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NORTH CAROLINA
Farm to ECE Connections

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NORTH CAROLINA Farm to ECE Connections

Created in partnership with:

**NC FARM to
PRESCHOOL
NETWORK**



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- A tool for connecting childcare sites with local food vendors, facilitating the use of locally sourced foods
- Listings are by county
- Data can be used when making connections



NORTH CAROLINA Farm to ECE Connections

[Farm to ECE Connections Map](#)

[What is Farm to ECE?](#)

[Farm to Preschool Network](#)

[ECE Resources](#)

[Farmer Resources](#)

[CACFP](#)

North Carolina Farm to ECE Connections Map

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Farm to Preschool or Early Care and Education (ECE) programs are instrumental in nurturing healthy eating habits and fostering a deeper understanding of food origins in young children. By introducing locally sourced foods and hands-on experiences like gardening and farm visits, these initiatives not only promote nutrition but also environmental awareness, support for local economies, and community interconnectedness.

The map below serves as a tool for connecting childcare sites with local farmers, facilitating the use of locally sourced foods, and contributing to healthier communities in North Carolina.

[Add Your Farm Organization to the Map](#)

[Add Your Childcare Organization to the Map](#)

[Remove Your Organization From This Map](#)



Click on a county or select a county from the list below for participating Farmers and Childcare Providers

-- SELECT COUNTY --



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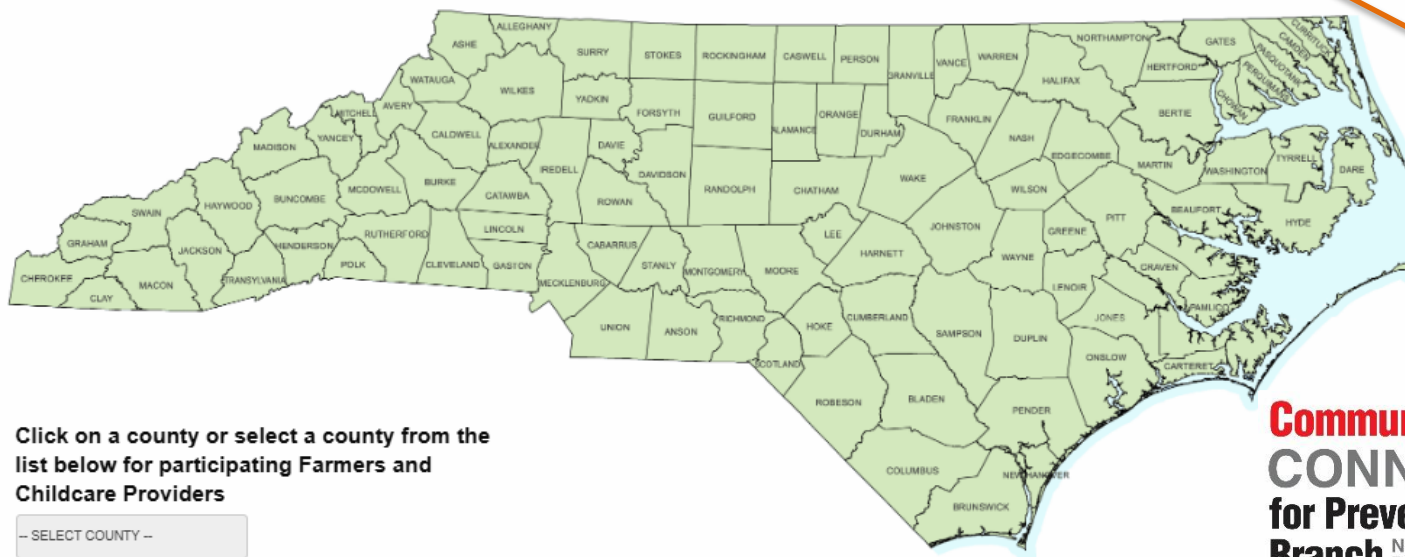
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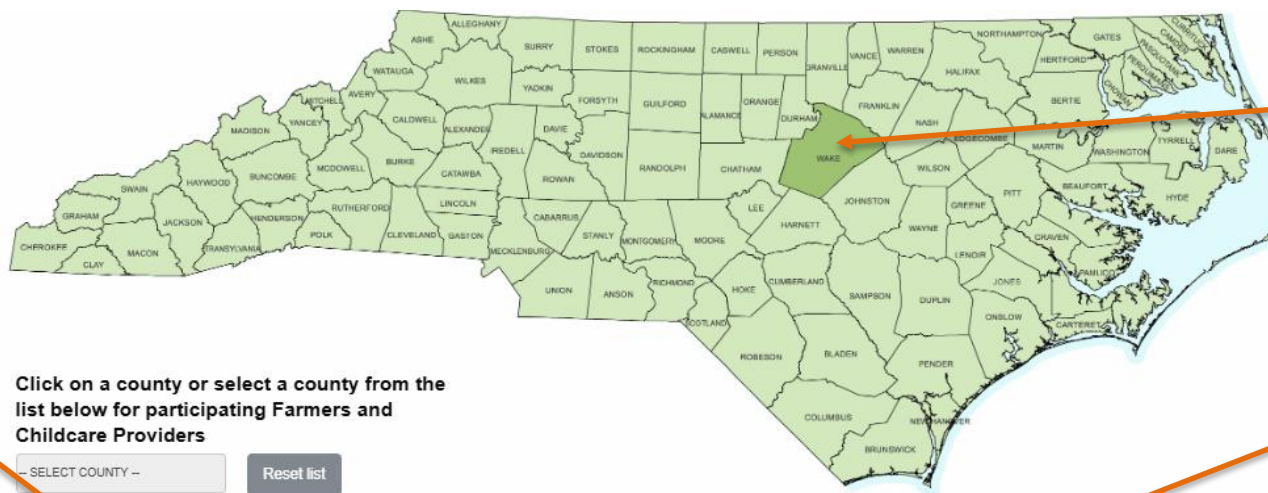
-- SELECT COUNTY --

