

ASPHN March 12, 2024 Farm to ECE Webinar

New Farm to ECE Resources to Build and Strengthen Farm to ECE Policy, Programs, and Systems

Speakers

Hannah Press, MPH, Senior Program and
Policy Analyst, Nemours

Jenna Rhoads, Senior Policy Analyst, The
Policy Equity Group

Jennifer Dellaport, MPH, RDN, Public Health
Consultant, ASPHN, and

Nemours Children's Health Hannah Press





Nemours Children's Health Resources

Hannah Press

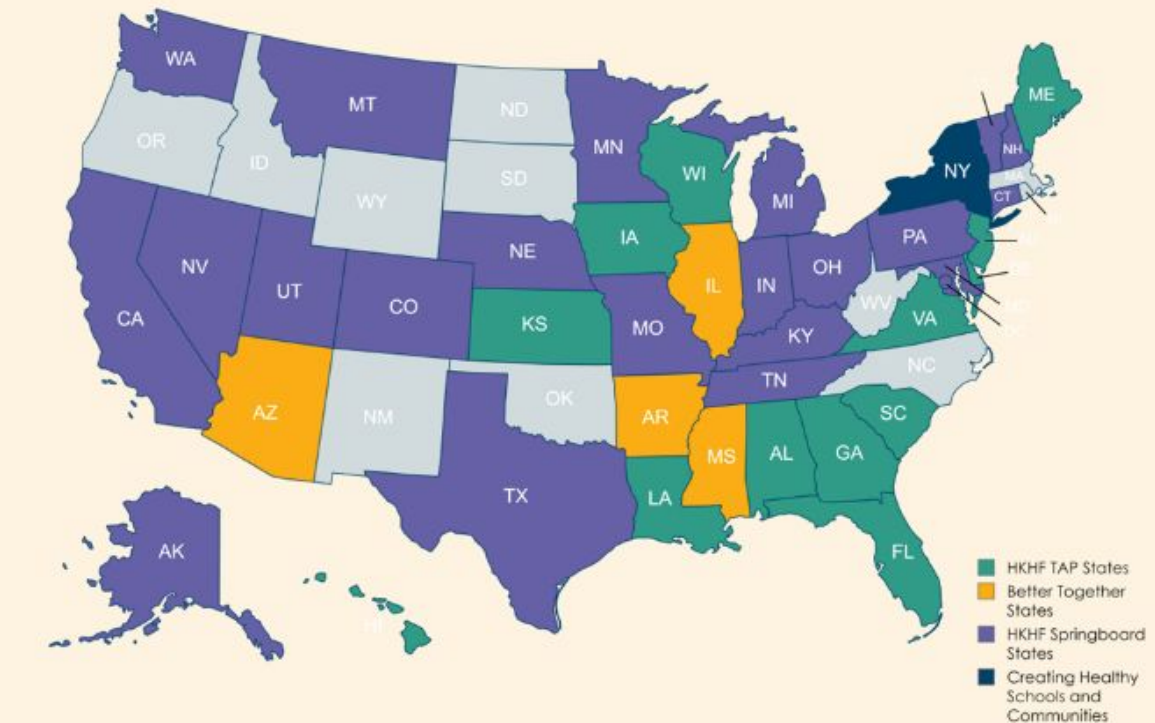


NEMOURS
CHILDREN'S HEALTH

March 12, 2024

Background

- National Office of Policy and Prevention (since 2008) has worked on projects embedding healthy eating and physical activity practices into early care and education (ECE) systems.
- Various projects including:
 - Healthy Kids, Healthy Future Technical Assistance Program (HKHF TAP) from 2018-Present
 - Better Together from 2019-2022
 - Indiana Farm to ECE Learning Collaboratives from 2023-Present



Created with mapchart.net

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Learning Collaboratives Introduction



What is a Learning Collaborative?

Community of Learners

- Networking
- Sharing resources
- Exploring research



Photo Credit: Childcare Resources, AL

Why Learning Collaboratives?

Learning Collaboratives are an effective model:

- Evidence-based guidance about ECE practices and policies
- High-quality resources for quality improvement
- Build important knowledge and skills
- Support long-term, sustainable improvements
- Provide a model for ECE programs to examine current practices and implement changes



Learning Collaborative Core Components

- Learning Sessions
- Action Periods
- Technical Assistance
- Celebrating Success

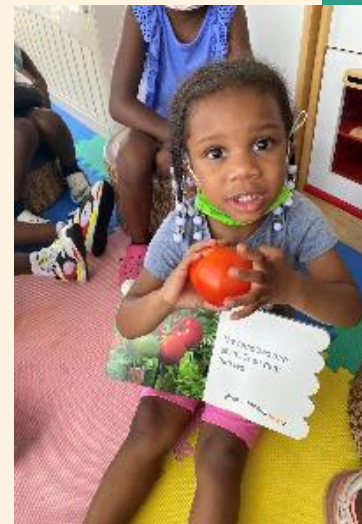


Photo Credit: Rhonda's Little Angels, IN; Childcare Resources, AL;
Lighthouse Academy, AL

Who is the Learning Collaborative model for?



