ASPHN
Advancing Health Through Leadership

Farm to ECE Webinar Series

Farm to ECE Resources, 2020-2025

October 7, 2025

Presented by Emia Oppenheim, PhD, RDN, ASPHN Farm to ECE Program Director

Acknowledgement

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Website
https://asphn.org/farm-to-ece-grantees-programs/



Pollination Moment:

Tell us your name, organization, state & your current favorite resource for Farm to ECE?

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Farm to ECE Resources, 2020-2025

Today's Agenda*

- ASPHN
- What & Why of Farm to ECE
- Farm to ECE Resources
  - Where to Look, When Not Sure
  - Pillar Resources
  - Support Resources
- Next Steps/ Support

*Recording, links, and slides



% 1-5 yr olds dietary and developmental need for F/V

100%

% 1-5 yr olds eating 0 fruit daily - 32% (1/3)

% 1-5 yr olds eating 0 veg daily - 49% (1/2)

ASPHN FARM TO ECE

Association of State Public Health Nutritionists (ASPHN) – Who We Are



Support Public Health Nutritionists

Vision: All people live in thriving and resilient communities supported by sustainable food systems.

Advance national, state and local policies, systems and infrastructure changes.

CDC DNPAO & USDA Agreements Advance Farm to Early Care and Education

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Why Early Childhood? At Least 5 (6) Reasons



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Pillars of Farm to ECE & Why

