIGHTS

Improve ASPHN by Sharing Your Lived Experience

Live boldly! ASPHN is here to listen, learn, and grow with you as you infuse the field of public health nutrition with wisdom from your lived experience.

To better understand how we can support you, ASPHN consultant Teresa Jones is inviting members of historically marginalized or underrepresented people groups to 30-minute, one-to-one information-gathering conversations.

Teresa Jones, a former ASPHN member from Alabama, brings her wisdom to ASPHN, co-leading the Courage in Leadership program and managing the CDC, DNPDAO Nutrition and Physical Activity Traineeship program.

Contact Teresa by May 22nd at teresa@asphn.org to share!
ENHANCE YOUR PRACTICE

Fresh Resource: An Adventure into CDC’s State Nutrition Data Sources

Success with State-Level Nutrition Data Sources
Thursday, May 23rd
1:00-2:00 PM ET

Presenter: Reena Oza-Frank, PhD, MS-MPH, RDN; Epidemiologist, Healthy Food Environments Team, Obesity and Prevention Control Branch, Division of Nutrition, Physical Activity, and Obesity at CDC

This National Fruit & Vegetable Nutrition Council webinar offers great benefits!

- Get a bird’s eye view of the CDC’s Division of Nutrition, Physical Activity, and Obesity priorities.
- Collect information about the Division surveillance activities, programs, and resources.
- Explore the Division’s Data, Trends, and Maps interactive database and its national and state-level data about the American health status, health behaviors, and the policy environment.

Register Now: Diversify Dietetics Three-Day Hybrid Summit!

Diversify Dietetics Summit
Georgian Terrace Hotel, and Online June 7-9

The Diversify Dietetics three-day hybrid event is designed to teach nutrition and healthcare professionals and students how to positively impact the diverse communities we all serve.

It is the largest gathering of Black & African Diaspora, Indigenous, Latine, Hawaiian Native, Pacific Islander, and Asian Diaspora nutrition and dietetics students, interns, and professionals.

Register by May 31.

GET ACTIVE WITH ASPHN

MEMBER to MEMBER: Chidera Anigabor on the Dietary Guidelines

Hello! I am Chidera Anigabor, a recent
graduate with a Master’s degree in public health nutrition. I am on a mission to improve diet-related chronic disease prevalence. My leadership is expressed through nutrition education along with strong nutrition policies and programs for the American people and our neighbors across the globe.

**Invitation to Involvement**

I personally want to invite you to join the ASPHN Policy Committee’s 2025-2030 Dietary Guidelines for Americans (DGAs) workgroup. Help draft comments on the impending DGAs now through September. These federal guidelines impact the nutrition quality of food programs and the accessibility of healthy foods for everyone.

**A Satisfying Experience**

I am getting my feet wet in public health. Working collaboratively with other policy committee members to draft the comments to USDA about WIC food packages and benefits was a noteworthy experience.

I hope to meet you at our next meeting! To get connected, email Michelle Futrell at michelle@asphn.org. For more information about the goals and meeting times of the DGA workgroup. I know our time together will be fruitful!

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**STUDENTS**

**Get More from ASPHN Student Membership this Summer**

Build your professional experience by passive or active participation in small group committees or councils. [Learn how and discover the benefits!](#)

Students at the University of Minnesota highlight even more opportunities available for student members in this fresh ASPHN video. Get the vision and motivation to follow their path or forge your own.

**MEMBER BENEFITS**

**Traineeship: Students Paired with Top-Notch Preceptors**

Congratulations to these student-preceptor parings.

1. Miki Suarez-Thai, MPH (BS in Nutritional Sciences and Dietetics) from the University of Washington, is paired with Erin Raczyński and Noelle Veilleux-Markham at the Arizona Department of Health...
A wonderful array of students have been chosen for the CDC’s ASPHN DNPAO Nutrition and Physical Activity Traineeship, June–July, 2024.

The ten students will complete 240 hours of experiential learning at state health departments or similar organizations that prioritize nutrition and physical activity-related environmental, systems, and policy interventions advancing health equity and addressing health disparities.

For more information about the Traineeship, contact Teresa Jones at teresa@asphn.org.

1. Kammy Proctor, MPH Public Health Concentration from Columbia University, is paired with Jesica Vezina and Randi Derb at the Oklahoma Department of Health and Human Services, Phoenix, AZ (virtual)

2. Nicole Daniels, MPH Nutrition Concentration from the University of North Carolina at Chapel Hill, is paired with Paula Kressler and Armand Turner at YMCA / Healthy Savannah, Savannah, GA (in-person)

3. Astarl McCallum, senior in Health Science, Exercise Science minor from Tennessee State University, is paired with Kathryn Bernstein and Sarah Flores at the Illinois Public Health Institute, Chicago, IL (hybrid or virtual)

4. Janet Mejia, senior in Nutrition and Dietetics from the University of Northern Colorado, is paired with Emily Dunham and Sarah Cummings at the Marion County Public Health Department, Indianapolis, IN (hybrid)

5. Case Garza, MS Health Behavior and Health Education from the University of Texas at Austin, is paired with Mary Bovenzi and Sonia Carter at the Boston Public Health Commission, Boston, MA (hybrid)

