

Welcome!!

Please type in the chat box your name, area of work, and email address (if comfortable)

*Only include your email address if you're comfortable with it being shared with other attendees after the webinar



Welcome to the Association of State Public Health Nutritionists

Come inside to learn more
about your membership.

**The Association of State Public Health Nutritionists (ASPHN)
Member Orientation**

What is ASPHN?

Over 850 members

Our Mission:

To improve public health by creating and strengthening equitable nutrition policies, systems, environments, and programs for all people through development of diverse public health nutrition leaders and collective action of members nationwide.

Our Vision:

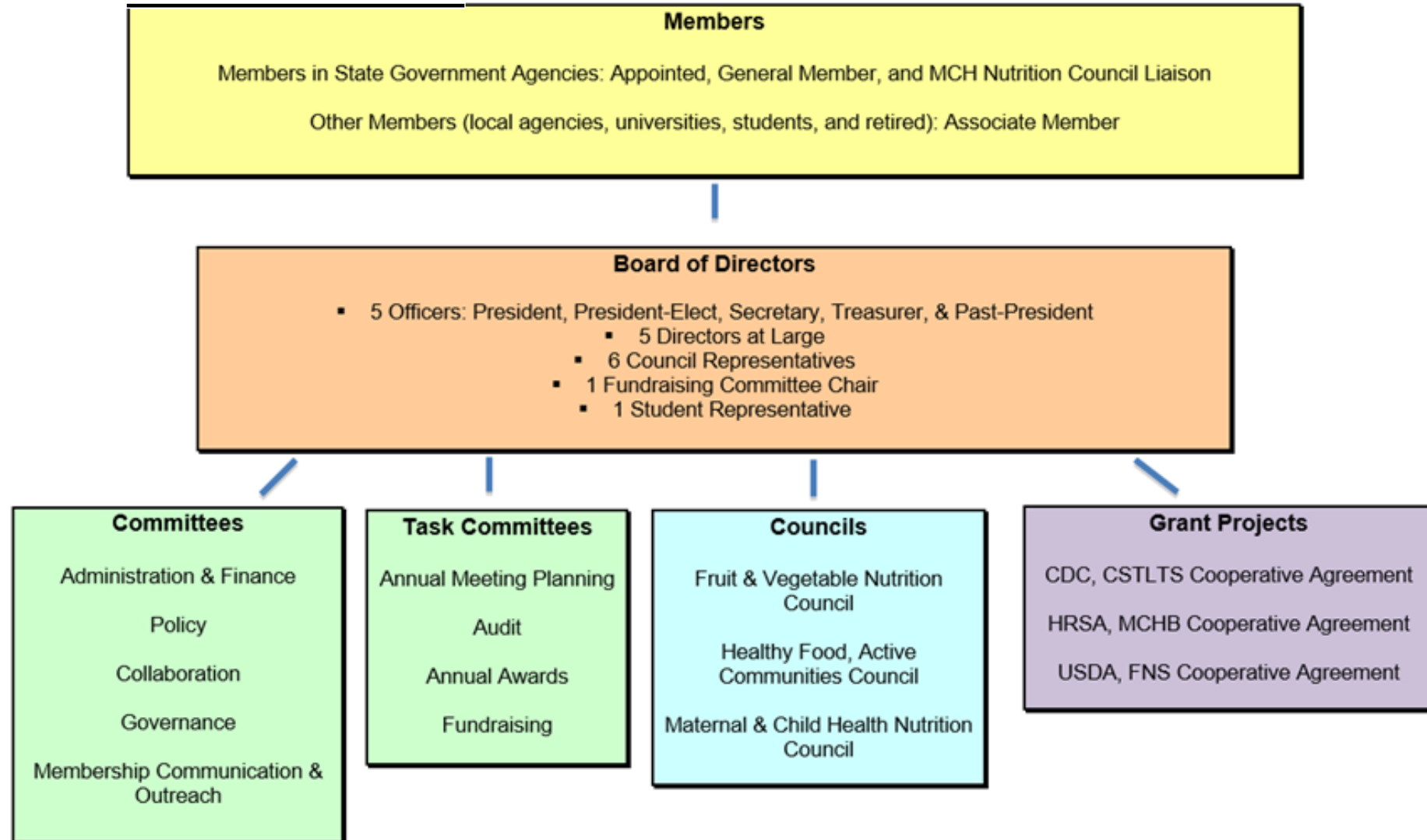
All people live in thriving and resilient communities supported by sustainable food systems.