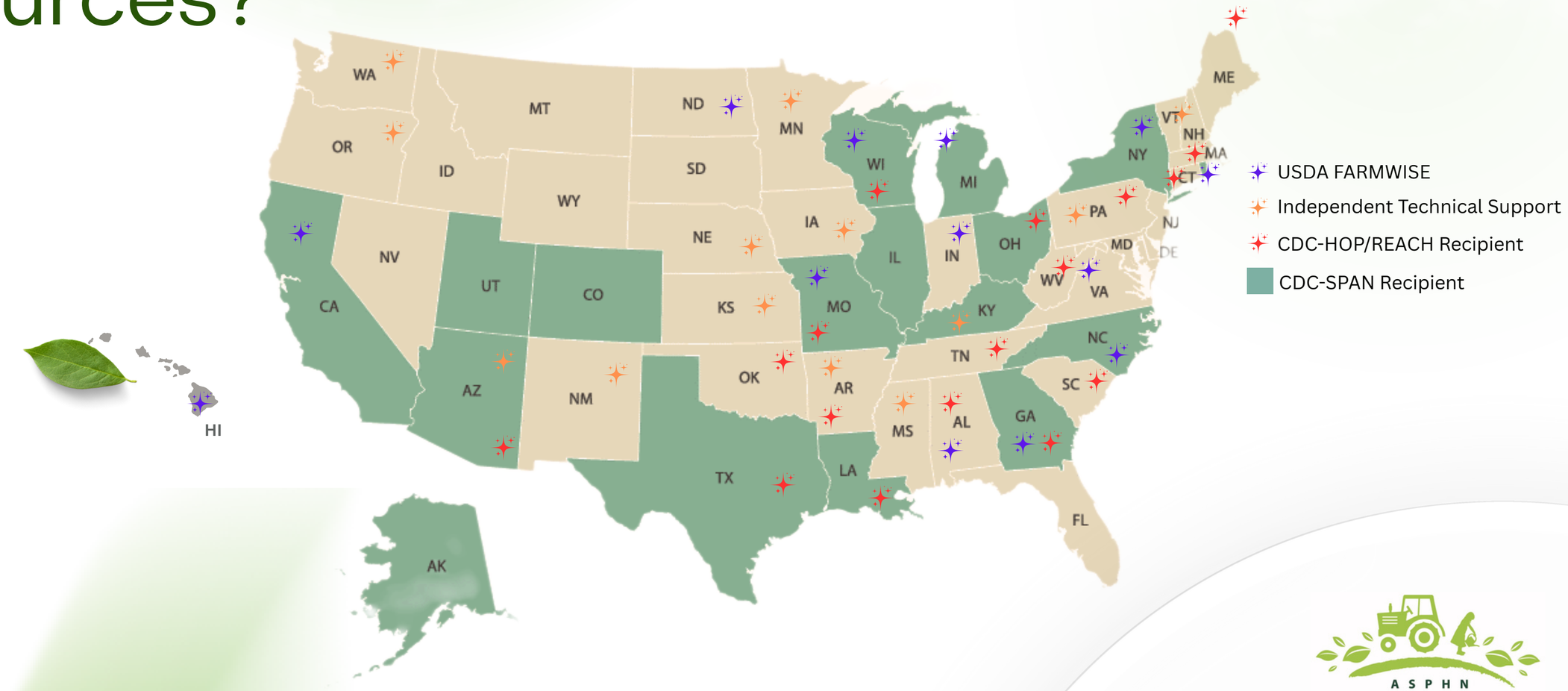


Why Farm to ECE?

- Better meals
- Willingness to try, choose, and like F/V increased 78%
- More F/V consumed - control vs intervention
- Changed family eating behaviors and child eating at home
- Farm to School: 12% of more food dollars kept local (82% vs 70%)
- Improved local food economy and employment

Who is Producing Farm to ECE Resources?

ASPHN-Connected State Farm to ECE Coalitions



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Where do you start?

Broad Resources and Searches



- Web/AI Searches
- Resource Hubs & Directories
- State Agency & Partner Sites
- State Coalitions F2S or Farm to ECE



ASPHN Farm to ECE Resource Catalog

458 Resources

31 States

26 Topic Areas

3 Tabs - General, Language, & Maps

Association of State Public Health Nutritionists (ASPHN) Farm to Early Care and Education (ECE) Resource Catalog