New
Translation
button

Registration
buttons

Removal
button

How to Use the Map



Selected County

Registered Local Food Vendors

Click on a county or select a county from the list below for participating Farmers and Childcare Providers

SELECT COUNTY --

Reset list

Registered Childcare Providers

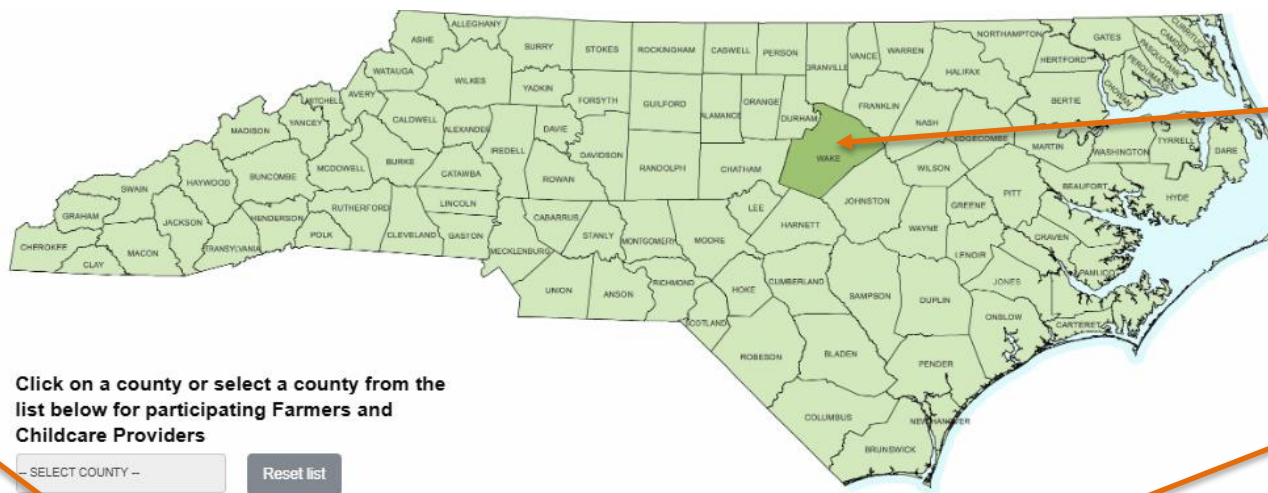
The following information is self-reported.

Participating farms in WAKE County

Participating Childcare Providers in WAKE County

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How to Use the Map



Selected County

Registered Local Food Vendors

Click on a county or select a county from the list below for participating Farmers and Childcare Providers

SELECT COUNTY --

Reset list

Registered Childcare Providers

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Participating Childcare Providers in WAKE County

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Childcare Provider Listing

Location and service area

ABC Childcare

1234 Childcare Street
County, NC 27344

Serves the following county(s): Alamance, Chatham, Randolph

Type of Organization: Childcare Facility (includes Family Childcare Homes)

Contact information

Email: ABCChildcareSitesEmail@gmail.com

Contact: Josephine Dodge

Phone: (123)345-6789

Tells farmers how much food may be needed

License Capacity: 30

Estimated number of meals and snacks prepared per month at this site: 300-500 meals and snacks prepared per month

We are a **Child and Adult Care Food Program (CACFP) Provider**

Tells farmers what products may be needed

Produce that may be frequently ordered: Apples, Asparagus, Blackberries, Blueberries, Broccoli, Butterbeans, Cabbage, Cantaloupes, Carrots, Cucumbers, Muscadine Grapes, Mushrooms, Okra, Peaches, Peanuts, Pears, Potatoes, Pumpkins, Spinach, Squash-Yellow, Strawberries, Sweet Potatoes, Watermelon, Zucchini

Meat/meat alternative products this facility might be interested in: Chicken, Ground Chicken, Beef, Ground Beef, Turkey, Ground Turkey, Sausage

Dairy products this facility might be interested in: Cow's Milk, Yogurt, Cheese, Soy Milk

Community connection opportunities



We are interested in offering produce boxes to center families to purchase.



