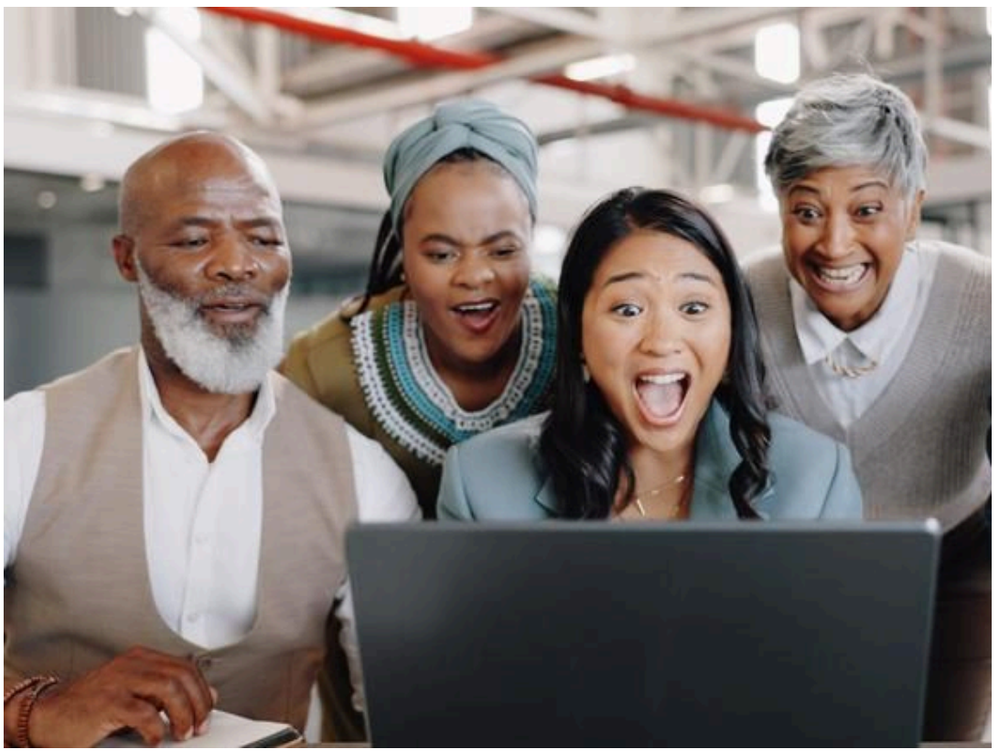
July 2026

ASSOCIATION OF STATE PUBLIC HEALTH NUTRITIONISTS

MONTHLY NEWSLETTER



THIS MONTH'S HIGHLIGHTS

ASPHN Is Celebrating the Power of Your Network

We've shaken things up this month with an ASPHN home page "takeover" where all the ASPHN In Action portals have been renamed and dedicated to the Power of Your ASPHN Networks!

We have the:
- **Power of Shared Purpose** - encouraging connection via the online directory
- **Power of Recognition** - featuring the Hall of Fame
- **Power of Connection** - featuring Connecting The Dots and its recent Food + Nutrition Policy webinar
- **Power of Getting Involved** - featuring councils, committees, workgroups and the Buddy Program
- **Power of Your Voice** - featuring connection through our LinkedIn community of 2K+ followers
- **Power of Collaboration** - featuring the Connecting The Dots work to help members connect with other organizations

Make the most of your power. Go to ASPHN.org today and see the power you have through ASPHN in a new light!

TAKE ME TO THE HOMEPAGE

ASPHN Summer Events

Thursday July 16
Professional Opportunities for Paraprofessional Staff in WIC, Findings from Policy Analysis

Flex your time this summer and gain from the powerful wisdom of ASPHN programming. You won't want to miss these timely topics.

Visit a meeting that's new to you and witness the **power of the ASPHN network** at work.

2:00 PM - 3:00 PM ET

Wednesday July 22
Growing Farm to ECE in Head Start: What Successful Implementation and Support Look Like
2:00 PM - 3:00 PM ET

Tuesday July 28
Connection Café – Connected Leadership: Relationship-Driven Success
1:00 PM - 2:00 PM ET

REGISTER FOR JULY AND AUGUST EVENTS

Become a Liaison and Build Momentum in Breastfeeding

Have a passion for breastfeeding? ASPHN is seeking a member to serve as one of four Liaisons (member-representatives) to the **US Breastfeeding Committee (USBC)**.