		DESCRIPTION	PRIMARY TOPIC AREA	SECONDARY TOPIC AREA	DATE	"AUTHOR"	MAIN SITE	SECONDARY SITE
		help children increase their consumption of fresh vegetables and fruits and highlight roduce. Comprehensive, detailed information on fruits and vegetables to help with r Child and Adult Care Food Program (CACFP).	CACFP	Local Food Procurement	2021	North Carolina Farm to Preschool Network	https://growing-minds.org/wp-content/uploads/Fresh-Produce-Guide-Instructions.pdf	
Farm to Child and Adult Care Food Program (CACFP)	Website	The United States Department of Agriculture website provides resources for Farm to School and Child and Adult Care Food Program (CACFP).	CACFP	Educator Resource	2023	United States Department of Agriculture	https://www.fns.usda.gov/f2s/farm-cacfp	
Example Food Service Agreement Between Non-profit Food Service and a Child and Adult Care Food Program (CACFP) Organization	Document	This is an example of a food service agreement between a non-profit food service organization and a Child and Adult Care Food Program (CACFP) organization. It is a document that is already filled out, but it provides a potential model for others interested in developing such an agreement.	CACFP	Policy	2019	Iowa Farm to School and Early Childhood Coalition	https://3.basecamp.com/4304982/p/HmHubDKCZyqXd5QkhNxKWazY/vault/5419838175	
Local Food for Little Eaters: A purchasing toolbox for the Child and Adult Care Food Program (CACFP)	Toolkit	This procurement toolbox is designed to help early childhood programs purchase local food. The tools included provide step-by-step instructions for purchasing from a variety of local food sources and provide highlights from successful early childhood local purchasing initiatives throughout the country.	CACFP	Local Food Procurement	2022	Michigan State University Center for Regional Food Systems	https://www.canr.msu.edu/resources/local-food-for-little-eaters	
Ohio Farm to ECE Monthly Meeting Example	Presentation	An example of a Farm to ECE group monthly meeting format	Coalitions	Statewide Awareness	2021	Ohio Farm to ECE Coalition	https://public.3.basecamp.com/p/PRGSdXVvxUMfku8WsVspWc8d	
How to Build Equitable Coalitions	Presentation	Describes equity and the components to explore for building and maintaining an equitable partnership.	Coalitions	Equity	2022	Justice & Sustainability Associates	https://americaachieves.org/wp-content/uploads/2022/02/How-To-Build-Equitable-Coalitions.pptx.pdf	
A Recipe for Coalition Vitality	Guide	Describes key ingredients for a vital coalition: listening leadership, power sharing, creating accountability, regular and purposeful meetings.	Coalitions	Partnerships	2020	ASPHN	https://asphn.org/wp-content/uploads/2020/06/CoIIN-Coalition-Vitality-Tip-Sheet.pdf	
Colorado Farm to ECE Coalition Request for Qualifications for a Consultant for Logistic and Strategic Planning with Coalition	Document	Position description for a consultant that can help with strategic planning and sustainable collaboration. The position describes a consultant that can help the state offer meaningful collaboration, an action-oriented focus, and clear roles and commitments from Farm to ECE members as identified in the Farm to ECE Roadmap.	Coalitions	Partnerships	2021	Colorado Department of Public Health and Environment	https://public.3.basecamp.com/p/i832wwLNaGSx4DdL9FmkftU4	
The Community Tool Box: Tools to Change Our World and Sustain Our Effort	Website	The Community Tool Box is a unique and indispensable resource for anyone committed to social change. It's vast open-source network of materials provides needed support for grassroots community organizing in local and global contexts.	Coalitions	Partnerships	2020	Center for Community Health & Development, University of Kansas	https://ctb.ku.edu/en	
Iowa's Farm to School and Early Care Coalition's History, Structure, and Partners	Presentation	These slides shares the development of Iowa Farm to School and Early Care Coalition, sharing the details on its structure and list of partners. It includes their mission, vision and their goals for Farm to ECE initiatives.	Coalitions	Partnerships	2020-2022	Iowa Farm to School and Early Care Co	https://assets-global.website-files.com/5b88339c86d60452260c7ad87/63892cd471c98e67babac2ea_Racial%20Equity%20Working	
Vermont's Farm to Early Childhood Coalition Successful Launch	Report	This document describes 4 strategies used to establish the Vermont Farm to Early Childhood Coalition. These include formalizing a coalition charter and identifying diverse membership, establishing regular meeting schedules and increasing membership participation, developing operational guidelines and centering equity within the coalition culture, establishing communication loops and platforms to ensure access.	Coalitions	Partnerships	2021	Vermont Farm to Early Childhood Coalition	https://public.3.basecamp.com/p/LVZJE7rKnE39UMjnrMPCQzL7	
Oregon Farm to School & School Garden Network Steering Committee Governance Document	Report	This document lays out the needs of the Oregon Farm to School & School Garden Network Steering Committee such as governance principles, structure, a director, communication, funding, and more.	Coalitions	Policy	2018	Oregon Farm to School and Garden Network	https://public.3.basecamp.com/p/8cqMtSpVvp7c9yx9uqFek7Fg	https://oregonfarmtoschool.org/steering-committee-nominations/



HEAD START QUICK START FARM TO ECE COMPENDIUM

One stop guide for each Head Start staff position.

https://tinyurl.com/2exbabyb

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NEMOURS CHILDREN'S HEALTH

Other Broad or Starting Point **Resources**

General Directories

- **National Farm to School Network**
- **CDC DNPAO Farm to ECE**
- **USDA Farm to CACFP**

Gardening Hubs

- **Natural Learning Initiative Hub**
- **KidsGardening.org Hub**
  - KidsGardening & ASPHN 10/21- register

Education Hubs

- **National CACFP Association** - Farm to CACFP Resources & Farm to CACFP Week (October 12-18th)
- **USDA SNAP Ed Directory**
- **The Institute of Child Nutrition**

Pollination Moment:
Share in chat your starter Farm to ECE resource, hub or website, if you had one ?



