

December 2025



U.S. Department of Health
and Human Services
Centers for Disease
Control and Prevention



Monthly Update: WIC Developmental Monitoring Project



<https://asphn.org/learn-the-signs-act-early/>

Upcoming Events

- December 3rd: Exploring New Developmental Monitoring in WIC Resources & Networking
- January 28th: Topic TBD
- February 25th: Supported State Introductions & Networking
- *Because of the holiday's we will combine our November/December trainings. Please note the updated date.*

[Register here](#)

**Monthly trainings take place on the 4th Wednesday at 11 am ET.*

Sharing Updates/Resources

Would your state like to be featured in an upcoming newsletter? Please send an update on what your state is working on regarding developmental monitoring by the 20th of the month to be featured in the following month's newsletter.

Send to amberbrown@asphn.org
Thanks!

[REGISTER HERE](#)

ASPHN and CDC Updates



Now Open: 2026 Developmental Monitoring Project in WIC!

Applications Due: January 15, 2026

ASPHN is excited to announce that applications to receive support are now open for the 2026 Developmental Monitoring in WIC Project. This is a low-time commitment, high-benefit opportunity for state, territory, ITO, and local WIC agencies.

Selected agencies will receive materials, individualized technical assistance, mentorship, monthly trainings, and access to tools and templates to help integrate or expand “*Learn the Signs. Act Early.*” (LTSAE) in at least two WIC clinics. ASPHN manages all purchases directly, so there’s no budget management required.

Time commitment is minimal, with short monthly check-ins, brief webinars (recordings available), and a few simple progress updates.

Project Dates: February 15 – September 15, 2026

Funding Available: \$27,000 in materials & support

Expected Awards: 3–5 states/agencies

Questions? Contact Amber Brown at amberbrown@asphn.org.

[Apply Here](#)

[Funding Opportunity Information Sheet](#)

Join us for the November/December Online Training

Date: December 3rd, 11 am ET

Topic: Exploring New Developmental Monitoring in WIC Resources & Networking

Description:

Discover ASPHN’s newest Developmental Monitoring in WIC resources designed to strengthen how WIC staff support families in tracking and promoting child development. This webinar will walk through four new tools developed in partnership with CDC’s “*Learn the Signs. Act Early.*” program, followed by interactive state-to-state networking and discussion.

We’ll highlight:

- [Milestones in Motion: Guiding Families Through Feeding](#)
- [Baby on the Way? Get Ready to Track Your Baby’s Development](#)
- [Supporting Developmental Monitoring in WIC Clinics](#)
- [Cultural Sensitivity in Developmental Monitoring](#)

After reviewing these resources, participants will have an opportunity to connect with peers from other states, share how they're integrating developmental monitoring into WIC, and exchange ideas for using these tools to enhance family engagement and early identification efforts.

[Register Here](#)

Highlighting a Resource

Boost Awareness: Share LTSAE on Your Social Media Channels

If you're looking for an easy way to promote developmental monitoring in your state, ASPHN has you covered! On the Developmental Monitoring in WIC Project webpage, you'll find a collection of sample, ready-to-use social media posts that you can easily customize for your state WIC program. These posts are designed to be quick to adapt, visually engaging, and aligned with national LTSAE messaging.

In addition to ASPHN's templates, CDC has recently featured LTSAE across its social media platforms, providing more high-quality content you can repost directly. ASPHN's own social media has also been highlighting LTSAE, another great source of shareable posts.

By using and sharing these ready-made messages, you can help raise awareness, connect families with trusted developmental resources, and reinforce the importance of tracking milestones, all with minimal lift for your team.

Check out the sample posts, tailor them to your audience, and spread the word!

[LTSAE Sample Social Media Posts](#)

Time to Double-Check Your LTSAE Links

CDC recently transitioned all of its websites, including the *"Learn the Signs. Act Early."* (LTSAE) pages, to a new web template. While this update improves navigation and accessibility, it may also affect how some LTSAE links behave on external websites and materials.

Most of the familiar LTSAE URL aliases still work, but a few may redirect differently or land on updated pages, which is why now is a great time to review any LTSAE links your program uses.

Take a moment to:

- Test LTSAE links on your WIC program website
- Check links in digital resources, online trainings, and newsletters

- Review printed materials or PDFs that include LTSAE URLs
- Update anything that no longer directs users to the correct page

Ensuring your links are accurate helps families and staff continue accessing the right developmental monitoring information quickly and reliably. A simple link check today prevents confusion later!

Update on LTSAE Print Materials: What You Need to Know

As many of you may already know, CDC's LTSAE print materials warehouse has permanently closed, and CDC is no longer able to fulfill public print orders. To continue supporting states, CDC is planning a large print run and will ship materials in early 2026 directly to each state's Act Early Ambassador.

What does this mean for you?

You'll now connect directly with your state's [Act Early Ambassador](#) to learn what materials they have available, how to access them, and discuss ways to collaborate on local print efforts. This shift also offers a great opportunity to strengthen relationships and stay informed about developmental monitoring resources in your state.

Another excellent way to obtain LTSAE materials is to [apply to become a Supported State](#) through ASPHN's Developmental Monitoring in WIC Project. Supported States receive materials and individualized technical assistance to help integrate developmental monitoring into WIC clinics.

Networking Questions!

Throughout the year, we will hold periodic networking calls. Please send me any questions or topics you are interested in discussing with other states. Please email amberbrown@asphn.org with your suggestions!

Not An ASPHN Member?

For over 70 years, ASPHN has provided a safe and welcoming home for nutrition professionals across the nation. We offer vital programs, resources, tools, networking opportunities, and leadership training in public health nutrition.

We support food and nutrition policies, programs, and services that improve the health of our communities and states. We also prioritize inclusion, knowing that diverse lived experiences strengthen us both collectively and individually.

Come and see for yourself how ASPHN can help you realize your full career potential. Learn more about our membership options by visiting asphn.org/become-a-member today!

You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org. Thank you! <https://asphn.org/learn-the-signs-act-early/>

This project is supported by the American Academy of Pediatrics (AAP) and funded by a cooperative agreement with the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$150,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and should not be construed to represent any AAP or CDC/HHS determination or policy. Use of trade names that may be mentioned is for identification only and does not imply endorsement by the AAP, CDC/HHS or the U.S. Government.

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