Liaisons are **ASPHN Members** who are responsible for reporting on ASPHN's organizational activities related to breastfeeding. They also have the opportunity to participate in bi-annual USBC meetings and USBC Constellations, where organizations come together in action-focused work teams.

This person will **participate alongside the powerful team** of current representatives, Nicole Newman, Kelli Stader, Martha Hagen, and Rosie Pierce-Martin.

If you have questions or think this might be a good fit for you, please contact Shana Patterson Holland by August 20th at **shana@asphn.org**.

I'M INTERESTED

THIS MONTH'S MEMBERSHIP TIP

Student Power: Navigating the Job Search in Public Health Nutrition

By Cate Reilly, MPH, 2025–2026 Student Board Representative

The transition from student to professional can feel overwhelming.

Here are some helpful perspectives from the ASPHN Annual Meeting student session *"From Public Health Student to Hired"* I think can open our eyes to broader pathways of success.

Think outside of the Public Health Nutrition box. Jobs within technology companies, workplace wellness programs, consulting firms, nonprofit organizations, and the food industry may align well with your goals. Also, areas of public health outside of nutrition, such as diabetes and chronic disease prevention, cancer control, home visiting and health education can allow you to build cross-sector skills that can be applied to future nutrition-specific positions.

Leverage transferrable skills. Focus your resume and interview answers on skills utilized in public health internships. Experiences conducting community needs assessment, working in multi-disciplinary groups, and engaging diverse audiences are assets.

Don't discount AI. Using Artificial intelligence as a companion can be an efficient tool throughout the job search. Filter relevant job titles, practice situational interview questions, and find job salaries in your area to prepare quickly and with greater confidence. Remember, your individual voice is what sets you apart from other candidates. Be sure to write your job application materials in your own words.

Be flexible, but don't break. Know your priorities and make thoughtful career decisions without compromising your long-term goals. Beyond salary and location, consider factors like remote or hybrid work options, travel expectations, benefits, opportunities for professional development, and organizational culture.

This session helped me remember that there is no single path into public health nutrition, and that **our programs powerfully prepare us to make an impact in many different settings**.

STIR UP YOUR STUDENT POWER

WELCOME TO OUR NEW MEMBERS

ASPHN members are committed to taking collective action that brings about greater health for all people.

In May and June our movement gained the power of these new members. Thank you for joining us and sharing your strength!

General Members

- Randi Belhumeur in the Rhode Island Department of Health
- Madeleine Breza in the Colorado Department of Education
- Lynn Broberg in the Minnesota Department of Education
- Kathrine Clark in the West Virginia Bureau of Senior Services
- Bri Horne in the Arizona Department of Agriculture
- Linda Jennings in the Alabama Department of Public Health
- Beverly Leveque in the Colorado Department of Education
- Sarah Massey in the North Dakota Department of Health and Human Services
- Sharon Murray in the Colorado Department of Education
- Laura Redpath in the Arizona Department of Health Services
- Michelle Ricapito in the South Carolina Department of Public Health
- Tami Ross in the Kentucky Department for Public Health
- Luke Shealy, contractor with the Colorado Department of Public Health
- Megan Sheridan in the Rhode Island Department of Health
- Tiffany Slater in the Arizona Department of Health Services
- Beth Spratt in the Alabama Department of Agriculture and Industries
- Nancy Sutton in the Rhode Island Department of Health
- Cierra Thibert in the Minnesota Department of Health

Associate Members

- Alicia Caldwell with LIVE Better (NC)
- Pamela Gonzalez, graduate student at Southeast Missouri University
- Seraphina Lashley, student at College of the Siskiyous (CA)
- Robin Stanton, retired (OR)
- Brittany Webber with Massachusetts WIC

DISCOVER MORE BENEFITS WITH ASPHN

ASPHN Membership

Your active participation in ASPHN can accelerate your career development and keep your state on the leading edge of public health innovation.
Not a member yet? Don't miss out on these benefits.

APPLY TODAY

Follow ASPHN On Social Media

Did you know that ASPHN posts to its social media channels regularly? Be sure to follow us on the channels below to keep apprised on current public health nutrition events, resources and much more!

Facebook • **LinkedIn** • **Twitter** • **Instagram**

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ASPHN
Advancing Health Through Leadership

ASPHN is a 501(c)3 non-profit membership organization. We provide national leadership on food and nutrition policy, programs and services.

Constant Contact

Try email marketing for free today!