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Education Resources
State and Regional



35 States & Tribal **Harvest of the Month**

Tri-Valley MN **Farm to Head Start Curriculum**

NC ASAP **Farm to Preschool Toolkit**

GA Farm to ECE Coalition **Getting Started: GA Farm to ECE Guide**

Harvest of the Month: Nebraska

Nebraska Harvest of the Month Featured Products

APPLES



ARONIA BERRIES



ASPARAGUS



BEEF



*BERRIES



BISON



CABBAGE



CARROTS



*CUCUMBERS



*DAIRY



DRY BEANS



*EGGS



*HONEY



LEAFY GREENS



MELONS



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Local Purchasing Resources

State and Regional



- North Carolina CEFS **Local Food Purchasing Guides**
- Michigan MSU Extension **Local Food for LittleEaters**
- WI DPI's **American Indian Traditional Food Toolkit**
- Ohio Farm to ECE Coalition **Local Procurement Guides**

Local Food Purchasing Tool & Communications Campaign: Vermont's Local Purchasing Map





https://vermontfarmtoschool.org/farm-feeds-vt-kids

Find Your Local Participating Farms

Use the map below to find farms that are selling to schools and early childhood programs. If they have put up their lawn sign, show us! Snap a photo and post with #ThisFarmFeedsVTKids*.



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Gardening Resources

State and Regional



- WI's Rooted **Container Herb Garden for Young Children**
- Colorado **Farm to ECE Training for Master Gardeners**
- Louisiana's Seeds to Success: **Garden Resource Hub**
- WA Farm to ECE Coalition **Starting a Garden: Navigating Rules and Steps**

Gardening Resources: A-Z Alabama

Gardening in ECE Settings

Looking to start a fruit or vegetable garden at your center/home? Check out the Alabama Seasonal Produce Guide for guidar on the peak seasons for your favorite fruits and vegetables!

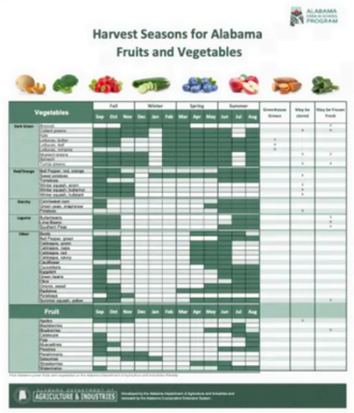
Alabama Produce Seasons



View PDF

This graphic shows the many vegetables that can be grown in Alabama, and the best times to grow them!

Alabama Fruits And Vegetables



View PDF

Looking to start a fruit or veggie garden? Check out this guide for the harvest seasons of your favorite produce!

Dig In! Gardening Guide



View PDF

Learn how to start gardening in your child care program with this helpful guide from Team Nutrition!

