JULY 2024

When Challenged, Leaders Expand

ASSOCIATION OF STATE PUBLIC HEALTH NUTRITIONISTS

MONTHLY NEWSLETTER

THIS MONTH'S HIGHLIGHT

FRESH RESOURCE: LAUDING LANGUAGE FOR INCLUSIVE LACTATION

Promote and **expand** the use of language and images that reflect the diverse way people experience parenting and lactation. Use and share the Equity and Inclusive Language Toolkit!

All public health workers will benefit from applying this guidance from Breastfeeding Public Health Partners. It is perfect for program directors, grant writers, marketing departments, policymakers, and early career professionals.

Bonus: Watch the webinar that launched the toolkit and gain shared insights on the development process, highlights of key content and practical applications, and hear a success story from an organization implementing equitable language practices.

GET THE TOOLKIT

ENHANCE YOUR PRACTICE

Time to Expand: Opportunities at ASPHN

When faced with grand challenges, leaders expand. They engage with new experiences, wrestle with novel concepts, gain bright ideas, grow their skillsets, then surge forward in greater confidence and joy. Experience leadership expansion by participating in committees and councils at ASPHN.

Committees

Membership Communication and Outreach Committee (MC&O) promotes membership opportunities and guides ASPHN members and its partners regarding communication initiatives. Contact Amber Brown at amberbrown@asphn.org.

Policy Committee monitors key national issues that align with the strategic goals of ASPHN. The Committee works with ASPHN members and partner organizations to improve our communication and elevate the visibility of public health nutrition issues. Contact Michelle Futrell at michelle@asphn.org.

Collaboration Committee seeks out, strengthens, and improves ASPHN's strategic partnerships. The committee create supportive structures, processes and resources for ASPHN's Liaisons and the partnerships. Contact Shana Patterson at shana@asphn.org.

Council Leadership Teams

National Fruit & Vegetable Nutrition Council
serves as an organized voice of state public health nutrition leaders in public health planning that affects fruit and vegetable consumption. Contact Amber Brown at amberbrown@asphn.org.

Healthy Food Active Communities Council
strengthens policy, environmental change, programs, and services to decrease obesity across the nation. Contact Amber Brown at amberbrown@asphn.org.

MCH Nutrition Council provides national leadership for efforts to achieve optimal well-being through healthy eating and active living among the maternal and child health population, including those served by Title V/MCH Block Grants. Contact Sandy Perkins at sandy@asphn.org.

Committee and council volunteers generally prepare for and attend one meeting every few months, plus review materials to give guidance on special projects. That is a small amount of time considering the great impact these teams make on the health of our nation.

SHOUT IT OUT

FARMWISE Expands Farm to CACFP in Fourteen States

ASPHN announces the state coalitions selected to participate in FARMWISE, the first Farm to Child and Adult Care Food Program (CACFP) Institute and Learning Collaborative.

Alabama, Arkansas, California, District of Columbia, Georgia, Hawai'i, Indiana, Kansas, Missouri, North Carolina, North Dakota, New York, Rhode Island and Wisconsin

From July 2024 to June 2026 these coalitions will be enriched by annual FARMWISE Institutes, technical assistance, networking, and virtual learning opportunities.

The HI, MO, and NC coalitions will also receive funding to support travel and implementation costs.

FARMWISE is part of a Technical Assistance Cooperative Agreement between ASPHN and USDA. For more information, please contact Rey Cooley at rey@asphn.org.

More Farm to ECE, Please!

THIS MONTH'S MEMBERSHIP TIP

Connect and Comment and Expand Through Social Media

Get active with ASPHN on social media. Follow us on**Facebook**, **X**, **LinkedIn**, and **Instagram**. Engage with our content and enhance your online reputation as a leader in public health and nutrition.

You'll find highlights of our members and their innovative work, along with ASPHN products, programs, partnerships, opportunities and events.

Our well-chosen hashtags and tags keep the conversation current with national events and allied organizations.

Jump in! Comment, share, and like our posts. Your enthusiasm and connections help **expand** ASPHN thought leadership to reach more communities!

GET MORE BENEFITS!

WELCOME TO OUR NEW MEMBERS

ASPHN members are committed to taking collective action that brings about greater health equity through nutrition in policy, systems, and environments.

ASPHN **expanded** again in June, growing 10 members stronger. We highly value the perspectives you bring from your academic, career, and lived experience. Thank you for joining us and sharing your strengths!

General Members

- Crystal English in the Wyoming Department of Health
- Jill Guerin, RDN in the New York State Department of Health
- Lorene Harry in the New York State Department of Health
- Kimberly Sopchak, RD in the New York State Department of Health
- Veronica VanCleave-Hunty in the University of California Cooperative Extension

Associate Members

- Selina Awinbisa Agandaa, MS at the University of New Hampshire
- Sonia Carter, MS, LDN with Boston Public Health Commission (MA)
- Frankie Douglass, CLC, student at University of Michigan
- Alexandra Mack, student at Tulane University (LA)
- Nora Portillo, student at Johns Hopkins University (MD)

DISCOVER MORE BENEFITS WITH ASPHN

ASPHN Membership

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.
Not a member yet? Apply today!

Follow ASPHN On Social Media

Did you know that ASPHN posts to its social media channels regularly? Be sure to follow us on the channels below to keep apprised on current public health nutrition events, resources and much more!

Facebook • **LinkedIn** • **Twitter** • **Instagram**

Association of State and Public Health Nutritionists
PO Box 37094
Tucson, AZ 85740-7094
tel: **814-225-2829**
email: **asphn@asphn.org**

ASPHN
Advancing Health Through Leadership

ASPHN is a 501(c)3 non-profit membership organization. We provide national leadership on food and nutrition policy, programs and services.

Association of State Public Health Nutritionists | PO Box 37094 | Tucson, AZ 85740-7094 US

Unsubscribe | Constant Contact Data Notice

Constant Contact

Try email marketing for free today!