We are looking for farms to visit for field trips.



We would like to connect with farmers for educational events.



We currently have a Farm to ECE program.

CACFP Providers will need itemized receipts for reimbursement.



Download a blank sales receipt [here](#)

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Local Food Vendor Listing

Location and service area

Contact information

Delivery and payment information

Seasonal produce and other products offered

Community connection opportunities

Best Farm NC

Address: 1234 Best Farm Rd. County, NC 27248

We served the following counties: Chatham, Guilford, Randolph

Email: contact@bestfarm.com

Phone: (987)765-4321

Contact: George Washington

Website / Social Media: www.bestfarm.com

Delivery options: We deliver!

Forms of payment accepted: Major credit cards, Paypal, Venmo, Check, Cash

★ **We offer itemized receipts**

Produce Offered Seasonally:

Spring (March-May): Beets, Bokchoy, Greens, Herbs, Kale, Lettuce, Mustard Greens, Napa, Radishes, Romaine, Spinach, Turnips

Summer (June-August): Beets, Cantaloupes, Carrots, Cherry Tomatoes, Cucumbers, Eggplant, Garlic, Green Onions, Greens, Herbs, Onions, Peppers, Potatoes, Snap Beans, Yellow Squash, Tomatoes, Zucchini

Fall (September-November): Beets, Bokchoy, Cabbage, Cherry Tomatoes, Collards, Cucumbers, Greens, Herbs, Kale, Mustard Greens, Napa, Pumpkins, Radishes, Romaine, Snap Beans, Spinach, Sweet Potatoes, Tomatoes, Turnips

Winter (December-February): Beets, Carrots, Collards, Herbs, Kale, Mustard Greens, Spinach, Sweet Potatoes, Turnips

Chicken Eggs Offered: Pasture Raised Eggs: Laid by hens who roam and forage on a maintained pasture area. The USDA does not recognize a labeling definition for pastured eggs as no standards are established., Non-GMO Eggs: Laid by hens fed a non-GMO feed.

Farming Production Practices: Non-Certified Organic, Crop Rotation, Integrated Pest Management (IPM), No-Till Farming, Cover Cropping, Community Engagement, Regenerative Agriculture, Transparent Farming Practices

[Farming Production Practices Explanations](#)

🚗 **Field trips are encouraged and welcome!** Call to schedule your field trip today!

🥬 **We are interested in offering produce boxes for purchase by local families.**

👨‍👩‍👧 **We thoroughly enjoy participating in educational events for children!** Feel free to extend an invitation for us to join your event!

Farmers Market Participation: We do, but are in between choosing any markets to attend this season.

Farm Stand: On-farm pickups are available along with our online store.

CSA Offerings: \$30-45 biweekly based on box size. Our season runs biweekly from March to January (only 1-2 months off from CSA in Winter)

If SNAP-authorized, it would be shown here

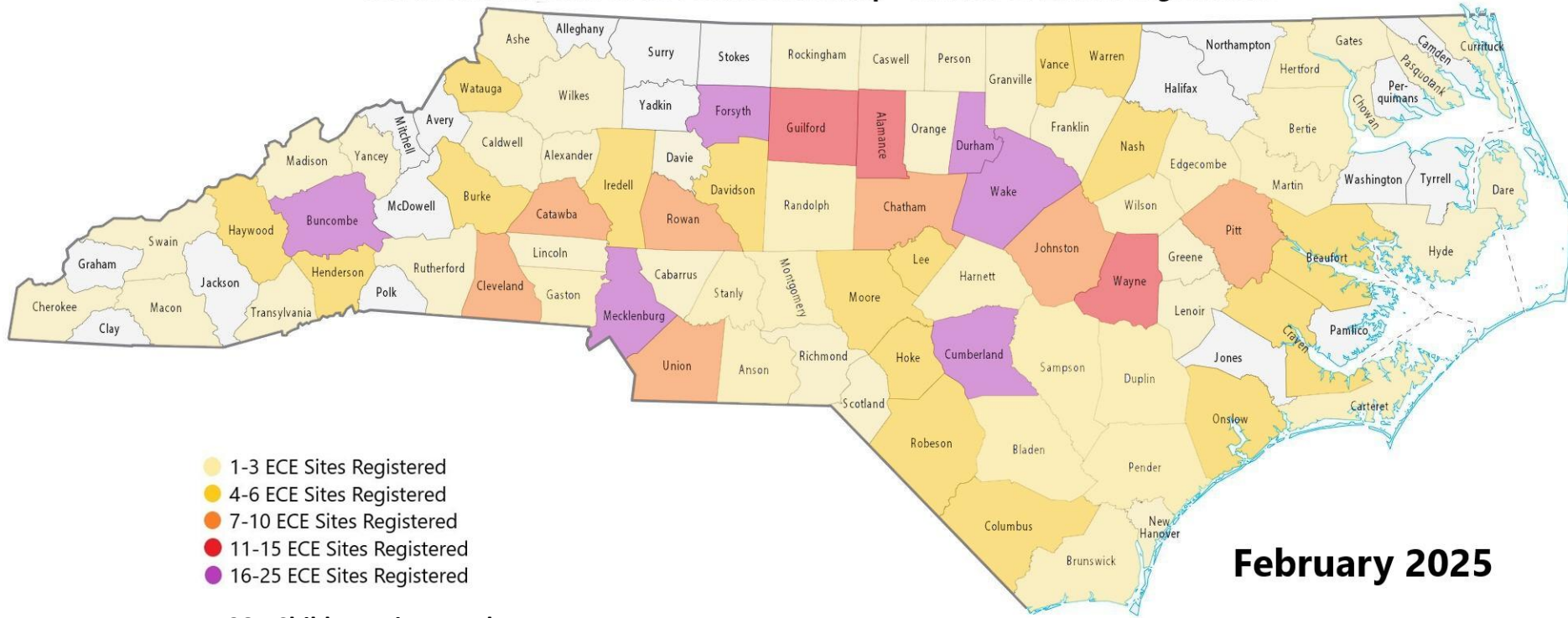
Important for CACFP Providers for reimbursement