ALABAMA FARM TO ECE

https://alabamafarmtoece.org/resources/

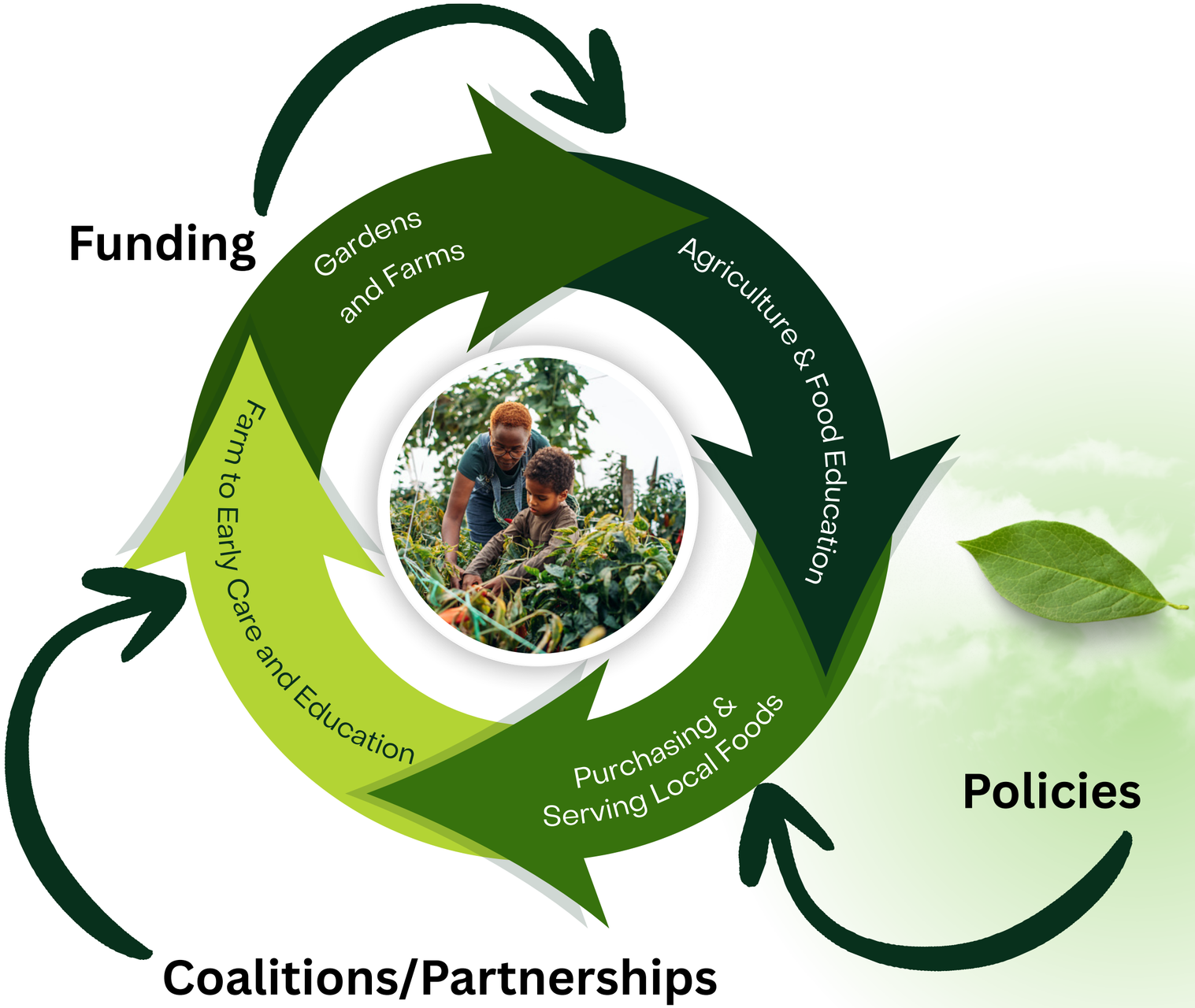
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Pollination Moment:
Is there a resource that you or your team are working on or just finished?

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Farm to ECE Pillar Resources Farm to ECE Support



Funding Resources

ASPHN & Partner Directories - Federal & Private

Children's Funding Project - General ECE Funding Directory

KidsGardening.org- Garden Grants

Grantmakers Io Foundation - General Grant Search

Local & State Businesses and Foundations

Federal Farm to ECE Funding Guide



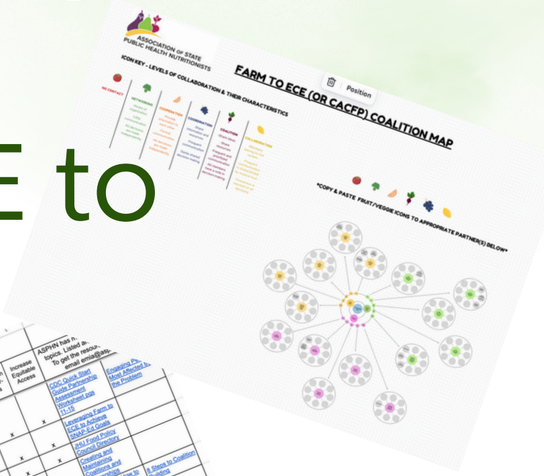
Foundation Farm to ECE Funding Guide



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Resources for Planning, & Partnering: Growing Farm to ECE to Reach All Children









ASPHN Farm to ECE Tools for Strategic and Activity Planning

ASPHN Farm to ECE Partnership Assessment

ASPHN Farm to ECE Partnership Mapping Tool

State Obesity Prevention Effort in ECEs: Quick Start Action Guide April 2018

https://tinyurl.com/y6wv6tkc





STATE OBESITY PREVENTION EFFORTS TARGETING THE EARLY CARE AND EDUCATION SETTING

Quick Start Action Guide (2.0)

