

May 2026



U.S. Department of Health
and Human Services
Centers for Disease
Control and Prevention



Monthly Update: WIC Developmental Monitoring Project



<https://asphn.org/learn-the-signs-act-early/>

Upcoming Events

- May - Canceled (NWA Conference)
- June 24th: Navigating Early Childhood Disability Services: Laws, Systems, and Advocacy for WIC
- July 22nd: Networking Call

[Register here](#)

**Monthly trainings take place on the 4th Wednesday at 11 am ET.*

Sharing Updates/Resources

Would your state like to be featured in an upcoming newsletter? Please send an update on what your state is working on regarding developmental monitoring by the 20th of the month to be featured in the following month's newsletter.

Send to amberbrown@asphn.org
Thanks!

ASPHN and CDC Updates



Highlighting a Resource

New Resource Alert: Nutrition & Child Development Materials Now Available

We're excited to share that our new age-specific resources highlighting the connection between nutrition and child development are now finalized and available on our website!

These resources are designed to support WIC staff in integrating developmental messaging into nutrition education and counseling, making it easier to connect conversations about feeding with key developmental milestones.

Resources are available for the following age groups:

- [Primer](#)
- [2 & 4 Month](#)
- [6 & 9 Months](#)
- [12, 15, & 18 Months](#)
- [2 & 2.5 Years](#)
- [3, 4, & 5 Years](#)

A big thank you to the task force who helped develop these materials! Their time, expertise, and collaboration made this possible. We hope these resources will be valuable tools for you and your WIC programs as you support families and promote healthy child development.

Be sure to check them out and start incorporating them into your work!

Updated Training Available: Introduction to Child Development for WIC Staff

We're pleased to share that updates to the [Introduction to Child Development for WIC Staff](#) training module have been completed and are now available!

This refreshed module includes updated CDC web links, incorporation of new and enhanced resources, and general improvements throughout to ensure the content remains current, practical, and relevant for WIC staff.

Thank you to everyone who contributed to reviewing and updating this training!

We hope this updated module will be a valuable resource for you and your WIC programs.

Introduction to Child Development for WIC Staff

Join ASPHN at the NWA Annual Conference in May

Are you attending the NWA Annual Conference in May? If so, don't miss ASPHN's presentation on developmental monitoring in the WIC program!

 **When:** Thursday, May 28, at 2:40 PM

We hope to see you at the session!

Will you be attending the conference? Interested in connecting with others working on developmental monitoring? Fill out this quick survey to help us plan an informal gathering.

[Informal Gathering Survey](#)

Did You Miss Our April Online Training?

Strengthening Connections Between WIC and Early Intervention focused on building strong partnerships with Early Intervention programs and helping WIC staff navigate the referral process with confidence.

Check out this featured clip from the webinar, which highlights “conversation pillows”, a simple, practical strategy to support comfortable, relationship-based conversations with families about child development and potential referrals.



[View the Recording](#)

Networking Questions!

Throughout the year, we will hold periodic networking calls. Please send me any questions or topics you are interested in discussing with other states. Please email amberbrown@asphn.org with your suggestions!

For over 70 years, ASPHN has provided a safe and welcoming home for nutrition professionals across the nation. We offer vital programs, resources, tools, networking opportunities, and leadership training in public health nutrition.

We support food and nutrition policies, programs, and services that improve the health of our communities and states. We also prioritize inclusion, knowing that diverse lived experiences strengthen us both collectively and individually.

Come and see for yourself how ASPHN can help you realize your full career potential. Learn more about our membership options by visiting asphn.org/become-a-member today!

You are receiving this monthly newsletter because you are a part of the ASPHN WIC Developmental Monitoring Project. This newsletter will feature updates from states within the project about what they are doing and successes and challenges they have had, information about upcoming trainings, and other news. If you have anything you'd like to contribute, you can reach out to Amber Brown at AmberBrown@asphn.org. Thank you! <https://asphn.org/learn-the-signs-act-early/>

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