State-Level

Local-Level

**ECE
Providers**

Nemours Children's Background

2012-2018

National Early
Care and
Education
Learning
Collaborative
(ECELC)

2018-2020

Healthy Kids,
Healthy
Future
Technical
Assistance
Program
(HKHF TAP)

2020-2022

Better
Together

2023

Nemours
Children's
Health
Learning
Collaboratives

A woman with long brown hair, wearing a pink shirt, is leaning over a green table, holding a small glass container with green seedlings. She is showing it to two young children, a girl with long brown hair and a boy with dark hair, who are both looking at the seedlings with interest. On the table, there is a large potted plant with green leaves and a blue watering can. The background shows a classroom setting with colorful toys and furniture.

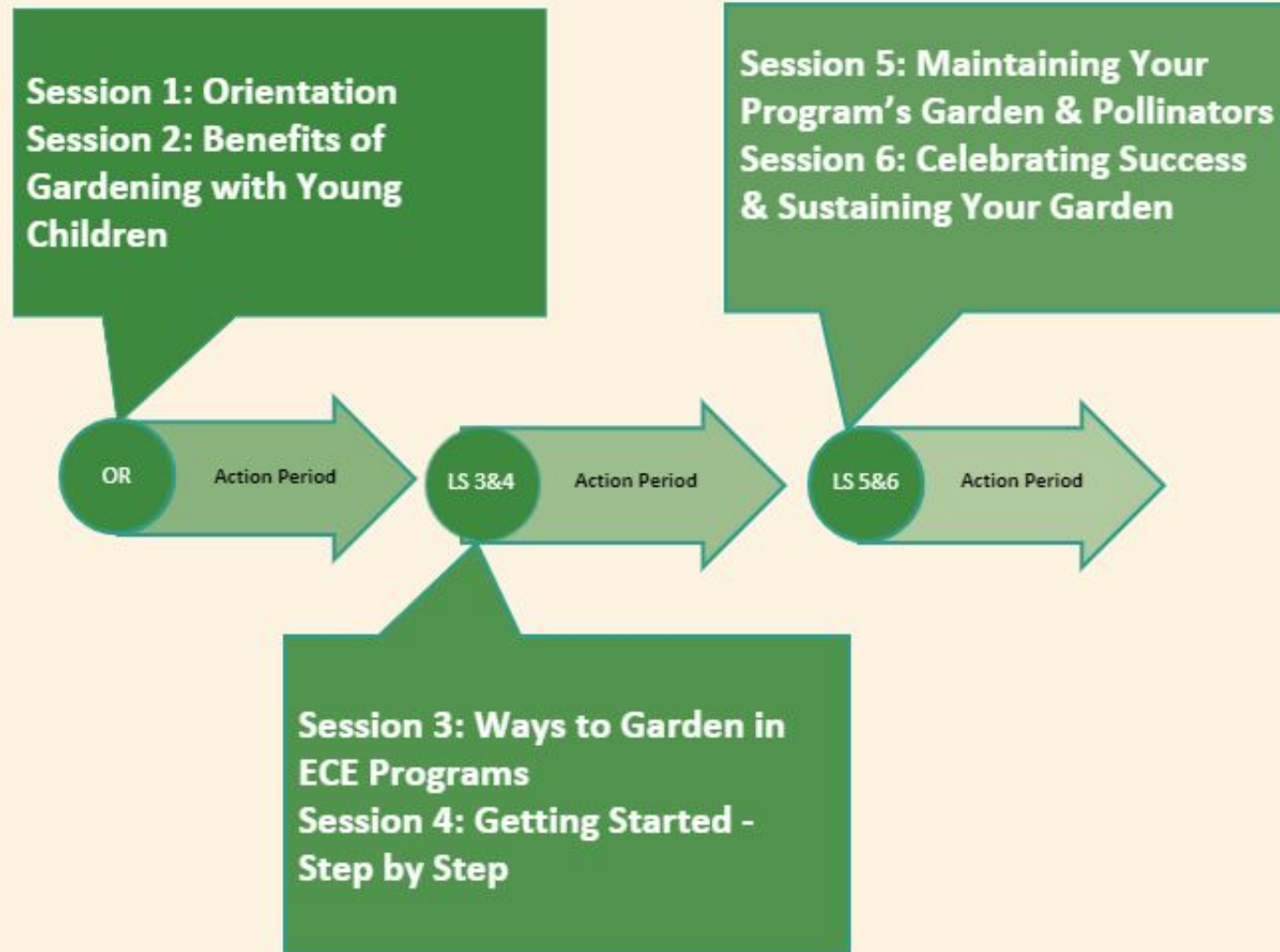
~~~~~  
**Farm to ECE  
Learning  
Collaboratives**

# Background



- Partnership began in 2022 to develop Farm to ECE learning collaborative materials.
- 3 Learning Collaboratives:
  - Gardening
  - Food and Farming Education
  - Local Foods, Healthy Kids
- Each Learning Collaborative had 15 participants.
- SPARK Learning Lab coaches deliver learning collaborative content virtually and provide technical assistance and coaching to ECE providers in the field.

# Gardening Learning Collaboratives Overview





# Learning Collaborative Resources



**NEMOURS**  
CHILDREN'S HEALTH

# Gardening Facilitation Guide



**Farm to Early Care and Education  
Learning Collaboratives:**

**Gardening Facilitation Guide**

March 2024

## Table of Contents

## Facilitation Guide

### OVERVIEW

### INTRODUCTION

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### GARDENING LEARNING COLLABORATIVE

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### GLOSSARY

# Gardening Resource Guide



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### GARDENING

|                                                 |    |
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### SUSTAINING YOUR PROGRAM'S ECE GARDEN

|                                                   |    |
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### ADDITIONAL RESOURCES

|                            |    |
|----------------------------|----|
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# PowerPoints with Notes



## Farm to Early Care and Education

Strategies and activities that increase:

- Gardening opportunities
- Access to healthy, local foods and
- Food and farming education
- Targets children ages 0-5
- Adapts to all ECE settings



Photo Credit: Clay Academy, LLC

Farm to Early Care and Education (ECE) are strategies and activities that increase: Gardening opportunities, access to healthy, local foods and food and farming education. Farm to ECE targets children ages 0-5 and adapts to all ECE settings- centers, family [child care](#) homes, ministries, Head Starts, etc.

Photo- Clay Academy, LLC (IN Farm to ECE Learning Collaborative Participant)



**Nutrition and  
Physical Activity  
Learning  
Collaboratives**



# Learning Collaboratives Overview

| Learning Collaboratives Overview                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Physical Activity:</b><br>Fostering healthy physical activity habits in infants, toddlers, and preschoolers by: <ul style="list-style-type: none"><li>• Increasing the amount of indoor and outdoor play and physical activity</li><li>• Promoting daily Child and Adult-led play</li></ul> | <b>Nutrition:</b><br>Supporting healthy eating habits in children by: <ul style="list-style-type: none"><li>• Serving healthy foods and beverages</li><li>• Increasing use of recommended feeding practices</li></ul> | <b>Breastfeeding Support &amp; Infant Feeding:</b><br>Focus on the nutritional needs of infants by: <ul style="list-style-type: none"><li>• Supporting breastfeeding and breastfeeding families</li><li>• Using responsive feeding techniques for all infants</li><li>• Addressing nutritional needs of older infants</li></ul> | <b>Screen Time:</b><br>Reduce screen time in ECE settings by: <ul style="list-style-type: none"><li>• Using screen time sparingly and only for educational purposes</li><li>• Engaging in more active, interactive, and developmentally enriching practices</li></ul> |

