

The Association of State Public Health Nutritionists Biographical Sketch of Candidates for 2026 Election

Candidate for the office of: Maternal Child Health Nutrition Council
Chair-Elect

Name: Abby Gold

Credentials: PhD, MPH, RD

Title: Health and Nutrition Extension Specialist

Agency: University of Minnesota



ASPHN Activities:

- Collaboration Committee
- APHA Food and Nutrition Section Liaison
- Healthy Food, Active Communities Chair

Briefly describe why you are interested in filling this position:

As a University of Minnesota Extension specialist, I am deeply committed to ASPHN's mission. Our members are at the forefront of innovation, and I am honored to contribute to that progress. As MCH Chair-Elect, I will bring:

- Deep MCH Expertise: Proven experience with WIC and as co-director of the UMN MCH Nutrition traineeship.
- Extension Insight: A unique perspective on community outreach and engagement.
- Broad Collaboration: A wide professional network and a passion for our learning communities.

Other Related Activities (professional and/or personal):

- APHA Food and Nutrition Section Chair (past)
- APHA Governing Council (current)
- Cass Clay Food Systems Initiative Founder (past)
- Southeast Regional Sustainable Development Partnership Board Member and Secretary (current)
- Cancer Plan Minnesota Advisory Committee