

November 2025



U.S. Department of Health
and Human Services
Centers for Disease
Control and Prevention



Monthly Update: WIC Developmental Monitoring Project



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Upcoming Events

- December 3rd: Exploring New Developmental Monitoring in WIC Resources & Networking
- *Because of the holiday's we will combine our November/December trainings. Please note the updated date.*

[Register here](#)

**Monthly trainings take place on the 4th Wednesday at 11 am ET.*

Sharing Updates/Resources

Would your state like to be featured in an upcoming newsletter? Please send an update on what your state is working on regarding developmental monitoring by the 20th of the month to be featured in the following month's newsletter.

Send to amberbrown@asphn.org
Thanks!

[REGISTER HERE](#)

ASPHN and CDC Updates



Upcoming Opportunity: Implement Developmental Monitoring in WIC Clinics

ASPHN's Developmental Monitoring in WIC Project will soon open an opportunity for states to receive materials and technical assistance to support the implementation of developmental monitoring in WIC clinics.

We recognize that the current government shutdown has created uncertainty and stress within WIC programs. Because of this, we will wait until the shutdown concludes before asking for applications.

In the meantime, if your state or local agency is interested in learning more once information becomes available, please reach out to Amber Brown at AmberBrown@asphn.org to express your interest or ask questions.

Also, the Learning Collaborative is currently open to new states! If you know of a state that might want to join, please contact Amber to share your referral or learn more about how to get involved.

Join us for the November/December Online Training

Date: December 3rd, 11 am ET

Topic: Exploring New Developmental Monitoring in WIC Resources & Networking

Description:

Discover ASPHN's newest Developmental Monitoring in WIC resources designed to strengthen how WIC staff support families in tracking and promoting child development. This webinar will walk through four new tools developed in partnership with CDC's "*Learn the Signs. Act Early.*" program, followed by interactive state-to-state networking and discussion.

We'll highlight:

- [Milestones in Motion: Guiding Families Through Feeding](#)
- [Baby on the Way? Get Ready to Track Your Baby's Development](#)
- [Supporting Developmental Monitoring in WIC Clinics](#)
- [Cultural Sensitivity in Developmental Monitoring](#)

After reviewing these resources, participants will have an opportunity to connect with peers from other states, share how they're integrating developmental monitoring into WIC, and exchange ideas for using these tools to enhance family engagement and early identification efforts.

[Register Here](#)

Highlighting a Resource

New Developmental Monitoring Resources for WIC!

We're excited to announce that several new resources are now available to support WIC staff and families in promoting healthy child development. A special thank you to the dedicated work group of WIC staff and Act Early Ambassadors who helped create and review these materials. Their input ensures these resources are practical, family-centered, and ready to use in clinics nationwide.

New Resources:

[Milestones in Motion: Guiding Families Through Feeding](#)

Helps WIC staff guide families through feeding milestones from infancy to early childhood. Includes nutrition-related milestones, practical tips for parents, and reminders that every child develops at their own pace.

[Pregnancy & Development: Baby on the Way? Get Ready to Track Your Baby's Development](#)

Supports expectant parents in preparing to track milestones from day one. Offers simple preparation tips plus information about CDC's free Milestone Tracker app to celebrate progress and support growth.

[Supporting Developmental Monitoring in WIC Clinics](#)

Highlights real-world examples of how clinics are using developmental milestone checklists before, during, and after appointments. Shares referral pathways and ways to connect with Act Early Ambassadors.

[Cultural Sensitivity in Developmental Monitoring](#)

Provides practical tips for using inclusive language, honoring family traditions, and fostering respectful and welcoming conversations that empower families.

Did You Miss the October Online Training? View It Here

Topic: What We Heard: Year 7 Survey Insights from WIC Staff

Description:

In August 2025, ASPHN gathered feedback from both state- and clinic-level WIC staff who participated in the Developmental Monitoring for WIC Project during Year 7 (October 2024 – September 2025).

View the recording to explore what we learned from these surveys and how ASPHN and CDC will use the results to guide our work moving forward.

[View the Recording](#)

Networking Questions!

Throughout the year, we will hold periodic networking calls. Please send me any questions or topics you are interested in discussing with other states. Please email amberbrown@asphn.org with your suggestions!

Not An ASPHN Member?

For over 70 years, ASPHN has provided a safe and welcoming home for nutrition professionals across the nation. We offer vital programs, resources, tools, networking opportunities, and leadership training in public health nutrition.

We support food and nutrition policies, programs, and services that improve the health of our communities and states. We also prioritize inclusion, knowing that diverse lived experiences strengthen us both collectively and individually.

Come and see for yourself how ASPHN can help you realize your full career potential. Learn more about our membership options by visiting asphn.org/become-a-member today!

You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org. Thank you! <https://asphn.org/learn-the-signs-act-early/>

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