# How to Access the Materials

Farm to ECE Learning Collaboratives **\*Coming Soon\***

Developed in partnership with JumpIN! for Healthy Kids and SPARK Learning Lab, Nemours Children's will release Farm to ECE Learning Collaborative materials for each of the three components of Farm to ECE: Gardening, Education and Procurement. Gardening Learning Collaborative Materials will be released first. If you are interested in receiving a copy of these materials once released, please complete [this form](#).



[healthykidshealthyfuture.org/trainers/learning-collaboratives](https://healthykidshealthyfuture.org/trainers/learning-collaboratives)



# Other Farm to ECE Resources



**NEMOURS**  
CHILDREN'S HEALTH

# Farm to ECE State Success Stories & Videos



<https://healthykidshealthyfuture.org/trainers/tap/success-stories/>



Questions?

# Thank you!

[Hannah.Press@nemours.org](mailto:Hannah.Press@nemours.org)



# Policy Equity Group

Jenna Rhoads



# Local Food to Little Forks

Advancing the Purchase of Local Foods  
in Early Care and Education Settings

March 12, 2024

**Jenna Rhoads**  
Senior Policy Analyst



# Who is the Policy Equity Group?

## We Are Architects



Supporting the design of equitable early childhood systems at the local, state, and national level

## We Are Coaches



Helping organizations increase their capacity to serve young children and families

## We Are Trail Guides



Providing strategic planning for states, communities, and organizations to help them meet their goals for children and families

## We Are Bridge Builders



Connecting research, policy, and practice by ensuring that the realities of the field inform policy, and that policies enable best practice

## We Are Storytellers

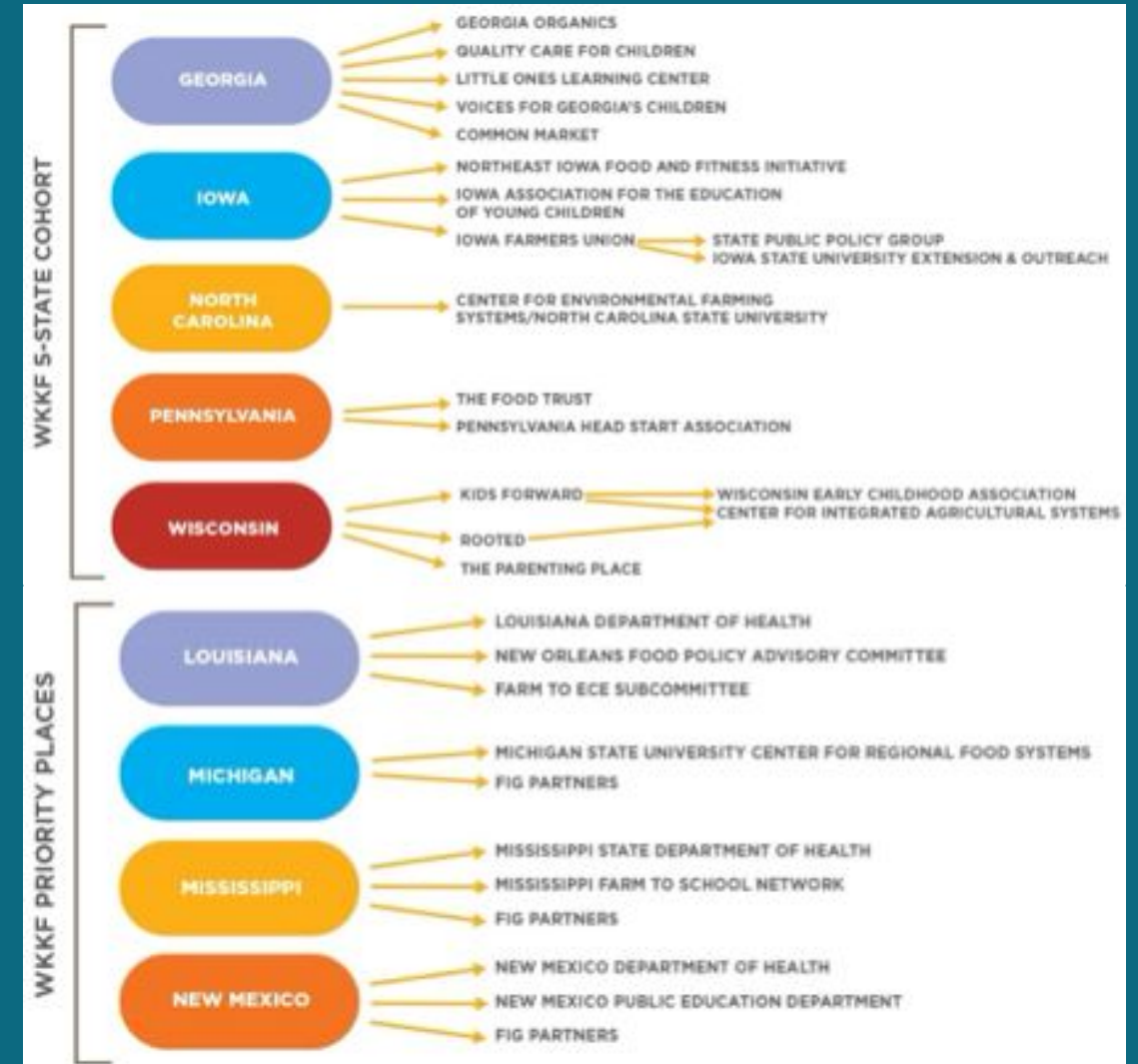
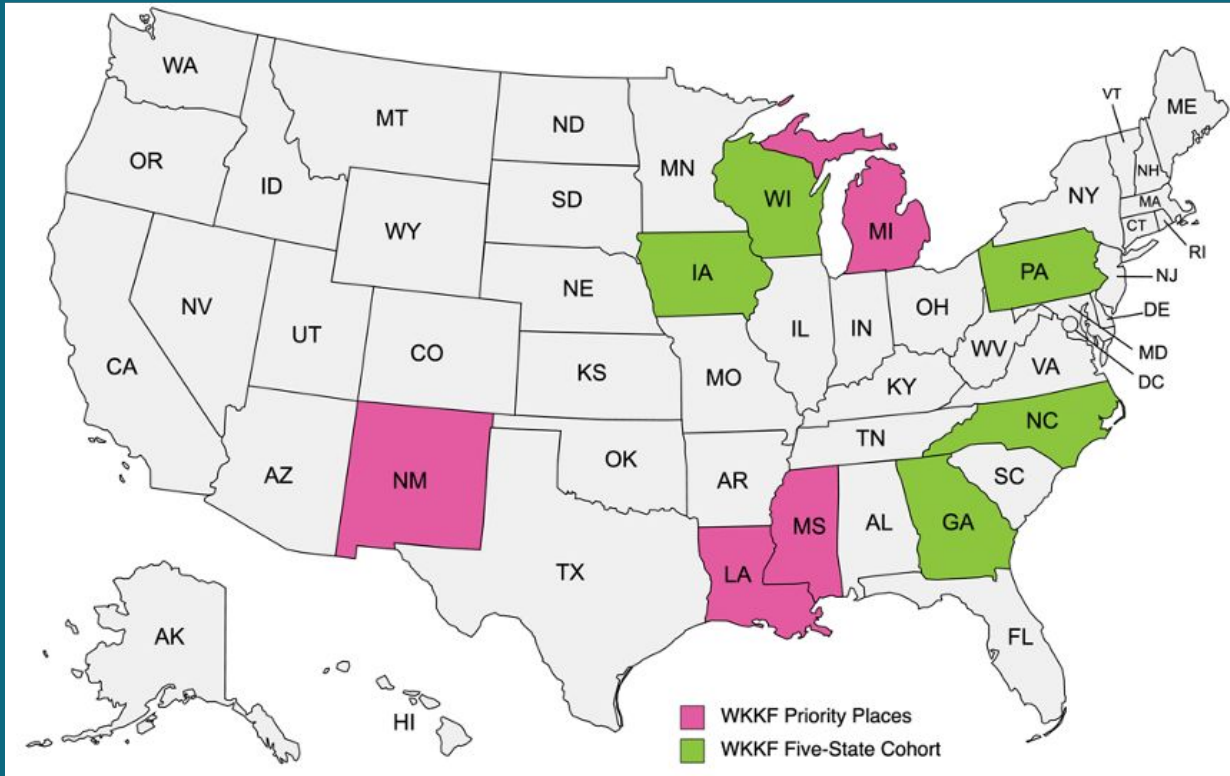


Crafting compelling narratives about the important work organizations do to share with funders, policymakers, and the public

- **Early childhood consulting group based in D.C. working at the local, state, and federal levels.**
- **Focused on building the capacity of socially conscious organizations dedicated to improving the lives of young children and their families.**

# Our History with Farm to ECE & Community of Practice

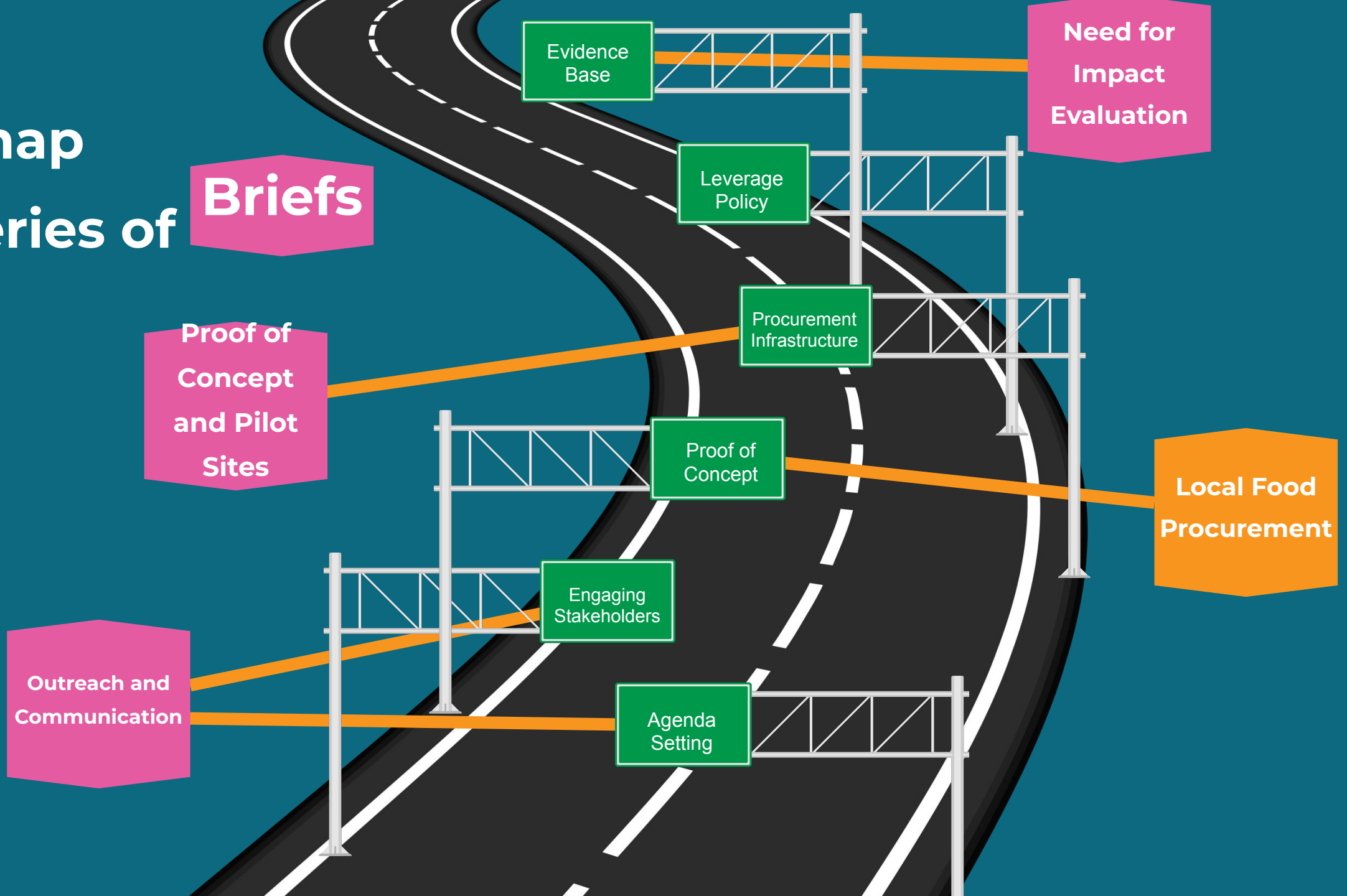
PEG supported TA in 9  
States



**Next:**

# Roadmap and Series of

**Briefs**



# Overview

- Food System and ECE System
- Challenges & Benefits
- Policy Opportunities
- State & Community Models
- Recommendations



# Challenges to Local Food Procurement in ECE Settings



**Small Order Sizes, “Little People, Little Orders”**



**Lack of Coordinated Food Procurement System**



**Staff and Kitchen Capacity**



**Children’s Taste Preferences**



**Seasonality of Produce**



**Familiarity with Food Preparation and Nutrition  
Education**



**Cost**



# Benefits of Local Food Procurement in ECE Settings

-  Provides Proper Nutrition
-  Develops Taste Preferences
-  Creates Positive Experiences with Food
-  Connects People to Local & Regional Food Systems
-  Strengthens Local & Regional Food Systems
-  Reduces Emissions Associated with Food Storage & Transit
-  Supports Values-Based Procurement



# Local Food Procurement Policy Opportunities

**Farm Bill**

**Child Nutrition  
Reauthorization  
(CNR)**

**Child & Adult Care  
Food Program  
(CACFP)**

# Local Food Procurement Community-Based Solutions

Community Supported  
Agriculture (CSA)

Collaborative &  
Aggregate Ordering

Centralized Kitchens

Food Hubs

Mobile Produce Van

State Procurement

Meal Match



# Case Studies from the Community of Practice



## Michigan 10 Cents a Meal

- Additional reimbursement up to 10 cents
- Improves nutrition, inspires healthy eating habits
- Invests in farmers and food producers



## New Mexico Grown

- State procurement system, approved vendor list
- Connects food producers and ECE programs