Farming Production Practices may be important to some childcare sites, but this is also good educational information

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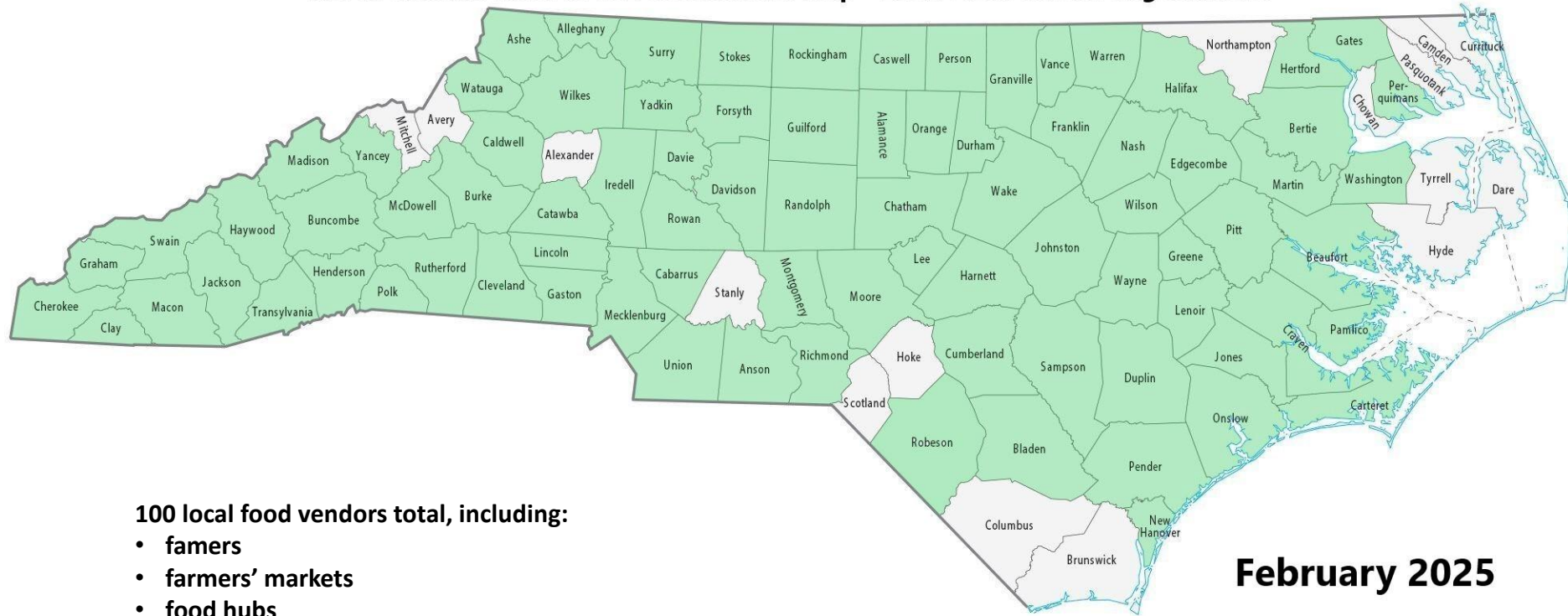
Who Is Registered?

North Carolina Farm to ECE Connections Map - Childcare Provider Registrations



Who Is Registered?

North Carolina Farm to ECE Connections Map - Local Food Vendor Registrations



February 2025

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Resource Tabs



NORTH CAROLINA Farm to ECE Connections

[Farm to ECE Connections Map](#)[What is Farm to ECE?](#)[Farm to Preschool Network](#)[ECE Resources](#)[Farmer Resources](#)[CACFP](#)[How to Use the Map](#)

North Carolina Farm to ECE Connections Map

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What is Farm to ECE? - Resource Tab

Farm to ECE Connections Map

► What is Farm to ECE?