What is ASPHN?

Goals:

- 1. Membership Engagement.** Maximize membership engagement.
- 2. Professional Development.** Strengthen members' knowledge and skills.
- 3. Collaboration.** Cultivate diverse, strategic partnerships to fulfill priorities.
- 4. Policy.** Support equitable policy, system, and environmental (PSE) changes.
- 5. Career Development.** Advance PHN as a profession at all career stages.
- 6. Internal Operations.** Maintain sufficient resources to sustain continued operations.

Organization Chart





Consultants

- Virtual Model
- Consultants support the Committee, Council and project work of the Association.
- Currently 20+ Consultants

<https://asphn.org/contact-asphn/>



Types of ASPHN Membership

- Appointed Member
 - Appointed by the State Health Official; employee of the public health dept
- General Member
 - State level public health nutritionist
- Associate Member
 - Those who don't fall under General Member
 - Student/Emerging Professional
 - Retired Member

Funding Partners

- CDC:
 - Division of Nutrition, Physical Activity and Obesity (DNPAO)
 - Division for Heart Disease and Stroke Prevention
 - Division of Defects and Developmental Disability (NCBDDDD)
- HRSA, Maternal and Child Health Bureau (MCHB)
- USDA, FNS; Farm to CACFP: Win for Farmers, Students, and Educators (FARMWISE)

Stay Up to Date with the Latest ASPHN News

- Monthly Newsletter
- Social Media Channels (Instagram, LinkedIn, Facebook, Twitter)
- ASPHN.org home page
 - Monthly Themes
 - New Products
 - Sign-ups
 - Member Spotlights



Benefits of Membership and Web Tour



Connect with Other Members



Resources



Monthly e-Newsletter

Making the Most of My Membership and Getting Involved



COUNCILS



COMMITTEES



WORK GROUPS

Councils

- National Fruit & Vegetable Nutrition Council
- Healthy Food, Active Communities Council
- Maternal & Child Health Nutrition Council



Committees

- Policy (*open to all members*)
- Collaboration (*open to all members*)
- Membership Communication & Outreach (*open to all members*)
- Governance
- Short Term Committees (*Annual Meeting Planning Committee*)

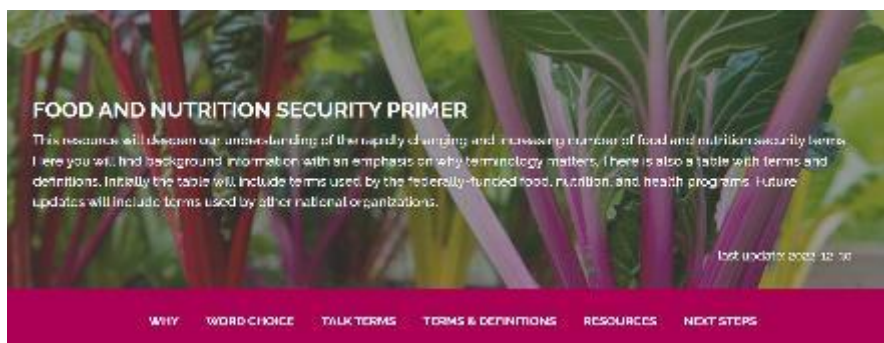




Work Groups

- CACFP Work Group
- WIC Work Group
- Student Engagement Work Group
- MCH Diversity, Equity, and Inclusion Work Group
- Thoughtful Advisors for ASPHN's Work to Prioritize Equity, Inclusion, and Disparities Work Group
- Annual Awards Selection Committee
- Student Board Representative Selection Committee

ASPHN Products and Grant Projects



See It. Say It. Share It.

Start the Conversation With Catchy Sound Bites

Curious about public health nutritionists? You've come to the right place. We're the Association of State Public Health Nutritionists and we've developed some catchy sound bites to help you learn what our members do. The sound bites are easy to remember and fun to use, and they're getting the conversation started about public health nutrition. Check out our resources and start sharing the sound bites with friends, colleagues, and social media. Together, let's spread the word!