- Focused on smaller-scale producers



# Community Solutions in North Carolina



## Mobile Produce Van

- Aggregate produce from multiple farms
- Families, ECE staff & programs can order online
- Deliveries are distributed by the local CCR&R

## Wilkes County

## Wake County

## Wayne County



## Centralized Kitchen

- Produce is sourced from a food hub that processes and prepares the local food
- The centralized kitchen utilizes the prepared produce in meals
- Meals are delivered and distributed to Head Start and Early Head Start

## Collaborative Ordering

- ECE programs coordinate menu planning and produce orders to aggregate smaller-scale orders, allowing the programs to meet order minimums and avoid delivery fees



# Recommendations

## For Farmers & Food Producers:

- Offer half-share CSAs, pay-as-you-go CSAs, and options to order desired produce.
- Offer online ordering
- Partner with food hubs and centralized kitchens.
- Allow for smaller orders or aggregate ordering.



## For ECE Programs & Providers:

- Start small with snacks and taste tests (like carrots or apples).
- Purchase from a farmers' market or CSA.
- Connect with ECE programs to collaborate on menu planning to aggregate orders.
- Ask distributors about produce sourced locally.



# Recommendations

## For Policymakers:

- Connect with ECE professionals, parents and families, farmers and food producers.
- Research existing Farm to ECE efforts.
- Include Farm to ECE in Farm to School grants and programs.
- Examine pathways for Farm to ECE (like the Farm Bill or CCDF State Plans).



## For Food & ECE Advocates:

- Facilitate conversations between decision-makers, state agencies, ECE programs, and food producers.
- Understand how Farm to ECE can be incorporated at all levels.
- Collaborate with partners in the food system and ECE system, such as farmers and ECE providers.



# THANK YOU!

**Jenna Rhoads**

**JennaR@PolicyEquity.com**

**Website: [www.policyequity.com](http://www.policyequity.com)**

**LinkedIn: Policy Equity Group**



# Association of State Public Health Nutritionists

Jennifer Dellaport



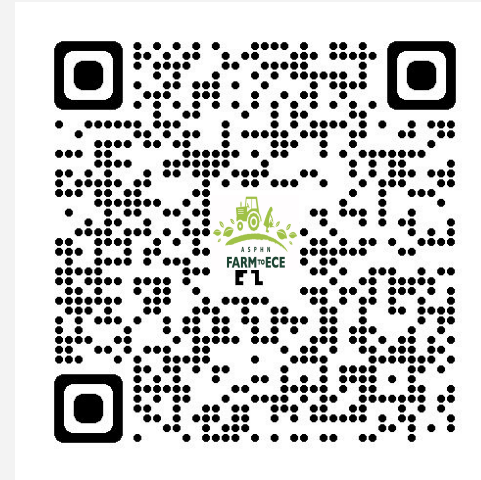
# ASPHN Farm to ECE Visioning Tools

## Assessment, Planning & Visioning

State Focused



Local Focused



*Just released!*

# Reviewer Comments

*It is a tool that lets users know what to expect, but it is also **a planning tool that helps the user identify what they already have in place.***

*Wow, what an **amazing amount of resources** contained in this document!*

*This is tremendously helpful with **cataloging achievements, identifying gaps, and encouraging evidence-based actions.***

*This will help me in this **grant writing** season.*

Make a copy

Best

Tabs:  
4 Informative  
5 Content area

Dissemination State ASPHN Farm to Early Care and Education Visioning Tool 2024.v1

File Edit View Insert Format Data Tools Extensions Help

75%

A1:A2

### Welcome to the ASPHN Farm to Early Care and Education Visioning Tool

Farm to ECE programs are an innovative evidence-based approach that give young children increased exposure and access to local produce, opportunities to learn about nutrition and agriculture, and hands-on learning through gardening. The purpose of this tool is to support **you and your network** (see "Glossary" far right tab) in whatever stage you are with **implementing Farm to ECE programming in your state**. ASPHN wants you to use it to glean ideas and use resources to help identify the technical assistance (TA) from ASPHN and other entities you want. This tool may help you assess what your efforts have achieved so far, and the directions you might plan next. Utilizing this tool will identify concrete strategies or activities for a future action plan.

The tool's viewing and use is optimized at **75%**.

The tool is **5 spreadsheets** categorized into Farm to ECE content areas (see colored tabs): Partnerships, Equity, CDC's Spectrum of Opportunities, Local Food Procurement, and Measurement and Evaluation. There are 3 additional "support" tabs: Instructions, Identification (your information), and Glossary.