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How to Use the Map



KEY COMPONENTS OF FARM TO ECE MAY INCLUDE:



Local Food Procurement

Purchasing culturally relevant, locally grown or produced food items, such as fruits, vegetables, dairy products, and grains, directly from farmers or through local food distributors for taste tests, meals, and snacks.



Garden-Based Learning

Engaging children in hands-on gardening activities to teach them about food production, plant life cycles, and healthy eating habits. This may involve cultivating, nurturing, and harvesting gardens, with opportunities for taste tests within the garden environment.



Nutrition Education

Providing age-appropriate nutrition education and activities to help children develop healthy eating habits and make informed food choices. This might involve conducting taste tests or preparing dishes using locally sourced foods.

Farm Visits and Field Trips:

Arranging visits to local farms or farmers markets to expose children to the process of food production and allow them to interact with farmers and learn about where their food comes from.



Community Partnerships

Collaborating with local farmers, food producers, educators, parents, and community organizations to support Farm to ECE efforts and create a network of support for healthy eating initiatives.



Farm to ECE activities can be strengthened by:

- Parent and community involvement
- Staff training
- Wellness policies
- Farm to ECE promotions through parent communications

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What is Farm to ECE? - Resource Tab

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Farm to Preschool Network - Resource Tab

NC Farm to Preschool Network



The North Carolina Farm to Preschool Network uplifts early childhood educators with inclusive resources, equitable opportunities, and diverse partnerships to spark connections between young children and the local foods movement. The NC F2P Network launched in 2015.

What is Farm to Preschool?

Farm to preschool includes any type of child care that incorporates local foods through one or more of the following activities: meals and snacks, taste tests, lessons, farmer visits, cooking, growing food, and/or community and parent involvement.

You can find helpful farm to preschool resources on this [webpage](#) (compiled by ASAP's Growing Minds program) as well as through the [National Farm to School Network's website](#) (search by Preschool/Early Care setting).



Join the Network!



Follow us on Facebook! For up to date news and resources, we encourage you to follow our work via the NC F2P Network [Facebook page](#). Here we'll connect you to farm to preschool and ECE partners and resources from across North Carolina.

Sign up for the Network's monthly newsletter to get the latest farm to preschool news compiled by our Advisory Committee members. See ***Subscribe Now*** at the bottom of this page and select "NC Farm to Preschool Network Monthly" to sign up. [Click here to view a sample newsletter.](#)

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NC Farm to Preschool Network YouTube Channel



Check out our YouTube channel where you can view NC videos showcasing the array of activities, providers, children, and families served across North Carolina who are growing the farm to ECE/preschool movement in our state and supporting healthy, resilient kids, and high-quality education.

Subscribe here!

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ECE Resource Tab

ECE Resources

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[How to Use the Map](#)



Curriculums and Related Resources



Books for the Classroom



Toolkits



Local Food Related Resources



ECE Garden Resources



Farm Connection Resources

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Farmer Resources

[Accepting SNAP / EBT Payments](#)

By Rafi USA

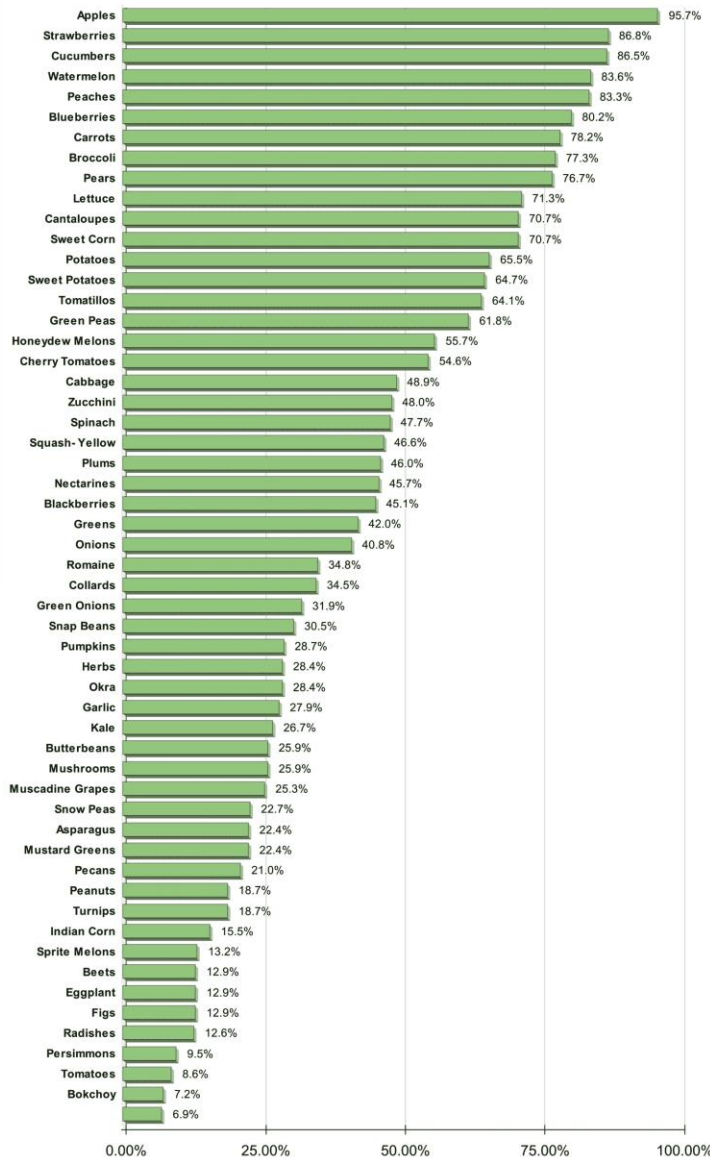
[Becoming a SNAP Authorized Retailer](#)

