

March 2026



U.S. Department of Health
and Human Services
Centers for Disease
Control and Prevention



Monthly Update: WIC Developmental Monitoring Project



<https://asphn.org/learn-the-signs-act-early/>

Upcoming Events

- March 25th: Supported State Introductions & Networking
- April 22nd: Strengthening Connections Between WIC and Early Intervention

[Register here](#)

**Monthly trainings take place on the 4th Wednesday at 11 am ET.*

Sharing Updates/Resources

Would your state like to be featured in an upcoming newsletter? Please send an update on what your state is working on regarding developmental monitoring by the 20th of the month to be featured in the following month's newsletter.

Send to amberbrown@asphn.org
Thanks!

Join us for Our March Online Training

Date: March 25th, 11 am ET

Topic: Supported State/Agency Introductions & Networking

Description: Join us for a webinar introducing the newly selected supported states and agencies that will be implementing Developmental Monitoring in their WIC clinics this year. These teams will briefly share their plans and approaches for implementation, followed by dedicated time for networking, peer connection, and idea sharing. This session is designed to foster collaboration, learning across programs, and shared momentum.

**A recording will be available after the webinar for those who can't attend live.*

ASPHN and CDC Updates



Highlighting a Resource

New & Updated Developmental Monitoring Resources

Reminder: Promote CDC's Milestone Tracker App with Your Participants

The [CDC's Milestone Tracker App](#) is a free, easy-to-use tool that helps parents and caregivers track their child's developmental milestones from age 2 months to 5 years. It allows families to check milestones, get tips for supporting development, and know when to talk with a healthcare provider if they have concerns.

We encourage you to continue promoting the Milestone Tracker App with your WIC participants as part of routine education and conversations. The app is available in both English and Spanish, works offline once downloaded, and can be customized to a child's age.

We also encourage WIC staff to download and explore the app themselves to become familiar with its features and see how user-friendly it is. Many clinics find it helpful to print and share [Milestone Tracker app flyers](#) with participants so they can easily learn about and download the app during their visit.

Helping families understand and track developmental milestones is a simple but powerful way to support early identification and connection to services, and the [Milestone Tracker App](#) is a great tool to help make that happen.

Did You Miss Our February Online Training? Check Out the Recording Below

Topic: LTSAE in WIC: Resources, Real-World Questions, and Networking

Description: Join us for an interactive and engaging session designed just for WIC staff! We'll kick things off with a brief walkthrough of the newly refreshed CDC "*Learn the Signs. Act Early.*" website, highlighting where to find the most relevant tools, materials, and resources for WIC programs and families.

Then, get ready to put your knowledge to the test! We'll play a fun, interactive quiz featuring tricky developmental monitoring in WIC questions, including topics that even seasoned staff may not know.

We'll wrap up with networking time so you can connect with peers, share ideas, and learn how others are using LTSAE resources in their WIC programs. Don't miss this chance to learn, connect, and have some fun while strengthening your LTSAE and developmental monitoring knowledge!

[View the Recording](#)

Networking Questions!

Throughout the year, we will hold periodic networking calls. Please send me any questions or topics you are interested in discussing with other states. Please email amberbrown@asphn.org with your suggestions!

Not An ASPHN Member?

For over 70 years, ASPHN has provided a safe and welcoming home for nutrition professionals across the nation. We offer vital programs, resources, tools, networking opportunities, and leadership training in public health nutrition.

We support food and nutrition policies, programs, and services that improve the health of our communities and states. We also prioritize inclusion, knowing that diverse lived experiences strengthen us both collectively and individually.

Come and see for yourself how ASPHN can help you realize your full career potential. Learn more about our membership options by visiting asphn.org/become-a-member today!

You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org. Thank you! <https://asphn.org/learn-the-signs-act-early/>

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