Each spreadsheet offers a list of actions many Farm to ECE implementers have found useful to establish, build, and/or strengthen their programs. Many actions offer samples of resources (arbitrarily-selected) that networks have developed and are adaptable.\*

The actions are matched with the Farm to ECE Driver Diagram to help visualize how certain actions address the primary drivers and ultimately lead to the aim of increased Farm to ECE for long-term wellness and healthy development for all children.

**There are no "right" responses and no scores are being kept.** You may choose to complete all 5 content tabs, or only the ones that interest your state this year. You may leave an action row blank if you prefer. While it is a tool for your use, ASPHN is interested in your responses in order to understand how the organization can support you with technical assistance this year.

If you are new or a veteran of Farm to ECE, ASPHN is happy to answer your questions about the tool or walk you through the tool. Send an email to [emia@asphn.org](mailto:emia@asphn.org) or [jennifer@asphn.org](mailto:jennifer@asphn.org).

Check out ASPHN's [Farm to ECE grantee webpage](#) and resources for inspiration!  
Sign up for ASPHN Farm to ECE newsletters and Basecamp (see Glossary) using this link: <https://lp.constantcontactpages.com/sl/gdspG0D/ASPHNF2ECENews>

**Please continue to the Instruction tab next.**

Introduction Instructions State Identification Partnerships Equity Spectrum of Opportunities

# Content Areas



**Partnership Actions**



**Equity Actions**



**Spectrum of Opportunities  
Actions**



**Local Food  
Procurement Actions**



**Measurement &  
Evaluation Actions**

***A total of . . .***

- 61 actions in state tool***
- 58 actions in local tool***

# Exploring the Actions

Actions

Describe your Programming

Primary Drivers

Resources

| A                                                                                                                                                | B        | C          | D                 | E       | F                                             | G        | H                               | I                           | J                            | K                         | L                         | M                                                                          | N                                                                                                     |
|--------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------|-------------------|---------|-----------------------------------------------|----------|---------------------------------|-----------------------------|------------------------------|---------------------------|---------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
|  <b>Equity Actions</b>                                          | In Place | In Process | In Planning Phase | Not yet | Need technical assistance or more information | Comments | <b>Impacted Primary Drivers</b> |                             |                              |                           |                           | <b>Resources</b>                                                           |                                                                                                       |
|                                                                                                                                                  |          |            |                   |         |                                               |          | Increase F2ECE Awareness        | Leverage or Create Policies | Build Program-matic Capacity | Strengthen Collaborations | Increase Equitable Access |                                                                            |                                                                                                       |