By USDA

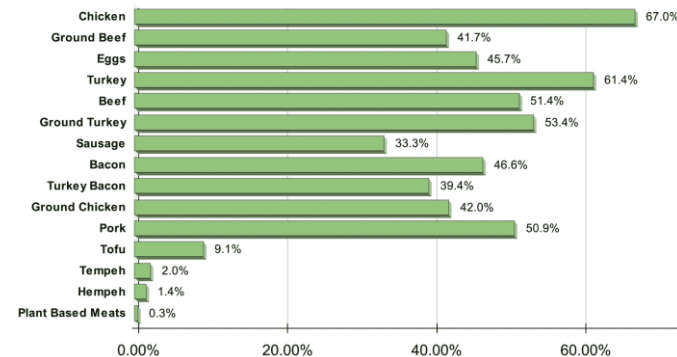
If you would like assistance on becoming a SNAP authorized retailer [complete this form](#).

Farmer Resource Tab

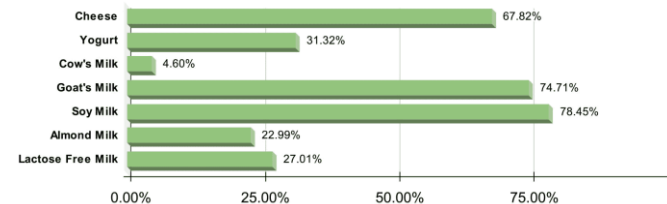
Frequently Ordered Produce



Frequently Ordered Meat/Meat Alternatives



Frequently Ordered Dairy Products



Food Safety

[CFSA's Guide to When to Clean, Sanitize, or Disinfect](#)

By Carolina Farm Stewardship Association

[Good Agricultural Practices for Small Diversified Farms](#)

By Carolina Farm Stewardship Association

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Farm to ECE Connections

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► CACFP

How to Use the Map

CACFP Resource Tab

CACFP can be leveraged to support multiple core elements of Farm to ECE.



1 Procurement

CACFP can be used to purchase local foods from:

- Farmers Markets
- Food Hubs
- Community Supported Agriculture Models
- Other Food Vendors



2 Gardening

As long as produce grown is used as part of reimbursable meals or nutrition education, CACFP can be used for gardening items including:

- Seeds
- Fertilizer
- Watering Cans
- Rakes
- Garden Plot Rentals



3 Education

Garden products can be used for nutrition education or taste testing. Providers can use USDA Team Nutrition resources for agricultural and nutrition education lessons.



4 State-Level Coordination

CACFP state agencies can use state administrative expense funds to support Farm to ECE coordination and activities. Funds can be used for state-level activities, including:

- Produce state-level Farm to ECE guidance materials
- Create Farm to ECE coordinators that provide state-level training and technical assistance
- Conduct statewide trainings and organize statewide meetings to disseminate program information and encourage sharing of best practices
- Collaborate on regional Farm to ECE efforts

Interested in learning more about the CACFP?

1. Visit the NC CACFP website at www.ncdhhs.gov/nccacfp.

2. Click "[How to Apply](#)" to learn more about the application process.

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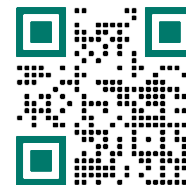
CACFP

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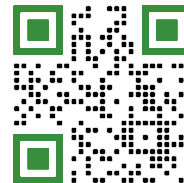
How to Use the Map Tab



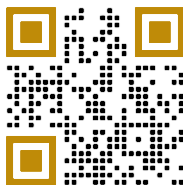
TA Providers' Training



Farmers' Training



Childcare Providers' Training



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Facilitating Connections

Integrate the Harvest of the Month into the Classroom

Resources

- Sweet Potato Exploration
- Grow It, Try It, Like It: Sweet Potato Hill
- Sweet Potato Snack Toolkit and Activity Guide
- Sprouting Sweet Potatoes in the Classroom
- Learning with Sweet Potatoes Mini-Lesson
- North Carolina Fruits and Vegetable Harvesting
- North Carolina Agriculture Numbers 1-10
- North Carolina Agriculture Colors
- PEAS Healthy Eating Activity - Sweet Potatoes
- Healthy SD Gov. - Sweet Potato Lesson Plan
- One To Grow On - Sweet Potato
- Make Your Own Sweet Potato Play Dough
- Sweet Potatoes Coloring Page



Recipes

- Mashed Sweet Potatoes
- Black Bean and Sweet Potato Quesadillas
- Oven Baked Sweet Potato Fries
- Sweet Potato Hash
- Zoe's Roasted Sweet Potato Sticks
- Baked Batatas and Apples
- Greens and Beans Soup
- Roasted Sweet Potato Hash
- Sweet Potato Hummus
- Tasty Tots
- Orange Glazed Sweet Potatoes
- Smokin' Powerhouse Chili

NC Fresh Produce Purchasing and Prep Guides - Tools for Childcare Providers
*Indicates that CACFP Crediting Information is provided.