Vegetable & Fruit Call to Action

- Call to Action
- Checklist for Change
- Come to the Table
- Next Steps



- <https://asphn.org/call-to-action-vegetable-and-fruit-consumption/#cta>

Food & Nutrition Security Primer

- Food and Nutrition Security Terms
 - Background on why terminology matters
 - Table of terms and definitions.
 - Updated frequently
-
- <https://asphn.org/food-and-nutrition-security-primer/>



Infant Transition Feeding Briefs

- Complimentary feeding briefs based on the DGA's to assist nutrition professionals in supporting families' cultural preferences
- East African, Ukrainian, and Native American Families
- Coming soon: Afghan Families
- <https://asphn.org/transition-feeding-brief/>



Categories of Practice Website

(PublicHealthNutrition.org)



Child & Adult Care Food Program (CACFP) Vegetable & Fruit Snack Menu

 CACFP Vegetable and Fruit Snack Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DATE: _____	DATE: _____	DATE: _____	DATE: _____	DATE: _____
Mango Smoothie Bowl (fruit, meat alternate)	Peanut Butter Rice Cake Faces (fruit, meat alternate)	Veggies on a Stick (vegetable) Greek Yogurt Ranch Dip (meat alternate)	Black Bean Hummus (vegetable or meat alternate) Pita Bread*	Cauliflower Popcorn (vegetable) Hummus*
DATE: _____	DATE: _____	DATE: _____	DATE: _____	DATE: _____
Zucchini Sticks (vegetable) Marinara Sauce Cheese Cubes*	Fruit on a Yummy Raft (fruit, meat alternate)	Sweet Carrot Sticks (vegetable) Cottage Cheese Dip (meat alternate)	Broccoli Bites (vegetable) Strawberry Yogurt*	Apple Wedges* (vegetable) Fruity Dip (meat alternate)
DATE: _____	DATE: _____	DATE: _____	DATE: _____	DATE: _____
Roasted Chickpeas (vegetable) Pita Bread*	Veggie Rollups (vegetable, VGS, fruit)	Lentil Soup (vegetable or meat alternate) WG Crackers*	Strawberry Banana Pops (fruit) Fruity Dip (meat alternate)	Zucchini Rounds (vegetable) White Bean Ranch Dip (vegetable)
DATE: _____	DATE: _____	DATE: _____	DATE: _____	DATE: _____
Banana Rollups (fruit, meat alternate, whole grain) Pita Bread*	Tasty Tots (vegetable) Greek Yogurt Ranch Dip (meat alternate)	Fruit Salad (fruit) Cheese Cubes*	Pumpkin Pie Yogurt Smoothies (vegetable, meat alternate) Fruity Dip (meat alternate)	Tomato Soup* Sliced Grapes*

Student Opportunities at ASPHN



- DNPAO Nutrition & Physical Activity Traineeship
- Health Equity Fellowship
- Student Board Representative
- Annual Student Networking Session
- Involvement in Councils/Committees

Grant Projects within ASPHN

- DNPAO Nutrition & Physical Activity Traineeship
- Health Equity Fellowship
- FARMWISE: Farm to CACFP
- Children's Healthy Weight State Capacity Building Program
- WIC Developmental Monitoring Project
- State Support & DNPAO Ambassador Calls
- Partnership Training Webinars



Annual Meeting

- June 9-11, 2024; Minneapolis, MN
- Theme: Integrating Nutrition + Health
- Poster Sessions
- Professional Development Opportunities; Student Sessions
- Updates from federal partners: MCHB, CDC-DNPAO, USDA
- Save the Date:
 - June 8-10, 2025
 - June 14-16, 2026



**INTEGRATING
NUTRITION + HEALTH**
NOURISHING PEOPLE + PLANET

<https://asphn.org/2024-annual-meeting/>

Questions and Networking

ASPHN... *there's never been a better time to get involved!*



“ASPHN offers a safe and welcoming environment to not only connect with other state public health nutrition professionals and learn from their success or challenges, but to develop your professional skills in leadership, public speaking, and communication.” – ASPHN Member