| Racial equity and justice are embedded in network practices <div>                         Hover over<br/>for examples                     </div> |          |            |                   |         |                                               |          | X                               | X                           | X                            | X                         | X                         | <a href="#">NFSN Racial and Social Equity Assessment Tool</a>              | <a href="#">Anti-Racist Organizational Development</a>                                                |
| Leadership is shared                                                                                                                             |          |            |                   |         |                                               |          | X                               | X                           | X                            | X                         | X                         | <a href="#">Healthy By Design: Structuring Leadership</a>                  | <a href="#">Vision and Key Strategies to Advance Farm to Early Care and</a>                           |
| Communication (e.g., documents, meetings) meets needs of non-English speaking network members and participants                                   |          |            |                   |         |                                               |          | X                               | X                           | X                            | X                         | X                         | <a href="#">Toolkit for Translating Public Health Resources</a>            | <a href="#">Best Practices for Translating Public Health Materials</a>                                |
| Racial equity is embedded into evaluation                                                                                                        |          |            |                   |         |                                               |          |                                 | X                           | X                            | X                         | X                         | <a href="#">What and how to embed equity into food systems evaluations</a> | <a href="#">Racial equity in local food incentive programs: Examining gaps in data and evaluation</a> |

# Exploring the Actions . . .

This is something we...

- aren't entertaining now
- have in place
- are working on
- need help finding & receiving funding
- have funds, are planning now

|  <b>Spectrum of Opportunities Actions</b>                                                                                                                                                                                                                | In Place | In Process | In Planning Phase | Not yet | Need technical assistance or more information | Comments |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------|-------------------|---------|-----------------------------------------------|----------|
| <b>Early Learning Standards</b>                                                                                                                                                                                                                                                                                                            |          |            |                   |         |                                               |          |
| Network has aligned Farm to ECE with state's <u>Early Learning Standards</u> , such as Common Core, or Head Start standards. Example, <del>children taste apple varieties, vote on favorite and record results for cognitive development standard (developing an understanding of number and quantity).</del> Share standards in comments. |          |            |                   | 1       |                                               |          |
| <b>Quality Rating &amp; Improvement Systems (QRIS)</b>                                                                                                                                                                                                                                                                                     |          |            |                   |         |                                               |          |
