

The Association of State Public Health Nutritionists Biographical Sketch of Candidates for 2026 Election

Candidate for the office of: Maternal Child Health Nutrition Council
Chair-Elect

Name: Navid Nickpour

Credentials: MPH

Title: Research Assistant

Agency: Brown University



ASPHN Activities:

- Member, Association of State Public Health Nutritionists (2024–present)
- Active participant in the Maternal & Child Health Nutrition Council webinars
- Contributor to conversations on food and nutrition policy, food insecurity, and maternal health
- Engaged in national Food Is Medicine efforts focused on strengthening nutrition security and improving health outcomes for vulnerable populations.

Briefly describe why you are interested in filling this position:

- I am deeply committed to advancing maternal and child health through strong, evidence-based nutrition policy and practice. My work focuses on the intersection of food insecurity, medically tailored nutrition interventions, and maternal metabolic health, areas that strongly align with ASPHN's mission and the priorities of the Maternal Child Health Nutrition Council.
- Serving in this role would give me the opportunity to collaborate with leaders across the country, contribute to developing practical tools and resources for state nutrition professionals, and elevate strategies that improve access to healthy food during pregnancy and early childhood. I hope to bring my experience in community-based nutrition programs, research translation, and stakeholder engagement to support the Council's vision and help strengthen the national MCH nutrition workforce.

Other Related Activities (professional and/or personal):

- Alumni Board, Brown University School of Public Health (OMPH) | President-Elect
10/2025 – Present
- Massachusetts Public Health Association (MPHA) | Member
10/2025 – Present
- Delta Omega Honorary Society in Public Health (Epsilon Iota Chapter) | Member
04/2025 – Present
- AcademyHealth | Member
10/2025 – Present

- Community Servings | Sales Committee Member
10/2024 – Present
- Association of State Public Health Nutritionists (ASPHN) | Council Member
10/2024 – Present
- Sigma Xi Research Honor Society | Member
01/2024 – Present
- American Public Health Association (APHA) | Member
07/2023 – Present