In the Garden

- A Fast and Easy Way to Make Sweet Potato Slips
- How to Grow Sweet Potatoes
- NC State Extension: Sweet Potatoes
- Growing and Cooking Fruits and Vegetables at Childcare Centers
- NC State Extension: Garden Planting Calendar for Annual Vegetables, Fruits, and Herbs in North Carolina

Books to Read

- Potato Joe
- The Gigantic Sweet Potato
- Sweet Potato Pie
- Digging for Sweet Potatoes

Farm to ECE Children's Book List
Farm to ECE Educator's List
By Mass Audubon, Rina Zampieron

Farmer Resources



- How Farmers Can Use the NC Farm to ECE Connections Map
- A Guide to Selling Local Food To Child Care Providers By Colorado Farm to Child Spanish Version
- Farmer Workshop: Bringing the Farm to Early Care and Education By Michigan State University
- Farm to Early Care & Education for Growers By Rooted

- Becoming a SNAP Authorized Retailer By USDA
If you would like assistance on becoming a SNAP authorized retailer complete this form.
- Accepting SNAP / EBT Payments By Raft USA
- Online Ordering and Payment Platforms By National Farm to School Network
- Current Grants, Services, and Loans for Farmers
- Hurricane Helene Resources for NC Apple Growers
- A Farmer's Handbook to the USDA Harmonized GAP Standard Version 3.0 (2024) By Carolina Farm Stewardship Association
- Antimicrobial Use in Produce Wash Water By Carolina Farm Stewardship Association
- Biological Soil Amendment of Animal Origin (BSAAO) Use By Carolina Farm Stewardship Association
- CFSA's Guide to When to Clean, Sanitize, or Disinfect By Carolina Farm Stewardship Association
- Fundamentals of On-Farm Safety By Carolina Farm Stewardship Association
- Good Agricultural Practices for Small Diversified Farms By Carolina Farm Stewardship Association

MAKING CONNECTIONS

CONNECT WITH THESE FARMERS!

Check with the Farmers that serve your county to order SWEET POTATOES, the Harvest of the Month!

More details can be found on the [Farm to ECE Connections Map!](#)

Alamance Alken Farm (336)269-7829	Duplin Footprints In The Garden (919)747-1036	Halifax ByWay Foods (252)257-0205	Montgomery Chappell Peaches (919)673-1878	Swain Darnell Farms LLC (828)736-8047
Cumberland Acres Farms (410)430-0941	Durham ByWay Foods (252)257-0205	Harnett Farmer Foodshare (919)695-3102	Moore Chappell Peaches (919)673-1878	WNC From the Ground Up (828)331-0334
Farmer Foodshare (919)695-3102	Cumberland Acres Farms (410)430-0941	Haywood Darnell Farms LLC (828)736-8047	Farmer Foodshare (919)695-3102	Union FreshList (860)236-7466
Transplanting Traditions Community Farm (919) 885-4063	Farmer Foodshare (919)695-3102	Mountain Food Products (828)255-7630	New Hanover Feast Down East (910)524-0128	Vance ByWay Foods (252)257-0205
Alleghany Full Moon Farm NC LLC (828)964-3644	Footprints In The Garden (919)747-1036	Henderson Mother Earth Food (828)275-3500 ex: 701	Onslow ByWay Foods (252)257-0205	Fairport Farms (919)673-1904
Beaufort, Bertie ByWay Foods (252)257-0205	Operation Spring Plant Inc. (252)431-5566	Mountain Food Products (828)255-7630	Orange Alken Farm (336)269-7829	Operation Spring Plant Inc. (252)431-5566
The Garden at Spring Forest (214)399-3110	The Produce Box (919)215-0837	Hertford ByWay Foods (252)257-0205	Wake ByWay Foods (252)257-0205	Fairport Farms (919)673-1904
Buncombe Asheville City Market (828)348-0340	Darnell Farms LLC (828)736-8047	Jackson Darnell Farms LLC (828)736-8047	Cumberland Acres Farms (410)430-0941	Farmer Foodshare (919)695-3102
East Asheville Tailgate Market eatlashevillemarket@gmail.com	Edgecombe ByWay Foods (252)257-0205	WNC From the Ground Up (828)331-0334	The Garden at Spring Forest (214)399-3110	Footprints In The Garden (919)747-1036
Enka-Candler Farmer's Market (540)222-9666	Forayth ByWay Foods (252)257-0205	Creelside Farm (919)965-9989	The Produce Box (919)215-0837	Holly Springs Farmers Market Hub (919)567-4010
River Arts District Farmers Market raafarmersmarket@gmail.com	Robertsons Family Farm (336)403-7592	Farmer Foodshare (919)695-3102	Transplanting Traditions Community Farm (919) 885-4063	Mount Olive Regional Food Hub (919)658-7581
Mother Earth Food (828)275-3500 ex: 701	The Market by Dragonfly (336)985-9628	Footprints In The Garden (919)747-1036	Pender Feast Down East (910)524-0128	The Produce Box (919)215-0837
	Franklin	Jones ByWay Foods		Transplanting