6. Cynthia Simpson, MS and Dietetic Internship from Utah State University, is paired with Ashley Bradshaw and Caroline Messerschmidt at the Michigan Department of Health and Human Services, Lansing, MI (virtual)

7. Jones Ampadu Adjei, MA Exercise Science, Physical Education, Wellness; DPH: Preventative Care from Tennessee Tech University and Loma Linda University, respectively, is paired with Sarah Ginnetti and Julia Hansel at the Ohio Department of Health, Columbus, OH (flexible)

8. Evelyn Grijalva-Martinez, MPH Nutritional Sciences from the University of Washington, is paired with Jeremy Morrison and Lauran Larson at the Oklahoma State Department of Health, Oklahoma City, Oklahoma (virtual)

9. Nora Portillo, dual MPH/MS Health Education and Health Communication from John Hopkins University, is paired with Lesley Jimenez and Lauren Maxwell at the Texas Department of State Health Services, Austin, TX (virtual)

10. Scott Hoang, MPH Nutrition from the University of Minnesota Twin Cities, is paired with Stefanie Bugasch Scopoline and Kelli Stader at the Wisconsin Department of Health Services, Chronic Disease Prevention Unit, Madison, WI (virtual)
Both new and experienced members will gain fresh insight into what ASPHN does and the benefits of membership.

**ASPHN Member Orientation Webinar**  
**Thursday, May 30**  
**2:00 - 3:00 PM ET**

Find opportunities to learn and lead in your passion areas through committee and council involvement. Plus, you will be able to meet and network with some of your national colleagues.

Before the webinar, browse through our **Member Orientation Self-Paced Module**. We will reference information from this module and answer any questions you may have.

**Register in advance**. You will receive a confirmation email with instructions to join the meeting. It will be recorded for those who are not able to attend live.

Questions? Contact Amber Brown at amberbrown@asphn.org.

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**Election Results:**  
**Welcome ASPHN Newly Elected Leaders**

Congratulations to ASPHN's newly elected board members. This group has committed to making healthy living the easy choice for all people by guiding ASPHN to achieve its strategic plan goals.

**Election Results**
- President-Elect: Cheryl Hill (TN)  
- Treasurer: Denise Chapel (CA)  
- Directors at Large: Leslie Lewis (LA), Jamie Stang (MN), and Julie Sundermann (NC)  
- Governance Committee: Tomi Akanbi (NY), Lita Chatham (AL), and Martha Henze (CO)  
- Fruit & Vegetable Nutrition Council Chair Elect: Marianne Lindgren (NC)  
- MCH Nutrition Council Chair Elect: Praise Tangbe (CT)  
- Healthy Food, Active Communities Chair Elect: Amanda Harner (GA)

These newly elected members begin their board terms in August 2024 and will join President: Melissa Lonsberry, Past President: Becky Adams, Secretary: Emily Bash, Directors at Large: Tiffani Grant and Narissa Scales, MCH Nutrition Council Chair: Steven Ortiz, Fruit and Vegetable Nutrition Council Chair: Gbadebo Odularu, and Healthy Food, Active Communities
WELCOME TO OUR NEW MEMBERS

ASPHN members are committed to taking collective action that brings about greater health equity through nutrition in policy, systems and environments.

In April, 24 new people made this commitment by becoming members and we couldn’t be happier. Thank you for joining us and sharing your strength!

**General Members**
- Julie Chessen, MS, RDN in the California Department of Social Services
- Madison Fellenz, MPH in the California Department of Social Services
- Stephanie Lawson in the California Department of Social Services
- Elizabeth Moreno, MS, RD in the California Department of Social Services
- Michelle Nelson, MDA, RDN in the California Department of Social Services
- Stephanie Salazar, RD in the California Department of Social Services
- Kellie Bentley, RD, LD in the Kansas Department of Health
- Acacia Corylus, MPH, RD in Washington SNAP-Ed
- Yetunde Fadipe in the University of Tennessee Institute of Agriculture
- Teresa Henson, PhD, MS and Jessica Vincent, EdD, CPH at University of Arkansas Cooperative Extension
- Karen Sites, MEd, RD in the Texas Department of Health
- Mallory Smith in the North Carolina Department of Health
- Danielle Tropea, MPH, IBCLC in the New Jersey Department of Health

**Associate Members**
- Shelli Breadon and Talia Hutton, students at Appalachian State University (NC)
- Jenny Breen, MEd, MPH (MN)
- Dana Dychtwald, PhD, MPH, MS and Patrice Paolella, MPH, RDN, CDCES at Rutgers University (NJ)
- Melissa Fuster, PhD and Megan Herrington, MPH at Tulane University (LA)
- Celine Heskey, DrPH, MS, RDN at Loma Linda University (CA)
- Deepa Mathew, student at Valencia College (FL)
- Noereem Mena, PhD, RDN, LD at University of New Hampshire

**DISCOVER MORE BENEFITS WITH ASPHN**

**ASPHN Membership**
Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.

Not a member yet? Apply today!

**Follow ASPHN On Social Media**
Did you know that ASPHN posts to its social media channels regularly? Be sure to follow us on the channels below to keep apprised on current public health nutrition events, resources and much more!

Facebook • LinkedIn • Twitter • Instagram
ASPHN is a 501(c)3 non-profit membership organization. We provide national leadership on food and nutrition policy, programs and services.