April 2018





Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion

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Farm to ECE Policy

National & State Resources



2025 **Prenatal-to-3** State Policy Roadmap

National CACFP Association for CACFP Policy and Information

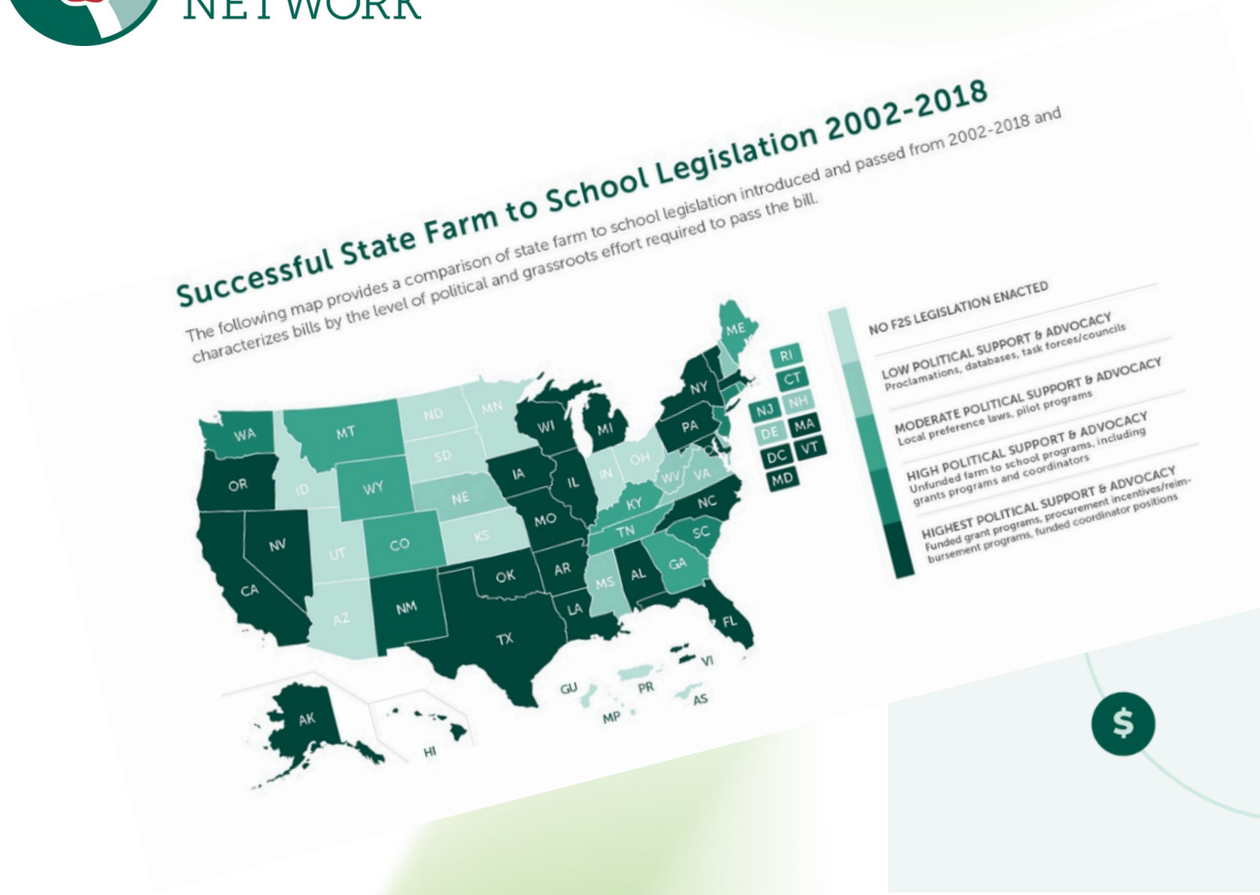
National Sustainable Agriculture Coalition (NSAC) Newsletter

Food Research & Action Center: Food & Nutrition Security Policies

NFSN Policy Handbook & Local Food Purchase Incentives

https://www.farmtoschool.org/policy/advocacy and
https://www.farmtoschool.org/policy/lfpi