| Farm to ECE is incorporated in state <u>Quality Rating Improvement System</u>                                                                                                                                                                                                                                                              | 1        |            |                   |         |                                               |          |
| <b>Statewide Recognition and Intervention Programs</b>                                                                                                                                                                                                                                                                                     |          |            |                   |         |                                               |          |
| State or Network, region or local area has a Recognition Program which it markets and <del>provides technical assistance to farmers and/or</del> ECE programs (e.g., <a href="#">NM Golden Chili Award</a> , <a href="#">MI Grows More Award</a> )                                                                                         |          | 1          |                   |         |                                               |          |
| <b>ECE Funding Streams</b>                                                                                                                                                                                                                                                                                                                 |          |            |                   |         |                                               |          |
| Network and/or state has <b>fixed or permanent funding</b> (e.g., state legislation that reimburses ECE for purchasing local food). Share sources of funding in comments.                                                                                                                                                                  |          |            |                   | 1       |                                               |          |
| Network has <b>temporary or term funding</b> in addition to CDC SPAN funds which are used together to enhance programming, e.g., <del>SNAP-Ed, US Dept of Education IDEA funds, Maternal Child Health Title V Block Grant funding.</del> Share sources of funding in comments.                                                             |          |            |                   |         | 1                                             |          |
| Network has funds to support project(s) in community (e.g., pilots, demonstrations, or mini-grants)                                                                                                                                                                                                                                        |          |            | 1                 |         |                                               |          |
| Network has individuals and/or organizations, such as a non-profit entity, who can find and secure funding                                                                                                                                                                                                                                 |          |            |                   | 1       |                                               |          |
| <b>Actions at a Glance</b>                                                                                                                                                                                                                                                                                                                 | 5        | 3          | 4                 | 5       | 3                                             |          |