WELCOME TO HARVEST OF THE MONTH

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CACFP
Child & Adult Care Food Program

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Sign up for the Farm to Preschool Network Newsletter [HERE](#).

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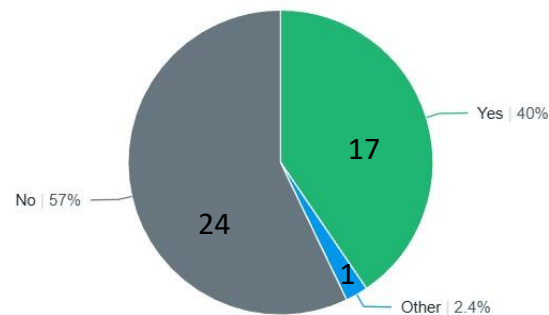
NORTH CAROLINA Farm to ECE Connections

Survey released in the December 2024
Harvest of the Month Newsletter and via
emails

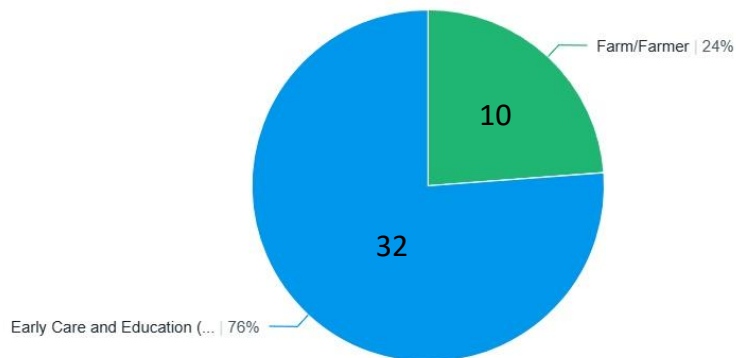
- 43 responses

Survey

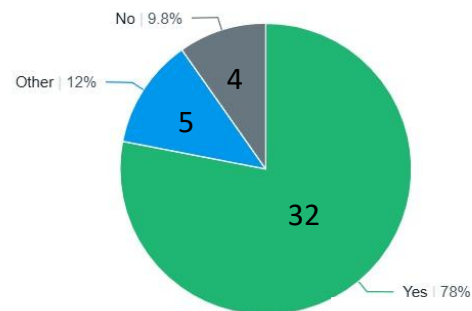
Have you used the Farm to ECE Connections Map to make connections?



Is your organization/business a:



Do you find the Harvest of the Month newsletter to be useful?



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Next Steps

Goal: Train TA Providers to use the map as a tool to facilitate connections.

Possible TA Providers:

- Extension Agents – Horticulture
- Healthy Communities Program Staff – Healthy Food Access
- Resource Center - Child Care Health Consultants
- Community Health Workers
- Partnership for Children TA Providers
- Local Non-Profits, like ASAP

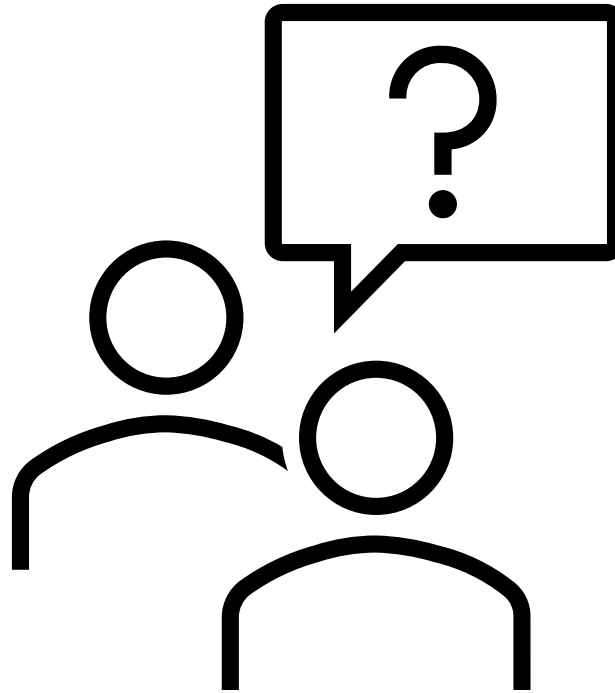
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Healthy Eating and Nutrition Security Coordinator

courtney.ramsey@dhhs.nc.gov

NCDHHS DPH, Community and Clinical Connections for Prevention and Health Branch



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