NATIONAL FARM to SCHOOL NETWORK





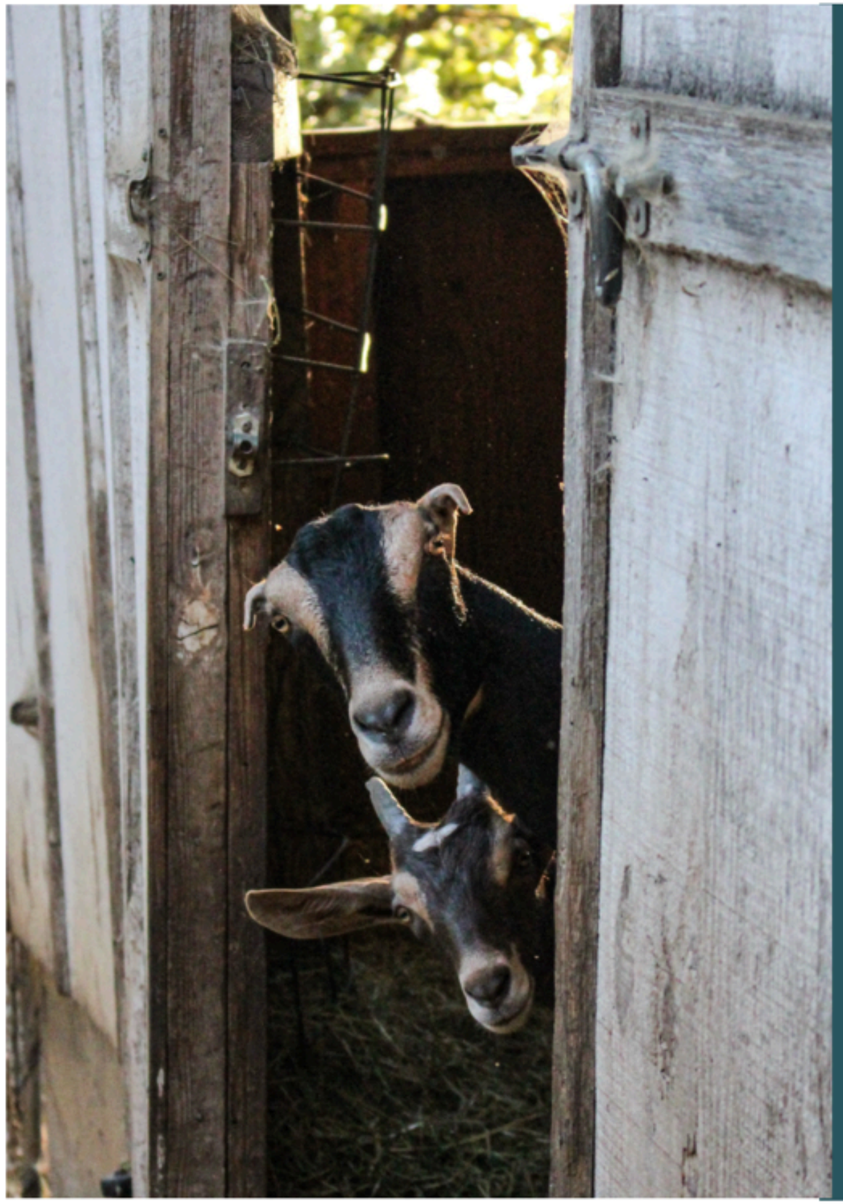
Getting Started? Dipping-toes-in-the-water Resources

35 States & Tribal Harvest of the Month

GA Farm to ECE Coalition Getting Started: GA Farm to ECE Guide

DC's FARMFRESH Produce 101l

Ohio Farm to ECE Coalition Local Procurement Guides



FARM TO ECE TECHNICAL ASSISTANCE with ASPHN

Head Start
https://tinyurl.com/5f9w5hve

States and Regions
https://tinyurl.com/ycxvhyfp

ASPHN
FARM TO ECE

Free Monthly Farm to ECE Newsletter



https://tinyurl.com/3sxj3474

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Thank you
Emia@ASPHN.org



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FARM TO ECE

Website
https://asphn.org/farm-to-ece-grantees-programs/