| Overwhelmed with Farm to ECE possibilities? The team at ASPHN will work with you to identify the best area to focus state efforts and take small steps toward big changes! Contact <a href="mailto:emia@asphn.org">emia@asphn.org</a>                                                                                                      |          |            |                   |         |                                               |          |

# Assessing and Planning

| Content Areas             | In Place | In Process | In Planning Phase | Not yet | Need technical assistance or more information |
|---------------------------|----------|------------|-------------------|---------|-----------------------------------------------|
| Partnerships              | 4        | 2          | 1                 | 2       | 4                                             |
| Equity                    | 1        | 1          | 2                 | 1       | 2                                             |
| Spectrum of Opportunities | 5        | 3          | 4                 | 5       | 3                                             |
| Local Food Procurement    | 2        | 2          | 1                 | 1       | 4                                             |
| Measurement & Evaluation  | 1        | 1          | 2                 | 4       | 3                                             |
| Totals                    | 13       | 9          | 10                | 13      | 16                                            |

**Celebrate what has been accomplished!**

**Identify -**

- Where current efforts are focused.
- Areas to explore or strengthen programming.
- Areas for technical assistance or additional information.

# Need Assistance?

Through **July 2024**. . .

**Questions about the tool -**

Contact Jennifer Dellaport at [jennifer@asphn.org](mailto:jennifer@asphn.org)

**Request help with -**

- Interpreting and using the tool results
- Accessing resources tailored to your needs.

Contact Emia Oppenheim at [emia@asphn.org](mailto:emia@asphn.org)

***Send your completed tool to [emia@asphn.org](mailto:emia@asphn.org)***

# Thank you amazing tool reviewers!



Casey Slive, OH  
Debbi Timson, NC  
Diane Peck, AK  
Jordan Smith, HI  
Judy Sharpe, UT  
Lenora Phillips, MS  
Olivia Ford, MI

Demetria Cox-Thomas, NC  
Martha Henze, CO  
Mary Schroeder, MN  
Tami Frank, NE





# ASPHN Offerings - Now through July 2024

Monthly Webinars Series - 2nd Tuesday  
(contact [emia@asphn.org](mailto:emia@asphn.org))- Three more

Farm to ECE Newsletters - monthly

Basecamp - Resource library with live  
event and funding updates

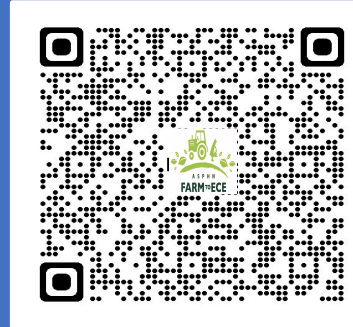
Farm to ECE Office Hours

June 11-13, 2024

Farm to ECE Convening!

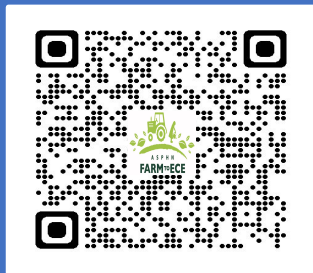
# ASPHN Farm to ECE TA - Now through July 2024

Monthly Webinars Series - (except June)  
Farm to ECE Newsletters - monthly  
Basecamp - Resource library  
Farm to ECE Office Hours

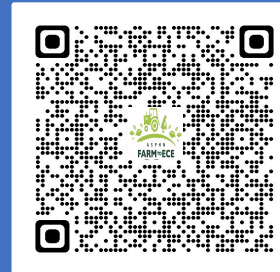


Use QR code to sign up for any of these

Farm to ECE Visioning Tool  
QR links to the tool!



June 11-13, 2024  
Farm to ECE Convening!  
QR links to the announcement.



**For HANNAH**

**Slide 19-** <https://healthykidshealthyfuture.org/trainers/learning-collaboratives>

If you are interested in receiving a copy of the Farm to ECE Learning Collaborative materials once released, please complete this form:

<https://forms.gle/JsstQzsy1XNW3onJ8>

**Slide 21-** <https://healthykidshealthyfuture.org/trainers/tap/success-stories/>

**Slide 23-** Please feel free to reach out with any questions: [hannah.press@nemours.org](mailto:hannah.press@nemours.org)

**FOR JENNIFER**

**SLIDE 1**

Link to state:

<https://docs.google.com/spreadsheets/d/1Dgvx0DUrTLDAQnp6B35TdVddYwP9FVB3teeVM6iaRjo/edit#gid=871798525>

Link to local: <https://docs.google.com/spreadsheets/d/1lgI5AnDfC-LKUr3nnCebw8TKFuo3RQbRJpzU271YfZI/edit#gid=871798525>

# Relevant Links